



BOARD OF SUPERVISORS  
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors  
105 E. Anapamu Street, Suite 407  
Santa Barbara, CA 93101  
(805) 568-2240

Department Name: ADMHS  
Department No.: 043  
For Agenda Of: 11-10-09  
Placement: Administrative  
Estimated Tme:  
Continued Item: No  
If Yes, date from:  
Vote Required: Majority

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**TO:** Board of Supervisors

**FROM:** Department Ann Detrick, Ph.D., Director  
Director(s) Alcohol, Drug, and Mental Health Services, 681-5220  
Contact Info: Marianne Garrity, R.N., ADMHS Deputy Director, 681-5220

**SUBJECT: FY 09-10 Amendments for Alcohol & Drug Program Services**

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**County Counsel Concurrence**

As to form: Yes

**Auditor-Controller Concurrence**

As to form: Yes

**Other Concurrence:** Risk Management

As to form: Yes

**Recommended Actions:**

Approve and execute the following contract amendments for Alcohol and Drug Program services for the period of July 1, 2009 through June 30, 2010, as follows:

1. Approve and execute an amendment to the contract with Good Samaritan Shelter, Inc. (a local vendor) reducing the amount by \$83,018 for a revised contract in the amount of \$1,616,640;
2. Approve and execute an amendment to the contract with the Council on Alcoholism and Drug Abuse (a local vendor) reducing the amount by \$91,231 for a revised contract in the amount of \$1,308,059;
3. Approve and execute an amendment to the contract with Casa Serena (a local vendor) reducing the amount by \$32,250 for a revised contract in the amount of \$104,514;
4. Approve and execute an amendment to the contract with Coast Valley Substance Abuse (a local vendor) increasing the amount by \$27,500 for a revised contract in the amount of \$355,900;
5. Approve and execute an amendment to the contract with Family Service Agency (a local vendor) decreasing the amount by \$9,600 for a revised contract in the amount of \$123,444;
6. Approve and execute an amendment to the contract with Mental Health Systems, Inc. (a local vendor) decreasing the amount by \$59,634 for a revised contract in the amount of \$404,373;
7. Approve and execute an amendment to the contract with Phoenix of Santa Barbara (a local vendor) increasing the amount by \$4,744 for a revised contract in the amount of \$126,978;

8. Approve and execute an amendment to the contract with Santa Maria Valley Youth and Family (a local vendor) increasing the amount by \$5,218 for a revised contract in the amount of \$242,116;
9. Approve and execute an amendment to the contract with University of California, Santa Barbara (a local vendor) decreasing the amount by \$1,000 for a revised contract in the amount of \$170,000;
10. Approve and execute an amendment to the contract with Zona Seca, Inc. (a local vendor) decreasing the amount by \$66,157 for a revised contract in the amount of \$376,555;
11. Authorize the Director of ADMHS to approve amendments to the proposed contracts, provided that any such amendments do not exceed ten percent (10%) of each contract's dollar amount.

**Summary Text:**

In June 2009, the Board of Supervisors approved FY 09-10 agreements with contractors providing services for the County's Alcohol and Drug Program (ADP). At that time, the State of California had not yet adopted its Fiscal Year 09-10 Budget and in order to ensure continued services, Alcohol, Drug and Mental Health Services (ADMHS) moved forward with FY 09-10 agreements at prior year levels. ADMHS anticipated amendments would be required to accommodate expected State budget reductions to ADP funding. The State of California has adopted its FY 09-10 budget with significant cuts to health and human services programs. The amendments listed above implement State funding reductions and other offsets in ADMHS' contracts with ADP providers.

