



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: Behavioral Wellness
Department No.: 043
For Agenda Of: June 22, 2021
Placement: Administrative
Estimated Time:
Continued Item: No
If Yes, date from:
Vote Required: Majority

TO: Board of Supervisors

FROM: Department Pam Fisher, Psy.D., Acting Director
Director(s) Department of Behavioral Wellness 805-681-5220
Contact Info: Lindsay Walter, J.D., Administration & Operations
Department of Behavioral Wellness 681-5236

SUBJECT: Behavioral Wellness – Mental Wellness Center Contract Renewal FY 21-24

County Counsel Concurrence

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

Auditor-Controller Concurrence

As to form: Yes

Recommended Actions:

That the Board of Supervisors:

- A. Approve and authorize the Chair to execute an Agreement for Services of Independent Contractor with **Mental Health Association in Santa Barbara County, Inc. (dba Mental Wellness Center)** (a local vendor) for the provision of adult mental health services, for a total contract amount not to exceed **\$6,471,853** inclusive of \$2,152,751 for FY 21-22, \$2,143,475 for FY 22-23, and \$2,175,627 for FY 23-24 for the period of July 1, 2021 through June 30, 2024, subject to annual budget appropriations;
- B. Delegate to the Director of the Department of Behavioral Wellness or designee the authority to suspend, delay, or interrupt the services under the Agreement for convenience per Section 20 of the Agreement; make immaterial changes to the Agreement per Section 26 of the Agreement; modify Program staffing requirements per Exhibit A-2 of the Agreement; reallocate funds between funding sources with discretion per Exhibit B of the Agreement; adjust the provisional rate with discretion per Exhibit B of the Agreement; authorize additional services with discretion per Exhibit B-1 of the Agreement; increase or remove the County Maximum Allowable Rate with discretion per Exhibit B-1 of the Agreement; and amend the program goals, outcomes, and measures per Exhibit E of the Agreement, all without altering the Maximum Contract Amount and without requiring the Board’s approval of an amendment of the Agreement, subject to the Board’s ability to rescind this delegated authority at any time; and

- C. Determine that the above actions are government funding mechanisms or other government fiscal activities, which do not involve any commitment to any specific project that may result in a potentially significant physical impact on the environment and are therefore not a project under the California Environmental Quality Act (CEQA) pursuant to section 15378(b)(4) of the CEQA Guidelines.

Summary Text:

Santa Barbara County Department of Behavioral Wellness provides a continuum of mental health and substance use disorder services to Santa Barbara County residents, in part through contracted providers including Community-Based Organizations (CBOs). Mental Health Association in Santa Barbara County, Inc. (dba Mental Wellness Center) provides residential and community mental health services to adults in the Santa Barbara area. The Mental Wellness Center (MWC) Family Advocate offers services to families of clients with serious and persistent mental illnesses (SMI) through education, support and linkage to resources.

Background: Behavioral Wellness contracted with Mental Health Association in Santa Barbara County, Inc. (dba Mental Wellness Center) to provide intensive residential services through Casa Juana Maria and Cottage Grove House programs, which are Adult Residential Facilities that provide in-home rehabilitation and support services to residents. MWC also operates both Alameda House, an adult housing program for individuals with SMI, and Polly's House, which provides the same individuals with adult housing supports (intensive residential services). The De La Vina House provides permanent housing, single room occupancy for clients. This program provides greatly needed housing for the chronically homeless individuals who meet the Continuum of Care (Shelter Plus Care) eligibility. BeWell's Homeless Outreach Worker and other County-contracted providers refer clients who meet the criteria for placement. MWC also operates the Santa Barbara Recovery Learning Center (RLC), which offers the Consumer-Led Program, a program that provides peer support, self-help and connections to community resources, including health and wellness activities as well as a computer lab for clients to have access to computers and learn related skills.

On April 16, 2021 Mental Wellness Center was selected through the RFP process and awarded \$360,000 per year for a three-year period, subject to annual budget appropriations, to provide RLC, Family Advocate and Peer Technology Suite (Peer Tech Suite) Program Services. The Mental Wellness Center RLC Program will include computer access and technology training and classes with a focus on introducing and supporting the Peer Tech Suite to the clients/members of the RLC program.

Performance Measure:

Performance goals for the housing programs are as follows:

- Reduce mental health and substance abuse symptoms resulting in reduced utilization of involuntary care and emergency rooms for mental health and physical health problems;
- Assist clients in their mental health recovery process and with developing the skills necessary to lead independent, healthy and productive lives in the community;

Performance measures for the housing programs are:

- Reduce incarceration/juvenile hall to 5% or lower;
- Reduce client psychiatric inpatient admissions to 5% or lower;
- Reduce physical health hospitalizations to 10% or lower;
- Reduce physical health emergency care to 10% or lower;
- Clients with stable/permanent housing will be at 95% or higher;

- Clients engaged in purposeful activities will be 40% or higher;
- Clients discharged to a higher level of care will be at 15% or lower; and
- Clients discharged to a lower level of care will be at 85% or higher.

