



MH CMA Amend FY 19-20 BL with CC Co



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: Behavioral Wellness
Department No.: 043
For Agenda Of: June 16, 2020
Placement: Administrative
Estimated Time:
Continued Item: No
If Yes, date from:
Vote Required: Majority

TO: Board of Supervisors
FROM: Department Alice Gleghorn, Ph.D., Director
Director(s) Behavioral Wellness, (805) 681-5220
Contact Info: Pamela Fisher, PsyD, Deputy Director of Clinical Operations
SUBJECT: Behavioral Wellness - Contract Amendment and Extension for Mental Health Association in Santa Barbara County (dba Mental Wellness Center) FY 19-20 and FY 20-21; and Transitions - Mental Health Association Contract Renewal FY 20-21

County Counsel Concurrence

As to form: Yes

Auditor-Controller Concurrence

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

Recommended Actions:

That the Board of Supervisors:

- A. Approve, ratify, and authorize the Chair to execute a Third Amendment to the Agreement for Services of Independent Contractor with **Mental Health Association in Santa Barbara County (dba Mental Wellness Center)**, a California nonprofit organization (a local vendor), Board Contract Number 19-029, for the provisions for adult mental health services, to update language in Exhibit As, Bs, and E; to reallocate \$5,350 in funds from the Alameda House to the Cottage Grove House for FY 19-20; to add \$30,000 for FY 19-20; to extend the term of the Agreement to June 30, 2021 and add \$2,071,075 for FY 20-21; and to increase the total contract maximum amount not to exceed **\$6,943,260** for the period of July 1, 2018 through June 30, 2021, inclusive of \$2,801,110 for FY 18-19, \$2,071,075 for FY 19-20, and \$2,071,075 for FY 20-21;
- B. Approve and authorize the Chair to execute an Agreement for Services of Independent Contractor with **Transitions - Mental Health Association**, a California nonprofit organization (not a local vendor), for the provision of adult mental health services for FY 20-21, for a total contract maximum amount not to exceed **\$2,670,927** for the period of July 1, 2020 through June 30, 2021;

- C. Delegate to the Director of the Department of Behavioral Wellness, or designee, the authority to take the following actions regarding both Agreements without needing to return to the Board of Supervisors for formal amendment of the Agreements and subject to the Board's authority to rescind this delegated authority at any time: to make immaterial changes to the terms of the Agreements; to amend program staffing requirements; to amend the program goals, outcomes, and measures in Exhibit Es; to adjust program staff hours of operation and coverage; to reallocate funds between funding sources during the term of the Agreements and in the year end cost settlement; and to waive the County Maximum Allowable rate for pre-audit cost report settlement purposes, without changing the Maximum Contract Amounts; and
- D. Determine that the above actions are government fiscal activities or funding mechanisms, which do not involve any commitment to any specific project which may result in a potentially significant physical impact on the environment and are therefore not a project under the California Environmental Quality Act (CEQA) pursuant to section 15378(b)(4) of the CEQA Guidelines.

Summary Text:

These items are on the agenda to request authorization to amend the agreement with Mental Health Association in Santa Barbara County, dba Mental Wellness Center (MWC), to add language to meet the needs of clients; increase the maximum contract amount for FY 19-20 by \$30,000 and reallocate funds from the Alameda House to the Cottage Grove House; extend the contract term to June 30, 2021, and add \$2,071,075 to the maximum contract amount for FY 20-21 for a total contract maximum amount not to exceed \$6,943,260 for the period of July 1, 2018 through June 30, 2021, inclusive of \$2,801,110 for FY 18-19, \$2,071,075 for FY 19-20, and \$2,071,075 for FY 20-21.

The Department of Behavioral Wellness (BeWell) is also requesting the Board to authorize the execution of an agreement with Transitions - Mental Health Association for the provision of adult mental health services for FY 20-21, for a total contract maximum amount not to exceed \$2,670,927 for the period of July 1, 2020 through June 30, 2021.

Finally, BeWell is requesting the Board to authorize the delegation of authority to the Director of BeWell, or designee, to take the following actions regarding both Agreements without needing to return to the Board for formal amendment of the Agreements and subject to the Board's authority to rescind this delegated authority at any time: to make immaterial changes to the terms of the Agreements; to amend program staffing requirements; to amend the program goals, outcomes, and measures in Exhibit Es; to adjust program staff hours of operation and coverage; and to reallocate funds between funding sources during the term of the Agreements and in the year end cost settlement and to waive the County Maximum Allowable rate for pre-audit cost report settlement purposes, without changing the maximum contract amounts.