**Background:**

The State of California adopted the FY 09-10 budget on July 28, 2009 which included the elimination of funding for the Substance Abuse and Crime Prevention Act (SACPA). Approved through Proposition 63, SACPA provided approximately \$1.5 million annually to Santa Barbara County to divert nonviolent persons convicted of drug possession or drug use to appropriate treatment in lieu of incarceration. For FY 09-10, Santa Barbara County ADMHS has received limited one-time Byrne grant funds provided by the State to backfill the SACPA reduction, in the amount of approximately \$539,000. These funds will cover some of the costs incurred through September 30, 2009 and will allow services to continue to be provided, albeit at a reduced level, through the end of FY 09-10.

To address current year cutbacks and prepare for the FY 10-11 elimination of services funded by SACPA, ADP has been working with contractors, courts, law enforcement and justice representatives to modify program guidelines and reduce spending. ADMHS contractors are now offering fewer outpatient treatment services to SACPA clients. The length of treatment for clients has been decreased from one year to six months, and the level and type of services available to clients has also been reduced. To illustrate the significance of the cutbacks, in FY 08-09 the SACPA program provided treatment services to 857 clients. Currently, approximately 460 clients are receiving treatment (of 680 enrolled); the remaining 220 individuals are either waiting to enter treatment programs or have outstanding warrants. ADMHS anticipates that by the end of FY 09-10, the number of individuals waiting for treatment will increase as funding drops.

To best use limited funding and help lessen the impact of the SACPA reductions, Santa Barbara County is establishing Recovery Oriented Systems of Care (ROSC) groups as part of its alcohol and drug treatment system. ROSC groups are an alternative to traditional self-help groups that will augment the current menu of 12 Step programs (Alcoholics Anonymous/Narcotics Anonymous) throughout Santa

Barbara County. ROSC is an evidence-based addictions recovery model that has been endorsed by both the State and Federal governments. ROSC groups in Santa Barbara County will provide peer supported self-help groups to clients who are waiting to enter treatment programs. ROSC will be offered by Good Samaritan Shelter, Coast Valley Treatment Center, Mental Health Systems, Phoenix of Santa Barbara, Santa Maria Valley Youth & Family and Zona Seca.

The revised contracts also reflect a reduction of approximately 10% in rates for Drug Medi-Cal (DMC) as established by State ADP, which will impact all outpatient treatment services. This rate reduction will require each contractor to provide more units of service in their outpatient programs to maintain the existing revenue level. Among SACPA clients approximately 20% are eligible for Drug Medi-Cal, and these individuals will be able to access treatment services.

The impacts of the changes to each agency have been outlined in ADP provider meetings in June and SACPA committee meetings in July. Each contractor has submitted an adjusted budget (incorporated into the contract amendment) to reflect the new level of funding. The revised allocations to the following contracted service providers reflect the changes described above in order to preserve and rebalance the system of care to the extent funding allows: The contract amendments for Good Samaritan Shelter, Council on Alcoholism and Drug Abuse, Casa Serena, Family Service Agency, Mental Health Systems, UCSB and Zona Seca reflect an overall contract decrease due to funding reductions. The amendments for Coast Valley, Phoenix and Santa Maria Valley Youth & Family include SACPA reductions, however the overall contract amounts reflect an increase due to an anticipated increase in DMC services or addition of ROSC funds.

The following summarizes the types of services offered by the aforementioned contractors.

1. **Good Samaritan Shelter, Inc.** (Good Samaritan) provides services in Lompoc and Santa Maria including Outpatient Drug Free (ODF) individual and group counseling, perinatal treatment, residential detoxification and drug testing. Good Samaritan also provides dual diagnosis specialists to ADMHS' Crisis and Recovery Emergency Services (CARES) program in Santa Maria.
2. **Council on Alcoholism and Drug Abuse (CADA)** provides ODF individual and group counseling, a youth and family treatment program, drug testing, residential detoxification, perinatal day care rehabilitative services and prevention services. In addition, CADA provides dual diagnosis specialists to ADMHS' CARES program in Santa Barbara.
3. **Casa Serena** operates residential programs for women with alcohol and/or drug addiction in Santa Barbara. These programs include non-DMC residential treatment services, case management, drug testing, and individual and group counseling.
4. **Coast Valley Substance Abuse Center** (Coast Valley) provides treatment services including ODF individual and group counseling and drug testing in Santa Maria and Lompoc. Coast Valley has also begun to provide counseling services to juveniles at these locations.
5. **Family Service Agency (FSA)** provides early intervention prevention services through the Big Brothers, Big Sisters mentoring project in Lompoc, Santa Barbara, and Santa Maria, and school-based counseling services in Lompoc. FSA also provides 211 referral assistance services.

