



BOARD OF SUPERVISORS  
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors  
105 E. Anapamu Street, Suite 407  
Santa Barbara, CA 93101  
(805) 568-2240

**Department Name:** Behavioral Wellness  
**Department No.:** 043  
**For Agenda Of:** June 18, 2019  
**Placement:** Administrative  
**Estimated Time:** N/A  
**Continued Item:** No  
**If Yes, date from:**  
**Vote Required:** Majority

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**TO:** Board of Supervisors  
**FROM:** Department Alice Gleghorn, PhD, Director  
Director(s) Behavioral Wellness, 681-5220  
Contact Info: Pam Fisher, PsyD, Deputy Director of Clinical Operations  
Behavioral Wellness, 681-5220  
**SUBJECT:** Behavioral Wellness - CADA & Good Samaritan Shelter Amendments to  
FY 18-21 Contracts for Alcohol & Drug Program and Mental Health Services

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**County Counsel Concurrence**

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

**Auditor-Controller Concurrence**

As to form: Yes

**Recommended Actions:**

That the Board of Supervisors:

- A. Approve and authorize the Chair to execute a Second Amendment to the Agreement for Services of Independent Contractor with the **Council on Alcoholism and Drug Abuse (CADA)** (a local vendor), for the provision of substance use disorder services and mental health services to update contract language for compliance with state and federal requirements and to increase the contract amount by \$217,964 for mental health services and \$11,003 for alcohol and drug services for a multi-year contract total not to exceed **\$5,814,183** for the period December 1, 2018 through June 30, 2021, subject to annual appropriation and budget approval.
- B. Approve and authorize the Chair to execute a Second Amendment to the Agreement for Services of Independent Contractor with **Good Samaritan Shelter** (a local vendor), for the provision of substance use disorder services and added mental health services, to update the contract language for compliance with state and federal requirements and increase the contract by \$494,000 for mental health services and \$40,000 for alcohol and drug services for a multi-year contract total not to exceed **\$12,861,643** for the period December 1, 2018 through June 30, 2021, subject to annual appropriation and budget approval.
- C. Approve and authorize the Chair to delegate to the Director of Behavioral Wellness or her designee the authority to reallocate funds between funding sources at their discretion during the term of the contract without altering the Maximum Contract Maximum or requiring a formal amendment to

the agreement per Exhibit B-1 MHS of the agreements, subject to the Board's ability to rescind this delegated authority at any time.

- D. Determine that the above recommended actions are organizational or administrative actions exempt from the California Environmental Quality Act (CEQA) guidelines pursuant to CEQA Guidelines section 15378(b)(4) since the recommended actions are governmental fiscal activities which do not involve commitment to any specific project which may result in a potentially significant impact on the environment.

**Summary Text:**

The above referenced contracts are on the agenda to request contract renewals for Council on Alcoholism and Drug Abuse (CADA) and Good Samaritan Shelter Services, Inc. (Good Sam), to incorporate mental health services into one a single multiyear contract for each provider, and to delegate authority to the Director of Behavioral Wellness or her designee the authority to reallocate funds between funding sources at their discretion during the term of the contract without altering the Maximum Contract Maximum or requiring a formal amendment to the agreement per Exhibit B-1 MHS of the agreements. The Santa Barbara County Department of Behavioral Wellness (BeWell) provides a continuum of mental health and substance use disorder services to Santa Barbara County residents, in part through contracted providers including Community-Based Organizations (CBOs). Approval of the recommended actions will allow Behavioral Wellness to continue to provide mandated substance use and mental health services under one contract, to clients needing care.

**Background:** BeWell provides a continuum of mental health and substance use disorder services to Santa Barbara County residents, in part through contracted providers including Community-Based Organizations (CBOs). Behavioral Wellness contracted with CADA (BC 19-137) and Good Sam (BC 19-152) to deliver Alcohol and Drug Program services from December 1, 2018 through June 31, 2021 under the Department of Health Care Services Drug Medi-Cal Organized Delivery Services Intergovernmental Agreement No. 18-95148, which the Board of Supervisors (Board) approved in November 2018. At this time we are seeking to incorporate Mental Health Services into these contracts.

**CADA:** provides outpatient alcohol and other drug treatment to adolescent, Transition Age Youth (TAY), adult, and perinatal clients. CADA serves clients at two Santa Barbara sites and one Santa Maria sites providing Outpatient Services (OS) ASAM Level 1 and Intensive Outpatient Services (IOS) American Society of Addiction Medicine (ASAM) Level 2.1, Case Management, Recovery Services, Drug Testing, Medication Assisted Treatment, Residential Treatment and Physicians Consultation service. Under Substance Abuse Prevention and Treatment (SAPT) funding, CADA provides the Friday Night Live and Club Live prevention programs, utilizing a youth leadership model designed for junior and senior high school youth in Santa Barbara County. In addition, CADA provides mental health services and operates the Carpinteria Support, Treatment, Advocacy, and Referral Team (START) focused on prevention and treatment at each school in the Carpinteria area.