Approval of the recommended actions will allow BeWell to continue to provide various specialty mental health services to adults and transition-aged youth with serious mental illness (SMI) or serious emotional disturbances (SED), including mental health services such as therapy and rehabilitation services.

Background:

BeWell provides specialty mental health services to Medi-Cal beneficiaries and other individuals to the extent resources allow, in part through contracted services.

Mental Wellness Center: MWC provides residential and community mental health services to adults in the Santa Barbara area. MWC's Family Advocate offers services to families of clients with SMI through education, support and linkage to resources. MWC currently provides Intensive Residential services through Casa Juana Maria and Cottage Grove (CG) House programs, which are Adult Residential Facilities that provide in-home rehabilitation and support services to residents. MWC also operates both Alameda House, an adult housing program for individuals with SMI, and Polly House, which provides the same individuals with Adult Housing Supports Intensive Residential services.

The De La Vina House provides permanent housing single room occupancy for clients. This program provides greatly needed housing for the chronically homeless individuals who meet the Continuum of Care (Shelter Plus Care) eligibility. BeWell's Homeless Outreach Worker and other County-contracted providers refer clients who meet the criteria for placement. MWC also operates the Santa Barbara Recovery Learning Center, which offers the Consumer-Led Program, a program that provides peer-support, self-help and connections to community resources, including health and wellness activities, as well as a computer lab for clients to have access to computers and learn related skills.

The Board of Supervisors entered into a Board Contract for Services of Independent Contractor, referred to as BC 19-029, on June 19, 2018, and subsequently authorized a First Amended Agreement on September 18, 2018 and a Second Amended Agreement on June 4, 2019. The First Amended Agreement increased the contract amount by \$850,446 for FY 18-19 for the Crisis Counseling Program. At the same time, funding for Polly's House was reduced from \$482,809 to \$392,398 for a new total contract maximum amount not to exceed \$2,801,110. Due to an oversight, the maximum contract amount authorized by the Board was overstated as \$2,891,521, which also resulted in an overstated maximum contract amount of \$4,932,596 in the Second Amended Agreement. The maximum contract amount in the Second Amended Agreement should have stated \$4,842,185, inclusive of \$2,801,110 for FY 18-19 and \$2,041,075 for FY 19-20. This Third Amended Agreement clarifies the correct maximum contract amount for the agreement as amended.

Transitions - Mental Health Association (TMHA): TMHA provides an array of mental health services to adults and transition-aged youth with serious mental illness in the Lompoc and Santa Maria areas. The Lompoc Assertive Community Treatment (ACT) program is an evidence-based psychiatric treatment, rehabilitation and support service for clients with serious mental illness who demonstrate the need for this most intensive level of nonresidential community service. The Lompoc ACT program is intended to serve adult and transition-aged youth (aged 16-25) clients in the Lompoc area. Partners in Hope provides outreach, linkage to care and recovery-oriented activities to family members of adults and older adults with SMI in Santa Maria and Lompoc. The Supported Community Services North program provides treatment, rehabilitative and supportive services to clients "in vivo," i.e., in regular community settings (such as home, apartment, job site), to adult clients in the Santa Maria area. TMHA also operates the Santa Barbara Recovery Learning Center, which offers the Consumer-Led Program, a program that provides peer-support, self-help and connections to community resources, including health and wellness activities, as well as a computer lab for clients to have access to computers and learn related skills.

Contract Renewals and Performance Outcomes:

Mental Wellness Center: MWC has performed very well during Q1 & Q2 of this fiscal year in achieving their outcomes. The goals for each house are slightly different depending on the client they serve who are transitioning into the house from higher level or lower level of care.

