

**SANTA BARBARA COUNTY  
BOARD AGENDA LETTER**



Clerk of the Board of Supervisors  
105 E. Anapamu Street, Suite 407  
Santa Barbara, CA 93101  
(805) 568-2240

**Agenda Number:**

**Prepared on:** 6/5/03  
**Department Name:** Public Health Department  
**Department No.:** 041  
**Agenda Date:** 7/22/2003  
**Placement:** Administrative  
**Estimate Time:**  
**Continued Item:** NO  
**If Yes, date from:**  
**Document File Name:**

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**TO:** Board of Supervisors

**FROM:** Roger E. Heroux, Director  
Public Health Department

**STAFF CONTACTS:** Karen L. Mira, PHCA Coordinator  
Ext. 5271

Brad Hendricks, Chronic Disease & Aging Acct/  
Ext. 8392

**SUBJECT:** Patricia A. Brown Charitable Lead Trust

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**Recommendation(s):**

That the Board of Supervisors:

Accept a grant of \$50,000 from the Patricia A. Brown Charitable Lead Trust to partially support the Preventive Health Care for the Aged Program for the Fiscal Year 2003 – 2004.

**Alignment with Board Strategic Plan:**

**Goal II:** A Safe and Healthy Community in Which to Live, Work, and Visit

**Goal V:** A High Quality of Life for all Residents

**Executive Summary and Discussion:**

The Preventive Health Care for the Aging (PHCA) program is a non-mandated, successful, county-wide program aimed at improving or maintaining the health of the community-dwelling, non-frail older adult population. These clients are troubled with chronic and disabling diseases, are uninformed concerning health habits and medication use, and are in need of health education and counseling. The scope of services includes outreach, comprehensive health assessments, targeted community prevention services and epidemiological data collection. The mission is to enhance and protect the health of older adult county residents age 55 and over, especially high risk and underserved individuals.

The program serves 500 clients each year through one-to-one conferences between the client and a Public Health Nurse (PHN). The PHCA staff consists of one PHN and one Clinical Nurse Specialist who deliver services to clients at sites where they live or they congregate, for example, in a community room at a senior housing complex or at a senior meal site. This service delivery model all but eliminates the transportation barrier for clients. The program's success over the years has been due to a dedicated staff that skillfully assists seniors through a healthcare maze that is not user-friendly, especially for seniors. PHCA nurses provide the older client with an advocate and a trusted health professional for guidance with their health concerns, though it is not meant to replace the senior's own doctor. The nurse is also a reliable source of health information, and someone to monitor progress over time in terms of achieving the highest level of wellness possible. Forty-two percent (42%) of all clients are age eighty (80) and over and 60% of all clients has six (6) or more chronic diseases.

Over the 23 years of this program, the State Preventive Health Care for the Aging (PHCA) grant from the California State Department of Health Services has been fairly static while the costs of providing the program have increased every year. The program was slated for possible cuts for the 03-04 fiscal year, so staff researched potential private funding sources to reduce the program net county costs. These efforts were successful and the PHCA program was awarded a \$50,000 grant from the Patricia A. Brown Charitable Lead Trust on May 29, 2003. This is the first time a supplemental grant has been secured to offset the net county costs of this program.

**Mandates and Service Levels:**

This is a non-mandated program. There is no change in the program or service level.

**Fiscal and Facilities Impacts:**

Acceptance of these grant funds will not increase the use of general funds or Public Health Department Special Revenue funds. These funds will be used to offset part of the existing overmatch and indirect costs of the program, which are currently funded through Public Health Department Realignment funds. The appropriation for the expenditures funded by these grant funds has been adopted as part of the Public Health Department's FY 03-04 budget and can be found in the County's FY 03-04 Operating Plan on page D-188 in the Chronic Disease and Aging cost center.

Pending approval of this grant agreement, a budget revision will be forthcoming increasing revenue and reducing designation.

This Agreement will not result in any additional need for facilities.

Fund 0042, Department 041, Program 1504, Line Item Account 5892.

**Special Instructions:**

Please call Susan Lindman at 5452 to pick up two (2) original signed Grant Agreements.

**Concurrence:**

Auditor-Controller  
County Counsel  
Risk Management