

**SANTA BARBARA COUNTY
BOARD AGENDA LETTER**



Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Agenda Number:
Prepared on: 4/19/04
Department Name: Public Health Department
Department No.: 041
Agenda Date: 5/11/04
Placement: Administrative
Estimate Time:
Continued Item: NO
If Yes, date from:

TO: Board of Supervisors

FROM: Roger E. Heroux, Director
Public Health Department

STAFF Karen L. Mira, PHCA Coordinator, Ext. 5271
CONTACT: Brad Hendricks, Chronic Disease & Aging Acct., Ext. 8392

SUBJECT: Preventive Health Care for the Aging (PHCA) Revenue Contract Amendment
#03-75377 A01

Recommendation(s):

That the Board of Supervisors:

Approve and execute an amendment to contract between the California Department of Health Services and the County of Santa Barbara Public Health Department for Preventive Health Care for the Aging (PHCA) for the period of July 1, 2003 through June 30, 2006 in the amount of \$221,226.

Alignment with Board Strategic Plan:

The recommendations are primarily aligned with:

Goal No. 2: A Safe and Healthy Community in Which to Live, Work, and Visit

Goal No. 5: A High Quality of Life for all Residents

Executive Summary and Discussion:

The Preventive Health Care for the Aging (PHCA) program is a non-mandated, successful, county-wide program aimed at improving or maintaining the health of the community-dwelling, non-frail older adult population. These clients are troubled with chronic and disabling diseases, are uninformed concerning health habits and medication use, and are in need of health education and health counseling. The scope of services includes outreach, comprehensive health assessments, targeted community prevention services and epidemiological data collection. The mission is to enhance and protect the health of older adult county residents age 55 and over, especially high-risk and underserved individuals.

The program serves 500 clients each year through one-to-one conferences between the client and a Public Health Nurse (PHN), and also serves 480 participants through group health education by a Public Health Nurse. The PHCA staff consists of one PHN and one Clinical Nurse Specialist who deliver services to

clients at sites where they live or congregate, for example, in a community room at a senior housing complex or at a senior meal site. This service delivery all but eliminates the transportation barrier for clients.

Mandates and Service Levels:

This is a non-mandated program. The amended contract expands existing nutrition education to seniors as directed by the California Nutrition Network. Receipt of these funds obligates the county to comply with statutes: Welfare and Institutions Code, Part 6, Division 9, Chapter 6.5 Preventive Health Care for the Aging (as amended by Chapter 1274, Stats. 1980.)

Fiscal and Facilities Impacts:

Approval of this contract amendment does not increase the department's General Fund contribution. The attached amendment increases the original three-year on-going contract, by \$34,800 from 186,426 to \$221,226 to expand the Nutrition Education Program, detailed below by fiscal year.

	Current Approved 3-Year Contract	Requested Amendment	Amended Contract Total
FY 2003-2004	\$ 62,142	\$ 13,050	\$ 75,192
FY 2004-2005	62,142	17,400	79,542
FY 2005-2006	62,142	4,350	66,492
Total	\$ 186,426	\$ 34,800	\$ 221,226

Although the nutrition education services will be expanded through this funding source, no new staff will be added. The amendment request will fund staff time, cost of brochures and 10% of the Public Health Department's indirect cost. This program is in the Chronic Disease and Aging Cost Center found on page D-188 in the FY 2003-2004 budget book. For FY 2004-2005, the increased amount was included in the Public Health Department's Recommended Budget and On-Going Grants list.

This Agreement will not result in any additional need for facilities.

Special Instructions:

Please execute and return one (1) full standard agreement amendment (STD213A) package and the additional six (6) face sheets with a copy of the minute order to the PHD Contracts Unit, 300 North San Antonio Road, Santa Barbara, CA 93110 Attn: Margaret A. Granger (805) 681 5367

Concurrence:

Not applicable.