

# COUNTY OF SANTA BARBARA CALIFORNIA

**RESOLUTION PROCLAIMING THE MONTH  
OF MAY 2021 AS MENTAL HEALTH MONTH**

*WHEREAS*, the U.S. Surgeon General has found that one in every five Americans experiences a mental disorder in any given year and half of all Americans at some time in their lives; and that those experiencing mental illness are far more common than cancer, diabetes, heart disease or arthritis and are real, treatable diseases that can affect anyone regardless of age;

*WHEREAS*, the Santa Barbara County Behavioral Wellness Commission supports proactive community collaborations to maximize the mental health of all people and with effective treatment, individuals with mental health conditions can recover and lead full, productive lives;

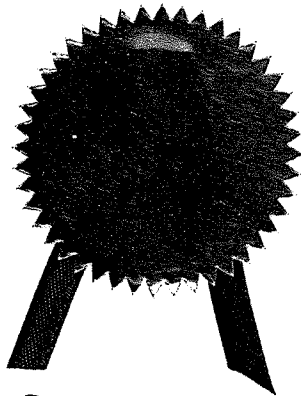
*WHEREAS*, the Santa Barbara County Department of Behavioral Wellness adheres to Vision and Guiding Principles that represent the core characteristics and service principals for the system and are included in all system planning, activities and service with some of these principles including a client and family driven system, partnership culture and focus on wellness, recovery and resilience;

*WHEREAS*; the Santa Barbara County Department of Behavioral Wellness has adapted services to the challenges of COVID-19, allowing ongoing services to continue with telehealth as an additional service option to assure all receive necessary care and support during this difficult time; Behavioral Wellness recognizes and has supported the impacts of COVID within the community including online learning for children and the return to the classroom, the long term impact of uncertainty and stress, increased homelessness, racism as a public health crisis, increased domestic violence and the impact on children and families.

*WHEREAS*, the Santa Barbara County Department of Behavioral Wellness has developed commitments from all system partners, reflecting the system framework for a culturally competent, accessible, integrated, continuous and comprehensive system of care in which any door is the right door for those with a combination of substance abuse and mental illness issues.

*NOW THEREFORE*, BE IT RESOLVED AND ORDERED, that the Santa Barbara County Board of Supervisors does hereby proclaim the month of May 2021 as Mental Health Month and calls upon all Santa Barbara County citizens to fight stigma associated with mental illness and reaffirm a commitment to supporting the mental health of all people in Santa Barbara County.

PASSED AND ADOPTED by the Board of Supervisors of Santa Barbara County, State of California, this 4<sup>th</sup> day of May, 2021.



ATTEST:

*Monique...  
Clerk of the Board*

*[Signature]*  
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Supervisor - 1st District

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Supervisor - 2nd District

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Supervisor - 3rd District

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Supervisor - 4th District

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Supervisor - 5th District