Performance goals for the Recovery Learning Center/Family Advocate and Peer Tech Suite are as follows:

- Create peer-run supports and services that build bridges to local communities and engage natural community supports;
- Increase participant access to technology and training; and
- Support family members throughout the County.

Performance measures for the Recovery Learning Center/Family Advocate and Peer Tech Suite are:

- Provide services to at least 400 unduplicated clients (for the Family Advocate, this is 200);
- Provide at least 7,200 client visits (for the Family Advocate, this is 1000);
- Provide 24 (2/month) outreach events (RLC only);
- Attendees to outreach events will be at least 1,200 (RLC only);
- Provide 24 (2/month) support group meetings (RLC only);
- Provide 40 (10/quarter) computer classes (RLC/Peer Tech Suite only);
- Have at least 200 client visits to the computer lab (RLC/Peer Tech Suite only);
- Provide 12 (1/month) outings or educational events with clients (RLC only);
- Provide 24 (2/month) trainings about consumer and family member issues (Family Advocate only);
- Serve 25 unique client service in Spanish (Family Advocate only); and
- Link 40 (10% of clients served) to additional services (for the Family Advocate, this is 20 (10% of families served).

Contract Renewals and Performance Outcomes:

During Q1 & Q2 of FY 2020-21:

- Casa Juana Maria served 6 clients with no discharges. There was one inpatient hospitalization (17%) and no jail days. There were no ER visits for physical healthcare. All 6 clients had stable/permanent housing. There were no clients engaged in a purposeful activity with a goal of 40% or greater.
- Alameda House served 6 clients with 1 discharge. There were no inpatient hospitalizations and no jail days. There were no ER visits for physical healthcare. All 6 clients had stable/permanent housing. There were no clients engaged in a purposeful activity with a goal of 40% or greater.
- Cottage Grove House served 6 clients with no discharges. There were 2 clients (33%) with an inpatient psychiatric admission with a goal of 5% or less. There was 1 client with jail days (17%) with a goal of 5% or less. There were no ER visits for physical healthcare. All 6 clients had stable/permanent housing. There were no clients engaged in a purposeful activity with a goal of 40% or greater.
- Polly's House served 10 clients with no discharges. There were no inpatient hospitalizations and no jail days. There were no ER visits for physical healthcare. All 10

clients had stable/permanent housing. There was one client (10%) engaged in a purposeful activity with a goal of 40% or greater.

- De La Vina House served 5 clients with 5 discharges. There were no inpatient hospitalizations and no jail days. There were no ER visits for physical healthcare. All 5 clients had stable/permanent housing. There were two clients (40%) engaged in a purposeful activity.
- Recovery Learning Center (RLC): They served an average of 165 unique clients and had 7,600 client visits. There were no support groups held during these two quarters, and one class. All clients served were in the unserved or underserved population. There were 205 clients referred to additional services.
- Family Advocate: They served an average of 93 unique clients with no client visits. There were 20 support groups and 142 support group meetings. There were 7 educational events and 3 clients received services in Spanish. All clients were in the unserved or underserved population. There were 69 clients referred to additional services.

Fiscal and Facilities Impacts:

Budgeted: Yes

Fiscal Analysis:

<u>Funding Sources</u>	<u>FY 21-22 Cost</u>	<u>FY 22-23 Cost</u>	<u>FY 23-24 Cost</u>	<u>Overall FY 21-24 Cost</u>
General Fund				
State	\$ 1,251,849.00	\$ 1,228,812.00	\$1,246,996	
Federal	\$ 599,815.00	\$ 608,936.00	\$618,194	
Fees				
County:	\$ 301,088.00	\$ 305,728.00	\$310,438	
Total	\$ 2,152,751.00	\$ 2,143,475.00	\$ 2,175,627.00	\$ 6,471,853.00

Narrative: The above referenced contract is funded by State, Federal and County funds. The funding sources are included in the FY 21-22 adopted budget.

Key Contract Risks:

As with any contract funded by State and Federal sources, there is a risk of future audit disallowances and repayments. Behavioral Wellness contracts include language requiring contractors to repay any amounts disallowed in audit findings, minimizing financial risks to County.

Special Instructions:

Please email one (1) Minute Order and one (1) complete executed agreement to Ana Bello at abello@sbcbswell.org and to the Contracts Division at bwelcontractsstaff@co.santa-barbara.ca.us.

Attachments:

Attachment A: Mental Wellness Center FY 21-24 BC

Authored by:

A. Bello