




BOARD OF SUPERVISORS AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Submitted on:
(COB Stamp)

Department Name: Behavioral Wellness
Department No.: 043
Agenda Date: June 3, 2025
Placement: Administrative Agenda
Estimated Time: N/A
Continued Item: No
If Yes, date from:
Vote Required: Majority

TO: Board of Supervisors
FROM: Department Director: Antonette Navarro, LMFT, Director 
Department of Behavioral Wellness
Contact Info: Melissa Wilkins, MPH, Division Chief, Alcohol and Drug Programs, Department of Behavioral Wellness
Katie Cohen, Psy.D., LMFT, Deputy Director of Clinical Operations, Department of Behavioral Wellness
SUBJECT: Second Amendment to the Services Agreement with Council on Alcoholism and Drug Abuse (CADA) for Substance Use Prevention Services and Mental Health Services for Fiscal Year 2023-2027

County Counsel Concurrence

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

Auditor-Controller Concurrence

As to form: Yes

Recommended Actions:

That the Board of Supervisors:

- a) Approve, ratify, and authorize the Chair to execute a Second Amendment to the Agreement of Services for Independent Contractor with **Council on Alcoholism and Drug Abuse (CADA)**, (BC 23-091), a California nonprofit (a local vendor), to update certain standard terms and conditions in compliance with state and federal requirements; terminate the Mental Health Services: Carpinteria Support, Treatment, Advocacy and Referral Team (START) Program (Exhibit A-6), ending June 21, 2025; to replace the Schedule of Codes within the Exhibit B-3-ADP; and to increase the total maximum contract amount by \$216,300, for a revised total maximum contract amount of **\$15,318,750**, inclusive of **\$15,126,350** in Alcohol and Drug Program funding (\$3,606,650 for FY 2023-2024 and \$3,839,900 per fiscal year for FY 2024-2027w) and **\$192,400** in Mental Health funding for FY 2023-2024, with no change to the contract term of July 1, 2023 through June 30, 2027;

- i. Approve, ratify, and authorize the Director of the Department of Behavioral Wellness issuance of a Notice of Intent to Partially Terminate Agreement (Attachment D)
 - ii. Approve and authorize the Director of Behavioral Wellness' issuance of a Notice of Partial Termination of the Agreement (Attachment E); and
 - iii. Approve and authorize the Director of the Department of Behavioral Wellness or designee to take actions necessary for the wind-down the portion of the Agreement being terminated, subject to the Board's ability to rescind this delegated authority at any time.
- b) Determine that the above-recommended actions are not a project that is subject to environmental review under the California Environmental Quality Act (CEQA), pursuant to CEQA Guidelines section 15378(b)(4), finding that actions are governmental funding mechanisms and/or fiscal activities that will not result in direct or indirect physical changes in the environment.

Summary Text:

The above-referenced item is on the agenda for the Board of Supervisors to approve the Chair to execute a Second Amendment to the Agreement with Council on Alcoholism and Drug Abuse (CADA), to update certain standard and conditions in compliance with state and federal requirements. Additionally, this Amendment requests to terminate the Mental Health Services: Carpinteria Support, Treatment, Advocacy and Referral Team (START) Program, ending June 21, 2025 by the request of the Contractor. Other amended actions include updating the Schedule of Codes table in Exhibit B-3-ADP, and increasing the total maximum contract amount by \$216,300, for a revised total maximum contract amount of **\$15,318,750**, inclusive of \$15,126,350 in ADP funding (\$3,606,650 for FY 2023-2024 and \$3,839,900 per fiscal year for FY 24-27) and \$192,400 in Mental Health funding (\$192,400 for FY 2023-2024 and \$0 for FY 2024-2025), with no change to the contract term of July 1, 2023 through June 30, 2027.

Discussion:

The request for termination of the Carpinteria START Program is in response to CADA's request to terminate Program services from the Agreement as a result of an absence of members referred to services, and staffing available by CADA. No students have been provided this service by CADA since Quarter 1 of fiscal year 2023-24. Family Service Agency (FSA) will continue to provide START services to Carpinteria schools as a part of their already established School-Based Mental Health Program services under the FY 2023-27 Agreement (BC 23-125). Carpinteria START services will not be interrupted by this suspension of Program services by CADA.

Background:

The Santa Barbara County Department of Behavioral Wellness (BWell) provides a continuum of mental health and substance use disorder services to Santa Barbara County residents, in part, through contracted providers, including Community-Based Organizations (CBOs). BWell is required by the California Department of Health Care Services (DHCS) to select providers for Outpatient Treatment Services (OTS) and Residential Treatment Services (RTS) through a competitive bidding process.

On July 18, 2023, the Board of Supervisors approved to terminate CADA's FY 2021-2024 contract to align with statewide California Advancing and Innovating Medi-Cal (CalAIM) reforms effective July 1, 2023 and BWell's release of six Request for Proposals for various Alcohol and Drug Program (ADP) Substance Use Disorder (SUD) services, including Primary Prevention services, in October 2022. Simultaneously, the Board of Supervisors approved to enter into Agreement for Services for Independent Contractor with CADA (BC 23-091), for the provision of Early Intervention, Outpatient,

and Intensive Outpatient substance use disorder services for adults and adolescents. Additionally, CADA operates a residential treatment program, providing monitored residential treatment services to help clients withdraw from alcohol and/or other drugs.

On June 18, 2024, the Board of Supervisors approved the First Amendment to the FY 2023–2027 Agreement, which added contingency payment and contingency cost settlement provisions and incorporated changes for Medicare practitioner billing and State rate changes, with no change to the maximum contract amount. BWell now requests the Board of Supervisors approval for the Second Amendment to the Agreement with CADA.

