



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: Behavioral Wellness
Department No.: 043
For Agenda Of: June 21, 2016
Placement: Administrative
Estimated Time: N/A
Continued Item: No
If Yes, date from: N/A
Vote Required: Majority

TO: Board of Supervisors
FROM: Department Alice Gleghorn, PhD, Director
Director(s) Behavioral Wellness 681-5220
Contact Info: Pam Fisher, Deputy Director, Chief of Clinical Operations
Behavioral Wellness 681-5220
John Doyel, Alcohol and Drug Program Manager, 681-5220
SUBJECT: Multiyear Fiscal Year 16-19 Behavioral Wellness Contract Renewals

County Counsel Concurrence

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

Auditor-Controller Concurrence

As to form: Yes

Recommended Actions:

- A. Approve and authorize the Chair to execute an Agreement for Services of Independent Contractor with **PathPoint** (a local vendor), for the provision of mental health and residential services, not to exceed **\$1,175,848** per fiscal year, for a total contract amount not to exceed **\$3,527,544** for the period of July 1, 2016 through June 30, 2019.
- B. Approve and authorize the Chair to execute an Agreement for Services of Independent Contractor with **Sanctuary Psychiatric Centers** (a local vendor), for the provision of substance use disorder services for dually diagnosed adults, not to exceed **\$314,790** per fiscal year, for a total contract amount not to exceed **\$944,370** for the period of July 1, 2016 through June 30, 2019.
- C. Determine that the above actions are organizational or administrative activities of government that will not result in direct or indirect physical changes in the environment, pursuant to section 15378(b)(5) of the California Environmental Quality Act (CEQA) guidelines.

Summary Text:

The Santa Barbara County Department of Behavioral Wellness provides a continuum of mental health and substance use disorder services to Santa Barbara County residents, in part through contracted providers including Community-Based Organizations (CBOs). Approval of the recommended actions will allow Behavioral Wellness to continue to provide mandated mental health, substance use, and ancillary services.

Background:

The contracts being considered for approval are to provide various specialty mental health services to adults with serious mental illness, supportive services or alcohol and drug services. Behavioral Wellness is mandated by the California Welfare and Institutions Code to provide services to individuals with substance use issues in Santa Barbara County. Services include outpatient treatment, specialized perinatal substance use treatment, and prevention services

PathPoint provides mental health case management services, to an average caseload of approximately 39 residents through their Residential Support Services, to residents of the El Carrillo, Artisan Court, and Bradley Studios apartments, located in Santa Barbara. In addition, PathPoint's Supportive Community Services provides services to 130 clients through treatment, rehabilitative and supportive services to clients with serious mental illness. It helps individuals obtain and keep community housing in independent living arrangements.

Sanctuary Psychiatric Centers (Sanctuary) operates an adult outpatient treatment program to assist clients with co-occurring substance abuse and mental health issues to obtain and maintain sobriety. Treatment services include best practice outpatient individual and group counseling, and drug testing. Through Behavioral Wellness' contract, Sanctuary serves Drug Medi-Cal clients as well as Court-ordered adults referred by Santa Barbara Drug Courts.

Performance Measure:

PathPoint provides the South County Full Service Partnership Supported Housing program, as well as a Residential Support Services. Supported Housing served an average 108 clients per quarter and Residential Support Services served an average of 50 clients. The goal of reducing incarcerations was met both quarters by Supported Housing, with only 1 incarceration during the 6-month period. Residential Support Services exceeded the goal of 1% in both quarters. Both programs aimed to reduce the quarterly number of psychiatric inpatient admissions by 20%. Averaging across both quarters, Support Housing met the goal, as did Residential Support Services. The number of hospital admissions for physical health-related issues was higher than expected in each program due to an aging/infirm client population. However, the quarterly number of emergency room visits for physical health reasons decreased, with both programs exceeding the target. PathPoint programs were successful at helping clients maintain stable/permanent housing. The Supported Housing program maintained housing for 97% of clients. The Residential Support Services programs maintained housing for an average of 87% of clients, although it was below a target of 95%,. On average, 18% of Supported Housing and 31% of Residential Support Services clients were engaged in purposeful activities such as employment, enrolled in school or volunteering. Finally, Supported Housing successfully graduated 6 clients to a lower level of care, and Residential Support Services graduated 11 to a lower level of care.