A. Residential Outcomes:

1. **Purposeful Activity:** Our goal is to have clients engage in meaningful activities (working, in school/training, or volunteering). Casa Juana Maria's goal is 30% engagement in purposeful activity and they reached 33%. Polly's House and De La Vina met their goal of 10%. In Q2, Alameda engaged 0 clients in purposeful activity due to emerging issues that arose; its goal is 10% or greater. However, these issues are being addressed by Program and MWC staff. Cottage Grove's goal is 50% or greater and it reached 33%, just slightly lower than the goal.
2. **Inpatient Care:** Our goal is minimal adverse life events, such as inpatient admissions. The inpatient admissions goal is equal to or less than 5% for Cottage Grove and Alameda. For the First Quarter, Alameda House was at 33%. However, there were 2 clients out of 6 who went to the hospital. Alameda psych admissions goal is equal to or less than 5%. Psych admissions were at 16%, which is an improvement over the 1st quarter's 33%. One client out of 6 went to the hospital. In the First and Second Quarter, psych admissions were 16% for Cottage Grove, but only one out of six clients went to the hospital per each quarter.
3. **Stable/Permanent Housing:** Our goal is for clients to maintain stable/permanent housing. All five housing programs met their goal; and all the houses met their goal.
4. **Incarcerations:** Our goal is minimal adverse life events, such as incarcerations with a goal of 5 or 10%. All Houses met this goal.

B. Recovery Learning Center: Over Q1 and Q2, the RLC (including the client-led computer lab) met and exceeded the goal of serving 150 unduplicated clients each month.

C. Family Advocate: Over Q1 and Q2, the Family Advocate met the goals to provide services to 125 members per quarter.

Transitions Mental Health Association (TMHA): During Q1 & Q2 of FY 2019-20, TMHA served 79 & 87 clients respectively in ACT, and 90 & 87 respectively in SCS.

A. ACT had a high number of psychiatric inpatient admissions at 13%, with a goal of 5% or less. They showed a higher number of physical health hospitalizations at 10% with a goal of 5% or less. Emergency room visits for physical health were higher at 17% with a goal of 10% or less. However, during Q2, the above outcomes were improved and lowered. All other goals were met or exceeded.

Milestones of Recovery Scale (MORS) scores showed improvement, consistently higher (more than double the expectation) at 44% & 59% respectively for Q1 & Q2, with the goal being 20% or greater. Some of the above is attributed to some of the newer referrals having more medical concerns than previously. One of the most significant achievements for ACT during these two quarters has been assigning one of our clients who had been homeless for 12 years with finding stable housing.

B. Supportive Community Service showed a higher number of physical health hospitalizations during Q1 at 7% with a goal of 5% or less. However, during Q2, this was brought to 3%. MORS scores showed outcomes were met during Q1 at 20%, but dropped to 15% during Q2. All other goals were met or exceeded.

C. **Partners in Hope and Recovery Learning Centers** in Santa Maria and Lompoc provided a wide variety of services and support for clients, including: education and outreach, computer labs and classes and serving meals. They offer both staff and peer led groups in English and Spanish.

Fiscal and Facilities Impacts:

Budgeted: Yes

Fiscal Analysis:

<u>Funding Sources</u>	<u>COST FY 18-19</u>	<u>COST FY 19-20</u>	<u>COST FY 20-21</u>	<u>TOTAL</u>
General Fund				
State	\$ 1,400,555.00	\$ 1,035,537.50	\$ 2,371,001.00	\$ 4,807,093.50
Federal	\$ 1,400,555.00	\$ 1,035,537.50	\$ 2,371,001.00	\$ 4,807,093.50
Fees				
Other:				
Total	\$ 2,801,110.00	\$ 2,071,075.00	\$ 4,742,002.00	\$ 9,614,187.00

Narrative: The above-referenced contracts are funded by State and Federal funds. The funding sources are included in the FY 2018-2019 and 2019-2020 Adopted Budget. The funding sources are included in the FY 2020-2021 Proposed Budget.

Key Contract Risks:

As with any contract funded with State and Federal sources, there is a risk of future audit disallowances and repayments through the State’s auditing process. These contracts include language requiring contractor to repay any amounts disallowed in audit findings, minimizing financial risks to County.

Special Instructions:

Please send one (1) signature page and one (1) minute order to: dmorales@sbcbswell.org and one to bwellcontractsstaff@co.santa-barbara.ca.us.

Attachments:

- Attachment A: MWC FY 18-21 BC 19-029 AM3
- Attachment B: TMHA FY 20-21 BC
- Attachment C: MWC FY 18-20 BC 19-029 AM2
- Attachment D: MWC FY 18-19 BC 19-029 AM1
- Attachment E: MWC FY 18-19 BC 19-029

Authored by:

D. Morales