Performance Measures:

The FY 23-27 Agreement contains performance measures to monitor program implementation and improve staff proficiency. Program goals, outcomes, and measures can be found in Exhibit E of the Agreement. CADA provides reports on program outcomes every quarter, by program and level of care. The current program goals being monitored, include ADP program goals for the measurement of Successful Substance Use Disorder (SUD) treatment and recovery, through a series of 65 separate measures including:

1. Treatment initiation and engagement (for adults and adolescents);
2. Retention in treatment for 90 days or more (for adults and adolescents);
3. Abstinence from primary drug at discharge;
4. Transfer to a lower level of care within 14 days following Residential Treatment or Withdrawal Management services; and
5. Successful completion of treatment.

Contract Renewals and Performance Outcomes:

Performance Outcomes data for FY 2023-24:

- **ADP Programs:** Due to the transition to SmartCare, the BWell Research and Evaluation Team were unable to formulate data for FY 2023-24 to provide data for the ADP program goals for the measurement of Successful Substance Use Disorder (SUD) treatment for the following Programs: Daniel Bryant SB, Daniel Bryant SM, Daniel Bryant Lompoc, Project Recovery, CADA-ARTS, Perinatal Services.
- **MHS Programs:** During Q1 of FY 2023-24, CADA served 17 clients in the MHS Carpinteria START Program. They met all 5 of their goals during the first quarter. CADA has not accepted any new clients nor had available staff for the START program since the end of Q1 of FY 23-24.

Performance Outcome data is for FY 2024-2025 (Q1 and Q2): due to the transition to SmartCare, BWell is still in the process of ensuring accurate data collection for all identified outcome measures. As a result, some data points are not yet available and are not included in the summaries below. The following summaries highlight key data points for the 45 separate measures available for each quarter:

- **Adult Outpatient Programs** - During the first two quarters, they served an average of 220 clients per quarter with an average of 104 discharges per quarter. Across both Santa Barbara and Lompoc adult program, they met 14 out of the 15 goals with data available. An average of 89% of clients engaged in treatment with goal of 60% or 75% depending on the level of care. In Santa Barbara, an average of 47% of clients were retained in treatment with a goal of 45% retained; this goal was unmet in Lompoc with an average of 40% of clients retained in treatment.

- **Adult Residential Treatment and Withdrawal Management Programs** – During the first two quarters, they served an average of 40 clients in Residential Treatment with an average of 30 discharges per quarter; in Withdrawal Management they served an average of 11 clients per quarter with an average of 11 discharges per quarter. They met 8 out of the 10 goals with data available. Of those who initiated treatment, 100% engaged in treatment with a goal of 60%. Across both levels of Residential Treatment, the goals for clients immediate dropping out of treatment were unmet due to percentages being 3% and 6% with goals of less than 2% and 4% depending on the level of care.
- **Adolescent Outpatient Programs** – During the first two quarters, they served an average of 158 clients per quarter with an average of 77 dischargers per quarter. Across Santa Barbara, Santa Maria, and Lompoc adolescent programs they met 15 out of the 20 goals with data available. An average of 92% of clients engaged in regular outpatient treatment with a goal of 75%; for intensive outpatient treatment the client engagement goal was not met due to the percentage engaged being 54% with a goal of 75%. The remaining unmet goals were due to less than 45% of clients being retained in treatment with an average of 35% of adolescents being retained in treatment for 90 days or more.

Fiscal and Facilities Impacts:

Budgeted: Yes

Fiscal Analysis:

Funding Source	FY 23-24	FY 24-25	FY 25-26	FY 26-27	Total FY 23-27
General Fund					-
State	\$176,540	\$144,400	\$144,400	\$144,400	\$609,740
Federal	\$204,300	\$209,300	\$209,300	\$209,300	\$832,200
Fees					-
Medi-Cal Patient Revenue	\$3,418,210	\$3,486,200	\$3,486,200	\$3,486,200	\$13,876,810
Total	\$3,799,050	\$3,839,900	\$3,839,900	\$3,839,900	\$15,318,750

The above-referenced Agreement is funded with a combination of State and Federal funds. With the transition to CalAIM Payment Reform, the fee-for-service portion of the contract will be funded with Medi-Cal Patient Revenue which primarily consists of Federal funds. Federal Substance Abuse Prevention and Treatment (SAPT) Grant funds are used to cover the cost of Non-Medi-Cal services and client board and care. The amount of Federal funds is contingent on the client's aid code and the State issued rate for the service. The Non-Medi-Cal portion of the contract is funded by a variety of sources including State Realignment and grants. This contract and the associated funding sources were included in the FY 2023-24 Adopted Budget, FY 2024-2025 Adopted Budget, FY 2025-26 Recommended Budget and will be in FY 2026-27 proposed budget.

Special Instructions:

Page 5 of 5

Please email one (1) complete, executed Amendment and one (1) Minute Order to Sara Hernandez at sahernandez@sbcbswell.org and to bswellcontractsstaff@sbcbswell.org.

Attachments:

Attachment A – CADA FY 23-27 (BC 23-091) Second Amendment

Attachment B – CADA FY 23-27 (BC 23-091) First Amendment, Executed

Attachment C – CADA FY 23-27 (BC 23-091) Executed

Attachment D – Notice of Intent to Partially Terminate Agreement (BC 23-091)

Attachment E – Notice of Partial Termination of Agreement (BC 23-091)

Authored by:

Sara Hernandez

Contracts Analyst

sahernandez@sbcbswell.org