



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: Behavioral Wellness
Department No.: 043
For Agenda Of: March 7, 2017
Placement: Administrative
Estimated Time:
Continued Item: No
If Yes, date from:
Vote Required: 4/5

TO: Board of Supervisors
FROM: Department Alice Gleghorn, PhD, Director
Director(s) Department of Behavioral Wellness 805-681-5220
Contact Info: Chris Ribeiro, Chief Financial Officer
Department of Behavioral Wellness 805-681-5220

SUBJECT: Behavioral Wellness FY 16-17 Amendments –Institutions for Mental Disease/Residential Mental Health Contracts

County Counsel Concurrence

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

Auditor-Controller Concurrence

As to form: Yes

Recommended Actions: That the Board of Supervisors:

- A) Approve and authorize the chair to execute the Second Amendment to the Agreement for Services of Independent Contractor with **California Psychiatric Transitions** (not a local vendor), an Institution for Mental Disease, to increase the FY 2016-2017 contract by **\$106,500** for a total contract amount not to exceed **\$991,450** for the period July 1, 2015 through June 30, 2017.
- B) Approve and authorize the chair to execute the Third Amendment to the Agreement for Services of Independent Contractor with **Merced Behavioral Center** (not a local vendor), an Institution for Mental Disease, to increase the FY 2016-2017 contract by **\$350,000** for a total contract amount not to exceed **\$1,330,608** for the period July 1, 2014 through June 30, 2017.
- C) Approve and authorize the chair to execute a Fourth Amendment to the Agreement for Services of Independent Contractor with **Psynergy Programs, Inc.**, (not a local vendor) for the provision of adult residential mental health services, to increase the FY 2016-2017 contract by **\$350,000** for a total contract amount not to exceed **\$2,174,228** for the period July 1, 2014 through June 30, 2017.
- D) Approve and authorize the chair to execute the Third Amendment to the Agreement for Services of Independent Contractor with **Sylmar Health & Rehabilitation Center** (not a

local vendor), an Institution for Mental Disease, to increase the FY 2016-2017 contract by **\$670,000** for a total contract amount not to exceed **\$3,242,826** for the period July 1, 2014 through June 30, 2017.

- E) Approve a budget journal entry BJE #0004909 increasing appropriations of \$1,476,500 in Behavioral Wellness Mental Health Fund for Services and Supplies funded by an increase to Intergovernmental Revenue – State, an increase in charges for services revenues, and an increase to Miscellaneous Revenue.
- F) Determine that these activities are exempt from California Environmental Quality Act(CEQA) review per CEQA Guidelines Section 15378(b)(5) since the recommended actions are government administrative activities which do not involve commitment to any specific project which may result in potentially significant physical impact on the environment.

Summary Text: The Department of Behavioral Wellness provides a continuum of mental health and substance use disorder services to Santa Barbara County residents, in part through contracted providers including Community-Based Organizations (CBOs). Contracts with facilities providing services at various levels of care are key to ensuring that the needs of clients are optimally met. Due to an increased demand for inpatient contracted long-term beds, Behavioral Wellness needs to amend several of its Institutions for Mental Disease (IMD) contracts. These amendments will be partially funded by savings from underutilized IMD contracts. Approval of the recommended actions will allow Behavioral Wellness to continue to provide mandated mental health, substance use, and ancillary services.

Background:

Institutions for Mental Disease (IMD): Behavioral Wellness provides a continuum of services, including inpatient treatment services to best meet the needs of individuals with severe mental illness. IMDs are facilities including hospitals, nursing facilities, or other institutions of more than 16 beds that are primarily engaged in providing diagnosis, treatment, or care of persons with mental illness, including medical attention, nursing care, and related services. Due to the Federal IMD Exclusion, these services are not reimbursable by Medi-Cal for clients between the ages of 21 and 65. There are a limited number of these highly structured residential treatment services in California and none in Santa Barbara County. Behavioral Wellness examines the current caseload and historical use of IMD facilities in order to project the following year's contract amounts within Department's budget constraints. Behavioral Wellness contracts with IMDs that are licensed as Acute Psychiatric Hospitals, Skilled Nursing Facilities with Special Treatment Patches (Sylmar Health & Rehabilitation Center and California Psychiatric Transitions), and Mental Health Rehabilitation Centers. Due to limited bed availability at each IMD, Behavioral Wellness contracts with a number of IMDs throughout the State.

Behavioral Wellness also contracts with IMD-alternative facilities (Psynergy), which are unlocked facilities providing highly structural residential programs for clients transitioning out of IMDs.