Sanctuary provides Outpatient Drug Free (ODF) treatment services and Intensive Outpatient Treatment for clients with co-occurring disorders. These programs treat some of the most vulnerable and disabled clients, specifically those who have serious psychotic disorders such as Schizophrenia, Bipolar Disorder or Schizoaffective Disorder in conjunction with a substance use disorder. This can pose challenges to successful completion of treatment.

Sanctuary Psychiatric served an average of 65 clients per quarter, and performed reasonably well achieving the stated outcomes, given the complexity and severity of the clients.

ODF	30+ Days		90+ Days		Successful	
	Goal	Avg	Goal	Avg	Goal	Avg
Co-Occurring	88%	85%	59%	55%	32%	11%

Drug Overdose Prevention Education (DOPE) – Sanctuary is meeting DOPE expectations.

Fiscal and Facilities Impacts:

Budgeted: Yes

Fiscal Analysis:

Funding Sources	FY 16-17	FY 17-18	FY 18-19
General Fund			
State	\$ 745,319.00	\$ 745,319.00	\$ 745,319.00
Federal	\$ 745,319.00	\$ 745,319.00	\$ 745,319.00
Fees			
Other:			
Total	\$ 1,490,638.00	\$ 1,490,638.00	\$ 1,490,638.00

Narrative: The above referenced contracts are funded by State and Federal funds. The funding sources are included in the FY 2016-2017 Proposed Budget.

Key Contract Risks:

As with any contract funded by State and Federal sources, there is a risk of future audit disallowances and repayments. The dollars Behavioral Wellness collects from the Centers for Medicare and Medicaid Services (CMS) via the State for specialty mental health services provided to Medi-Cal beneficiaries are subject to a complex and lengthy cost settlement process. Behavioral Wellness is required to submit an annual cost report which reports all costs associated with providing mental health services for a given Fiscal Year (actual cost). The actual cost is one component that the State reviews when it performs its “cost settlement” process. In this process, the State settles to the lower of actual cost or Published Charges, which are the fees charged to the general public (as adopted by the contractor’s Board of Directors). The cost settlement process results in a preliminary settlement, which typically takes place two years after the close of a Fiscal Year; however, the settlement process is not complete until the State completes the final audit. State audits for Medi-Cal funds for specialty mental health services typically occur five years after the end of the fiscal year being audited. To address these risks and to minimize settlement amounts with contract providers, Behavioral Wellness calculates rates for Medi-Cal services provided by organizational providers on a quarterly basis. Regular reports to contractors on unclaimed and denied units allow providers to correct errors and maximize Medi-Cal penetration rates. Even with these measures, there is the risk that the State will disallow units of service or determine costs to be non-

allowable, resulting in repayment. Behavioral Wellness contracts include language requiring contractors to repay any amounts disallowed in audit findings, minimizing financial risks to County.

As with any contract funded by State and Federal sources, there is a risk of future audit disallowances and repayments. Behavioral Wellness is required to submit an annual cost report which reports all costs associated with providing Alcohol and Drug Program services for a given Fiscal Year (actual cost). There is the risk that the State will disallow units of service or determine costs to be non-allowable, resulting in repayment. Behavioral Wellness contracts include language requiring contractors to repay any amounts disallowed in audit findings, minimizing financial risks to County.

Special Instructions:

Please email one (1) signature page and one (1) minute order to: admhscontractsstaff@co.santa-barbara.ca.us.

Attachments:

Attachment A: PathPoint FY 16-19 BC

Attachment B: Sanctuary FY 16-19 BC

Authored by:

DMorales