

SANTA BARBARA COUNTY BOARD AGENDA LETTER



Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Agenda Number:
Prepared on: 08/3/2004
Department Name: Alcohol, Drug & Mental Health
Department No.: 043
Agenda Date: 09/14/2004
Placement: Administrative
Estimate Time:
Continued Item: NO
If Yes, date from:

TO: Board of Supervisors

FROM: James L. Broderick, Ph.D., Director
Alcohol, Drug & Mental Health Services

STAFF CONTACT: Carrie Topliffe, ADMHS Assistant Director - Administration
805.681.5231

SUBJECT: County of San Luis Obispo Psychiatric Health Facility contract.

Recommendation(s):

That the Board of Supervisors:

1. Approve and execute a contract with the County of San Luis Obispo, (not a local vendor) to provide acute hospitalization services to acutely mentally ill adults for four (4) years beginning July 1, 2004, through June 30, 2008, in the amount of \$1,000,000;
2. Authorize the Director of ADMHS to approve amendments to the proposed contracts, provided that any such amendments do not exceed ten percent (10%) of the contract's dollar amount.

Alignment with Board Strategic Plan:

The recommendation(s) are primarily aligned with Goal No. 2. A Safe and Healthy Community in Which to Live, Work and Visit.

Executive Summary and Discussion:

The services provided under this contract will enable northern Santa Barbara County residents to be provided acute hospitalization services in a location closer to their residence. In-patient services will be provided by the San Luis Obispo County Behavioral Health Services Department, providing services in San Luis Obispo County as described below:

The **San Luis Obispo County Behavioral Health Services Department** operates the San Luis Obispo County Inpatient Unit in San Luis Obispo. This facility is located approximately thirty (30) miles from Santa Maria and provides acute psychiatric hospitalization services. Acute psychiatric hospitalization

services include psychiatric, psychological, counseling and nursing services provided by licensed practitioners with training and/or experience in their specialty. Rehabilitation and aftercare services are also provided to meet the treatment plan needs of the clients.

Psychiatric Health Facilities (PHFs) were established in 1978 to provide a low cost, high quality alternative to acute hospitalization facilities for individuals with major mental disorders. The State Department of Mental Health currently licenses sixteen PHFs, six of which are owned and operated by private organizations. Ten PHFs are operated by local governments and four are currently certified as psychiatric hospitals in order to receive MediCal and Medicare Funding. The Santa Barbara County PHF has been Federally certified since 1991.

San Luis Obispo County's Inpatient Unit is a Psychiatric Health Facility (PHF) and is involved in the Federal licensure procedure to become certified as a psychiatric hospital able to provide services reimbursable by Medicare and MediCal. This certification will increase the insurance reimbursement for clients admitted to the San Luis Obispo PHF and further reduce the net cost to Santa Barbara County.

Performance Measures. In FY 2003-04, ADMHS opened 700 cases for Santa Barbara County residents to be admitted to involuntary acute psychiatric care facilities. Three-hundred seventeen (317) cases were for North County residents, of which 183 cases were admitted to the Santa Barbara County PHF. The remaining 134 cases were admitted to other hospitals around the state, the majority of which (99) were directed to Vista Del Mar in Ventura, more than 95 miles from Santa Maria. Each of the other admissions (35), were directed to out of county hospitals.

Use of the San Luis Obispo Inpatient Unit will assist ADMHS in meeting **Recurring Performance Measure (RPM) 0219**, to provide 900 hospital bed days per month to individuals in acute crisis. Further, use of these beds would be particularly valuable in that a minimum of three hours transport time would be saved for each admission with an equal amount of staff time being saved for each pick-up after discharge. Given current usage estimates and depending on availability, it is anticipated that approximately 60 Santa Barbara County ADMHS cases per year could be admitted into the SLO Inpatient Unit.

Mandates and Service Levels:

Mental Health Services are mandated by the Welfare and Institutions Code, Section 5600.

Fiscal and Facilities Impacts:

The San Luis Obispo County Inpatient Unit contract will be funded by monies redirected from other acute hospital facilities. The acute services provided by San Luis Obispo County will be covered by Realignment funds and are reflected under Division 3 – Hospital and Jail Services (page D142), Federal & State Revenues and Other Charges for Services.

These actions will not result in a need for any additional facilities.

Special Instructions:

Please execute each of the four (4) original copies of the contract and attach an endorsed minute order copy to each contract. Then send to:

Alcohol, Drug & Mental Health Services
ATTN: Dana Fahey, Contracts Analyst
300 N. San Antonio Road
Santa Barbara, CA 93110

Concurrence:

Auditor-Controller
Risk Management