

SANTA BARBARA COUNTY BOARD AGENDA LETTER



Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Agenda Number:
Prepared on: 07/24/2005
Department Name: Alcohol, Drug & Mental Health
Department No.: 043
Agenda Date: 08/16/2005
Placement: Administrative
Estimate Time:
Continued Item: NO
If Yes, date from:

TO: Board of Supervisors

FROM: James L. Broderick, Ph.D., Director
Alcohol, Drug & Mental Health Services

STAFF CONTACT: Carrie Topliffe, ADMHS Assistant Director - Administration
805.681.5231

SUBJECT: Mental Health Association in Santa Barbara County, Phoenix of Santa Barbara,
Transitions- Mental Health Association, Contracts

Recommendation(s):

That the Board of Supervisors:

1. Approve and execute a contract in the amount of \$105,700, with Dr. Herman Schornstein, M.D., a local vendor, to continue providing mental health services to severely mentally ill adults in Santa Barbara County. The contract term is from July 1, 2005, through June 30, 2006.
2. Approve and execute a contract amendment in the amount of \$808,880, with Mental Health Association in Santa Barbara County, (MHASB), a local vendor, to continue providing residential and psychiatric services to seriously mentally ill adults. The new contract term is from July 1, 2004, through June 30, 2006, and the new total contract amount will be \$1,566,880.
3. Approve and execute a contract amendment in the amount of \$942,000, with Phoenix of Santa Barbara (Phoenix), a local vendor, to continue providing residential and psychiatric services to seriously mentally ill adults. The contract term is from July 1, 2004, through June 30, 2006, and the new total contract amount will be \$1,818,954.
4. Approve and execute a contract amendment in the amount of \$1,126,000, with Transitions-Mental Health Association (Transitions), a local vendor, to continue providing residential and psychiatric services to seriously mentally ill adults. The new contract term is from July 1, 2004, through June 30, 2006, and the new total contract amount will be \$1,926,000.
5. Authorize the Director of ADMHS to approve amendments to the proposed contracts, provided that any such amendments do not exceed ten percent (10%) of the contract's dollar amount.

Alignment with Board Strategic Plan:

The recommendation(s) are primarily aligned with Goal No. 2. A Safe and Healthy Community in Which to Live, Work and Visit.

Executive Summary and Discussion:

Dr. Herman Schornstein, M.D., is a medical doctor providing psychiatric services in the Santa Maria Adult Clinic. ADMHS has been impacted by the national shortage of psychiatrists and is continuing its recruiting efforts in an effort to fill vacant Civil Service positions. Dr. Schornstein is board certified in General Psychiatry and will perform diagnostic, medication, and involuntary admission evaluations. Further, Dr. Schornstein will prescribe and administer medication, and provide training, education and support to ADMHS staff members as needed. Dr. Schornstein will work approximately 20 hours per week performing 10-15 medical evaluations per week over the course of the contract.

Mental Health Association in Santa Barbara County, (MHASB) provides residential and psychiatric services to seriously mentally ill adults. **MHASB** operates the Fellowship Club that provides strength-based rehabilitation services in individual and group modes that that assists clients in learning skills that increase their self-sufficiency. The residential programs, Lyons House and Casa Juana Maria, are licensed to provide transitional care to mentally ill Santa Barbara County Residents. Families of those in treatment are also targeted for support and guidance through a family advocate.

Each of the services provided in the contract conform to the County's Philosophy of Care and the guiding principles about how services are to be delivered. In FY2004-05, **MHASB** provided more than 330,000 minutes of services to 119 different clients.

Phoenix operates three distinctive programs in Santa Barbara: Phoenix House, Mainstream Outpatient, and Ada's Place. Phoenix House provides intensive transitional residential treatment to approximately 28 clients per year. The nature of these clients indicates that without this treatment and intervention, their behavior would often be problematic and would frequently result in hospitalization or incarceration. The contract requires that at least 10 clients involved in this treatment move to a lower and less costly level of care during the year. The participating clients will also incur fewer than 15 jail days per year and have a combined total of 15 weeks per year of employment and volunteering.

Phoenix's Ada's Place program provides sub-intensive transitional residential treatment to approximately 18 clients per year. These sub-intensive clients are individuals with serious mental illness that, without this type of treatment and housing, would regularly be incarcerated or hospitalized at significant cost to the community. The contract requires that at least 5 clients move to a lower and less costly level of care. The participating clients will incur fewer than 5 jail days per year and have a combined total of 120 weeks per year of employment.

The Outpatient Mainstream Program serves approximately 50 additional clients per year who reside in Board and Care and Room and Board living environments. These are clients who, without this type of treatment and support, would be at-risk of incarceration or hospitalization at a much higher rate. The program provides flexible around-the-clock short term or long term case management services as needed. The types of services provided are determined by the client's comprehensive service plan. The contract requires that

twelve clients per year, will move to a lower level of care while the hospitalization rate will be no more than ten (10) hospital days per year, per client. Clients will be employed or volunteer more than twelve (12) weeks per year, per client. Altogether, **Phoenix** served approximately 96 clients in FY2004-05 providing nearly 600,000, minutes of mental health services.

Transitions provides mental health services including a consumer-run resource self-help drop-in center in Lompoc, the Gatehouse facility in Santa Maria for social rehabilitation services and the Healing Grounds horticulture rehab program in Goleta. **Transitions** also provides intensive case management and housing support, pre-vocational and a family advocate service to clients. In FY 2004-05, Transitions served 116 clients providing nearly 400,000 minutes of mental health services.

Additionally, a half-time Family Advocate contributes to educating and reincorporating family members that are often confused, overwhelmed, and un-empowered so they are able to provide more support to their mentally-ill family members. More than 1,500 contacts with nearly 400 family members are made annually.

Your Board is now requested to approve the **Herman Schornstein, M.D.**, contract and amendments to the **MHASB, Phoenix, and Transitions**, contracts. Approval of these contracts allows for continued care to the County's seriously mentally ill residents.

Outcomes:

The **Schornstein, MHASB, Phoenix, and Transitions** contracts will assist ADMHS in meeting **Recurring Performance Measure 0215**, to provide effective mental health care to 4,200 seriously mentally ill adults.

Mandates and Service Levels:

Mental Health Services are mandated by the Welfare and Institutions Code, Section 5600.

Fiscal and Facilities Impacts:

The **Schornstein, MHASB, Phoenix, and Transitions**, contracts are funded by Medi-Cal and realignment funds. These funding sources are identified in the Proposed FY 2005-06, Budget, page D-150, (line items 5404, Medi-Cal; and 4102, realignment funds) in the Adult Services Division, Federal and State Revenue. These actions will not result in a need for any additional facilities.

Special Instructions:

Please send one (1) fully executed copy of each contract and endorsed minute order to:

Alcohol, Drug & Mental Health Services
ATTN: Dana Fahey, Contracts Analyst
300 N. San Antonio Road
Santa Barbara, CA 93110

Concurrence:

Auditor-Controller
Risk Management