California Psychiatric Transitions (CPT), located in Delhi, Merced County, CPT provides two on-site psychiatrists, a medical doctor, and 24-hour nursing staff. CPT also provides individualized care in a

highly structured program focusing on activities of daily living, interactive groups, and work programs, helping clients to learn social and domestic skills that will prepare them for reentry into the community. A specialized CPT program focuses on clients with disruptive behaviors, helping clients to address, correct, and minimize the occurrence of these behaviors. In addition, CPT operates a facility tailored to the needs of misdemeanor-charged individuals who have been deemed incompetent to stand trial (IST), under California Penal Code section 1370.01. The IST program focuses on restoring trial competency, including understanding of courtroom proceedings, penalties, charges and defenses, and legal terminology. For the first half of the current fiscal year, CPT has consistently held a caseload of 3-4 clients per month. The current funding projections are based on a caseload of 4 clients per month for the second half of the fiscal year.

Merced Behavioral Center (Merced), located in Merced County, provides intensive psychiatric mental health treatment, medical assessment, diagnosis, and monitoring in a locked setting. For the first half of the current fiscal year, Merced has consistently held a caseload of 7-9 clients per month. The current funding projections are based on a caseload of 9 clients per month for the second half of the fiscal year.

Psynergy Programs, Inc. (Psynergy), located in the Bay Area, provides residential treatment services to adult clients as a step down from IMDs. Psynergy works with clients in IMDs to identify clients who may be ready to step down to a lower level of care, then works to step clients down through three progressions of residential care, with the eventual goal of equipping clients to return to Santa Barbara County to live independently. For the first half of the current fiscal year, Psynergy has consistently held a caseload of 9-14 clients. The current funding projections are based on a caseload of 14 clients per month for the second half of the fiscal year.

Sylmar Health & Rehabilitation Center (Sylmar) is a locked facility for adults with severe mental illness located in Los Angeles County. Sylmar provides intensive psychiatric mental health treatment, medical assessment, diagnosis and monitoring, and treatment groups for clients, including those diagnosed with co-occurring disorders. This facility is able to accommodate medically complex or fragile individuals. For the first half of the current fiscal year, Sylmar has consistently held a caseload of 15-18 clients per month. The current funding projections are based on a caseload of 17 clients per month for the second half of the fiscal year.

Fiscal and Facilities Impacts:

Budgeted: No

Fiscal Analysis:

| <u>Funding Sources</u> | <u>Current FY Cost:</u> | <u>Annualized</u> | <u>Total One-Time</u> |
|-------------------------------|--------------------------------|------------------------------|------------------------------|
| | | <u>On-going Cost:</u> | <u>Project Cost</u> |
| General Fund | | | |
| State | \$ 3,144,750.00 | | |
| Federal | \$ 197,500.00 | | |
| Fees | | | |
| Other: | | | |
| Total | \$ 3,342,250.00 | \$ - | \$ - |

Narrative: The above referenced contracts are funded by State and Federal Funds; approval of the requested Budget Revision will not result in any increased General Fund expenditures.

Key Contract Risks:

There is risk that the number of contracted IMD and IMD-alternative beds may increase beyond what the department has projected. In this case, the department will return to the Board of Supervisors to request an increase to the contract maximums where needed.

Special Instructions:

Please send one (1) complete copy of each executed contract and one (1) minute order to: qilopez@co.santa-barbara.ca.us.

Attachments:

- Attachment A: California Psychiatric Transitions FY 15-17 Amendment 2
- Attachment B: California Psychiatric Transitions FY 15-17 Amendment 1
- Attachment C: California Psychiatric Transitions FY 15-16 BC 16-121
- Attachment D: Merced Behavioral Health Amendment 3 FY 16-17
- Attachment E: Merced Behavioral Health Amendment 2 FY 15-16
- Attachment F: Merced Behavioral Health Amendment 1 FY 14-15
- Attachment G: Merced Behavioral Health FY 14-17 BC 15-029
- Attachment H: Psynergy Programs, Inc. FY 14-17 Amendment 4
- Attachment I: Psynergy Programs, Inc. FY 14-17 Amendment 3
- Attachment J: Psynergy Programs, Inc. FY 14-17 Amendment 2
- Attachment K: Psynergy Programs, Inc. FY 14-17 Amendment 1
- Attachment L: Psynergy Programs, Inc. FY 14-17 BC 15-034
- Attachment M: Sylmar Health and Rehabilitation Center Amendment 3 FY 16-17
- Attachment N: Sylmar Health and Rehabilitation Center Amendment 2 FY 15-16
- Attachment O: Sylmar Health and Rehabilitation Center Amendment 1 FY 14-15
- Attachment P: Sylmar Health and Rehabilitation Center FY 14-17 BC 15-028
- Attachment Q: BJE#0004909

Authored by:

Q. Lopez