



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: ADMHS
Department No.: 043
For Agenda Of: 9-23-08
Placement: Administrative
Estimated Tme:
Continued Item: No
If Yes, date from:
Vote Required: Majority

TO: Board of Supervisors

FROM: Department Ann Detrick, Ph.D., Director
Director(s) Alcohol, Drug, and Mental Health Services, 805-681-5220
Contact Info: Marianne Garrity, R.N., ADMHS Deputy Director 805-681-5220

SUBJECT: FY 08-09 Agreements for Adult Mental Health Services

County Counsel Concurrence

As to form: Yes

Auditor-Controller Concurrence

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

Recommended Actions: Consider recommendations regarding contracts for Adult Mental Health services for FY 08-09, as follows:

1. Approve and execute an amendment to the contract with PathPoint (a local vendor) to add Supported Housing services in South County for the period of October 1, 2008 through June 30, 2009 in the amount of \$752,843 for a total contract maximum in the amount of \$1,390,313.
2. Approve and execute an amendment to the contract with Transitions Mental Health Association (a local vendor) to add Supported Housing services in North County for the period of October 1, 2008 through June 30, 2009 in the amount of \$285,000 for a total contract maximum in the amount of \$672,563.
3. Approve and execute a contract with Telecare Corporation (a local vendor) to add Assertive Community Treatment services in the Santa Maria area for the period of October 1, 2008 through June 30, 2009 and to continue the McMillan Ranch program for the period of November 1, 2008 through June 30, 2009 in the amount of \$1,247,845 for a total contract maximum in the amount of \$2,667,874.
4. Authorize the Director of ADMHS to approve amendments to the proposed contracts, provided that any such amendments do not exceed ten percent (10%) of each contract's dollar amount.

Summary Text:

The recommended action approves new FY 08-09 contracts for the Adult Mental Health Division of the Department of Alcohol, Drug and Mental Health Services (ADMHS). ADMHS conducted a competitive bid process in July/August 2008 to solicit proposals for the provision of Supported Housing and Assertive Community Treatment (ACT) services. To facilitate continuity of care, interim contracts with existing vendors were continued through October 31, 2008 for Assertive Community Treatment in Santa Maria and for supportive services for clients living independently county-wide. Approval of the recommended action will ensure the provision of mental health services through the end of FY 08-09.

Background:

Request for Proposals

As described in the report to the Board on July 15, 2008, ADMHS' goals for the Adult Mental Health Division in 08-09 include:

- 1) Maintaining a balanced budget;
- 2) Establishing contracts with new financial provisions, program descriptions and program goals and outcomes;
- 3) Reorganizing available resources to promote cost effectiveness and evidence-based treatment, rehabilitation and support services that can easily adapt to individuals' changing needs.

In support of these goals, ADMHS conducted a Request for Proposal (RFP) process for the provision of ACT services and Supported Housing. RFPs for ACT and Supported Housing north and south county were released July 11 and 18, respectively and the bidding period was open for one month. In stage 1 of the review process, ADMHS conducted an initial review for completeness. In Stage 2 a thorough review of each proposal was conducted by a panel which included a consumer representative, a family member representative, two members of the Mental Health Commission and subject matter experts from ADMHS. The successful bidders were invited to meet with ADMHS to negotiate contract terms during the week of August 25. The contract awards are now incorporated into each vendor's new contracts, approved by the Board of Supervisors in July 2008.

Programs.

ADMHS' restructuring plan includes consolidation of contracts and services, which will result in changes in services for some clients. For all planned program changes, ADMHS has implemented a work plan to assure that the treatment, rehabilitation and housing needs of all clients are evaluated and addressed. Assessments of clients are underway to ensure that clients of the programs slated to be transitioned are matched with appropriate services.

Supported Housing Services.

These services are designed to help individuals get and keep community housing in apartments or other independent living arrangements. Supported Housing will serve, across the County, approximately 180 adults with serious mental illness who do not require the level of structure and staffing provided through either Intensive Residential or Assertive Community Treatment services, but who still require a moderate level of rehabilitation and support services in order to live successfully in the community. The Supported Housing program in north county, serving 50 clients with serious mental illness, will be provided by Transitions Mental Health Association. To achieve service efficiencies in south county, the

delivery of community support services, dispersed across multiple agencies, is being consolidated into a single, unified Supported Housing program, operated by PathPoint. This program will serve 130 clients with serious mental illness.

