



COUNTY OF SANTA BARBARA CALIFORNIA

RESOLUTION PROCLAIMING SEPTEMBER 2024 RECOVERY MONTH IN SANTA BARBARA COUNTY

WHEREAS, the Santa Barbara County Behavioral Wellness Department provides, in partnership with community-based organizations, a Continuum of Care which includes the prevention, intervention, treatment, and recovery from mental health and substance use challenges promoting the message that behavioral health is essential to overall wellness; and

WHEREAS, Mental health and substance use disorders affect Santa Barbara County, and all communities nationwide; and, with commitment and support, those impacted can embark on a journey of improved physical health, emotional health, and overall wellness; and

WHEREAS, Recovery Month, celebrated every September, promotes and supports new evidence-based treatment and recovery practices, the proud recovery community, and the dedication of service providers and communities who make recovery possible in all its forms. This year Recovery Month focuses on the Four Major Dimensions of Recovery: health, home, purpose, and community. These are the factors that all individuals need to live healthy, happy, independent lives and reach their full potential; and

WHEREAS, Recovery Month helps to promote four key messages: we can strive to be healthier and achieve our wellness goals; we all need a stable and safe place to call home; finding purpose in life may be a powerful driver for recovery; and, building social supports and a caring community is essential for recovery; and

WHEREAS, The County of Santa Barbara Behavioral Wellness Department collaborates with partner agencies and community-based organizations throughout Santa Barbara County and out of county, to ensure everyone has an opportunity to access services and support to achieve and sustain long-term recovery; and

WHEREAS, we encourage and advocate for continued collaboration and integration of services to ensure success for individuals and groups who are in long term recovery; and

WHEREAS, a Recovery Month Observance will support and highlight the multi-disciplinary work efforts that are essential to improving the lives of those affected by mental health and substance use disorders including raising awareness, educating communities, and by celebrating all recovery achievements; and

NOW, THEREFORE, BE IT AND IT IS HEREBY ORDERED AND RESOLVED that this Board of Supervisors proclaims September 2024 as Recovery Month in Santa Barbara County and encourages all residents to support men, women, youth and their families who are in substance use disorder treatment and mental health recovery programs throughout our community.

Passed and adopted by the Board of Supervisors of Santa Barbara County, this 17th day of September, 2024 by unanimous vote of all members present.



ATTEST:

Monica Dreyer
Clerk of the Board

Paschi Williams

Supervisor - 1st District

Jack C. Carr

Supervisor - 2nd District

John B. Burt

Supervisor - 3rd District

Bob Miller

Supervisor - 4th District

Steve

Supervisor - 5th District