6. **Mental Health Systems, Inc. (MHS)** provides treatment services including ODF individual and group counseling and drug testing in Santa Maria. MHS also provides services to Substance Abuse Treatment Court (SATC) participants through the Methamphetamine Recovery Services (MARS) Program SAMHSA grant.
7. **Phoenix of Santa Barbara (Phoenix)** provides treatment services including ODF individual and group counseling and drug testing in Santa Barbara to individuals with co-occurring mental health and substance abuse conditions.
8. **Santa Maria Valley Youth and Family Center (SMVYF)** offers a youth and family treatment program that includes ODF individual and group counseling services, case management, family services, parenting activities, and drug testing, as well as early intervention and outreach services in Santa Maria.
9. **University of California, Santa Barbara (UCSB)** Office of Research provides required evaluation services for ADP programs, including the SACPA, SATC and SAMHSA grants. UCSB provides data collection, analysis and required reporting on clinical outcomes, program effectiveness, and recidivism rates. Reduction in SACPA funds will result in a commensurate reduction in staff time spent on the reporting requirements for this program. However, some SACPA data elements will still need to be tracked and reported to the State and Federal Governments.
10. **Zona Seca** provides ODF treatment services in Lompoc, including individual and group counseling to clients who present with substance abuse problems and related co-occurring mental health or physical disorders. Zona Seca also operates a youth and family treatment program providing ODF individual and group counseling, case management, family services, parenting activities, and drug testing.

**Performance Measure:**

Approval of the recommended action will assist ADMHS in meeting the following Recurring Performance Measure: to provide alcohol and other drug treatment services to 5,000 adults and youth.

**Fiscal and Facilities Impacts:**

Budgeted: Yes

**Fiscal Analysis:**

<u>Funding Sources</u>	<u>Current FY Cost:</u>	<u>Annualized On-going Cost:</u>	<u>Total One-Time Project Cost</u>
General Fund			
State	\$ 2,398,984.00		
Federal	\$ 2,429,595.00		
Fees			
Other:		\$ -	
Total	\$ 4,828,579.00	\$ -	\$ -

Narrative: The above referenced contracts are funded by a combination of State and Federal revenue. The funding sources are identified in the FY 2009-10 Proposed Budget, Federal and State Revenues (page D-168 in the FY 2009-10 County Budget, in the Alcohol and Drug Program Division). The funding changes are included in the Budget Revision Requests (BJE 2008092) submitted for Board

approval under separate cover. The proposed expenditures are included in the FY 2009-10 Budget for Professional and Special Services. Execution of these contracts and amendments will not increase the use of general fund dollars by the ADMHS Department.

**Special Instructions:**

Please send one (1) complete copy of each amendment and one (1) minute order to:  
Alcohol, Drug, and Mental Health Services  
ATTN: Contracts Office  
300 North San Antonio Road, Bldg. 3  
Santa Barbara, CA 93110

**Attachments:**

Complete contract amendments with the following agencies are available in the office of the Clerk of the Board:

1. Good Samaritan Shelter
2. Council on Alcoholism and Drug Abuse
3. Casa Serena
4. Coast Valley Substance Abuse
5. Family Service Agency
6. Mental Health Systems, Inc.
7. Phoenix of Santa Barbara
8. Santa Maria Valley Youth and Family
9. University of California, Santa Barbara
10. Zona Seca

**Authored by:** C. Toma