Assertive Community Treatment.

ACT offers the most intensive service level outside of 24 hour residential programs. ACT provides intensive, in-home treatment, rehabilitation, and support services for individuals with complicated, high risk conditions, including co-occurring mental illness, substance use, health issues, and history of homelessness and/or criminal justice involvement. The approval of the contract with Telecare Corporation will provide ACT services to 100 clients in the Santa Maria area.

In addition to the services in Santa Maria, two additional ACT teams are operating in the Lompoc and Santa Barbara areas through Mental Health Services Act (MSHA) funding. Therefore, for the first time, there are three ACT teams with the capacity to replicate this evidence-based service county-wide.

This amendment also provides for Telecare to continue to operate the McMillan Ranch Adult Residential Facility in Santa Maria. The McMillan Ranch Program provides 24 hour, structured mental health rehabilitation services, residential care and room and board to 10 adults (aged 18 to 59) with serious mental illness at high risk for acute inpatient or long-term residential care.

Performance Measures:

Outcome evaluation is a part of ADMHS’ Business Operations Improvements, as reported to the Board on March 11, 2008. The FY 08-09 adult mental health contracts being recommended for approval contain Exhibit E (Program Goals, Outcomes and Measures), which specifies outcomes for the three major program areas, as follows:

ACT Program Evaluation		
Program Goal	Outcome	Measure
❖ Reduce mental health and substance abuse symptoms resulting in reduced utilization of involuntary care and emergency rooms for mental health and physical health problems	<ul style="list-style-type: none"> • Decreased incarceration rates • Decreased inpatient/acute care days and length of hospital stay • Decreased emergency room utilization • Decreased use of substances 	<ul style="list-style-type: none"> ➤ Number of incarceration days ➤ Number of hospital admissions; length of hospital stay ➤ Number of emergency room visits for physical and/or psychiatric care ➤ Client and staff reports of a decline in substance use and of gains in working toward the long-term goal of abstinence.
❖ Assist clients in their mental health recovery process and with developing the skills necessary to lead independent, healthy and productive lives in the community	<ul style="list-style-type: none"> • Reduced homelessness by maintaining stable/permanent housing • Increased life skills needed to participate in purposeful activity and increase quality of life 	<ul style="list-style-type: none"> ➤ Number of days in stable/permanent housing ➤ Number of clients employed, enrolled in school or training, or volunteering ➤ Number of clients graduating to a lower level of care

Fiscal and Facilities Impacts:

Budgeted: Yes

Fiscal Analysis:

<u>Funding Sources</u>	<u>Current FY Cost:</u>	<u>Annualized On-going Cost:</u>	<u>Total One-Time Project Cost</u>
General Fund		\$ 250,000.00	
State	\$ 1,205,343	\$ 1,396,150.00	\$ 51,786.00
Federal	986,189	\$ 1,346,850.00	\$ 42,370.00
Fees			
Other:			
Total	\$ 2,191,532	\$ 2,993,000.00	\$ 94,156.00

Narrative: The above referenced contract amendments are funded by a combination of State and Federal revenue and General Fund Contribution. Funding sources for these contracts are identified in the Adopted FY 2008-09 Budget, Federal and State Revenues (page D-160 in the FY 2008-09 County Budget Book, in the Adult Division) and augmented by the Board of Supervisors approved Budget Expansion during FY 08-09 Budget Hearings, which provided additional funding to ADMHS.

Special Instructions:

Please send one (1) complete copy of each contract and one (1) minute order to:

Alcohol, Drug, and Mental Health Services
ATTN: Contracts Office
300 North San Antonio Road, Bldg. 3
Santa Barbara, CA 93110

Attachments:

Complete FY 08-09 Contract amendments for the following agencies are available at the Clerk of the Board office:

- PathPoint
- Transitions Mental Health Association
- Telecare Corporation