**Good Samaritan:** provides outpatient alcohol and other drug treatment to adults, TAY (ages 18through 24) and perinatal clients at their Santa Maria and Lompoc site for either OS ASAM Level 1 and/or Intensive Outpatient Services (IOS) ASAM Level 2.1 services, along with Case Management, Drug Testing, Medication Assisted Treatment and Physicians Consultation services. They also provide Residential Treatment Services Drug Medi-Cal ASAM Level 3.1 and 3.2, which is Withdrawal Management services for non-perinatal and perinatal adults (age 18 and older) clients at both Lompoc and Santa Maria. And through SAPT and CalWorks funding, they will also provide housing services to perinatal and parenting clients in their Residence Recovery Centers in Lompoc and Santa Maria and mild

to moderate counseling services for work preparedness. Good Sam also provides mental health services, shelter beds and mental health clinician services.

**Contract Renewals and Performance Outcomes:**

As a result of a thorough Request for Proposal process, the DMC ODS providers were contracted for services for FY 19-20. Due to the transition from ADP Drug Medi-Cal to the Organized Delivery System on December 1, 2018, there is no outcome data to report at this time for our DMC-ODS providers. However, new indicators have been set and BeWell will be monitoring outcomes of each contractor on a quarterly basis. The data listed below is from the provider’s pre-DMC ODS and Mental Health contract for FY 18-19.

**CADA: Alcohol and Drug Services: Detox:** In the detox program, CADA served an average of 40 clients each quarter. Per their goal, 100% of clients had a negative drug test at discharge. CADA’s detox program exceeded expectations for the percentage of clients admitted to treatment (average 57.2%) and readmission rates within 45 days of discharge (average 94.4%). **Perinatal:** There were no perinatal clients in Q1 of FY 18/19. **Substance Use Disorder (SUD):** CADA served an average of 145 adults and 61 adolescents per quarter in Outpatient Drug Free (ODF) treatment. CADA performed well; they met or exceeded all adult and adolescent outcome goals. **Mental Health:** Support, Treatment, Advocacy and Referral Team (START); CADA’s START program met or exceeded all expectations.

**Good Sam:** performed well in the first quarter of FY18/19; serving an average of 460 clients per quarter. **Substance Use Disorder (SUD): Detox:** Good Sam served a total of 101 clients in the first quarter of FY 18/19. 100% of clients had a negative drug test result at discharge. Good Sam’s detox program exceeded the goal for percentage of clients that completed at least 5 days of treatment and greatly exceeded goals for clients admitted to treatment upon discharge, and clients discharged from detoxification treatment who were not readmitted within 45 days of treatment. **Perinatal:** There was a total of six births in Q1 of FY 18/19 and 100% of the babies were born free of alcohol and illicit drugs. **Substance Use Disorder (SUD) Treatment:** Good Sam met or exceeded all treatment outcome goals. **Transitional Living Programs:** Good Sam met their goal to have 75% of their clients complete a minimum of 30 days in the Transitional Living Center; all (100%) were enrolled in detoxification and engaged in one or more activities such as vocational training, 12-step programs and volunteering.

**Fiscal and Facilities Impacts:**

Budgeted: Yes

**Fiscal Analysis:**

<b><u>Funding Sources</u></b>	<b><u>Cost FY 18-19:</u></b>	<b><u>Cost FY -19-20</u></b>	<b><u>Cost FY 20-21</u></b>
General Fund			
State	\$ 1,894,470	\$ 3,721,721.50	\$ 3,721,721.50
Federal	\$ 1,894,470	\$ 3,721,721.50	\$ 3,721,721.50
Fees			
Other:			
Total	\$ 3,788,940	\$ 7,443,443	\$ 7,443,443
Total FY 18-21			\$ 18,675,826

Narrative: The above reference contracts are funded by State and Federal funds. The funding sources are included in the FY 18-19 Adopted Budget. For FY 19-20 and FY 20-21 the budget is contingent on Board approval.

**Key Contract Risks:**

As with any contract funded by State and Federal sources, there is a risk of future audit disallowances and repayments. Behavioral Wellness contracts include language requiring contractors to repay any amounts disallowed in audit findings, minimizing financial risks to the County.

**Special Instructions:**

Please email one (1) complete executed contract and one (1) minute order for each vendor to [dmorales@co.santa-barbara.ca.us](mailto:dmorales@co.santa-barbara.ca.us) and [bwellcontractsstaff@co.santa-barbara.ca.us](mailto:bwellcontractsstaff@co.santa-barbara.ca.us).

**Attachments:**

- Attachment A: CADA FY 18-21 BC AM2
- Attachment B: Good Sam FY 18-21 BC AM2
- Attachment C: CADA FY 18-21 BC AM1
- Attachment D: CADA FY 18-21 BC
- Attachment E: Good Sam FY 18-21 BC AM1
- Attachment F: Good Sam FY 18-21 BC

**Authored by:**

D.Morales