



COUNTY OF SANTA BARBARA CALIFORNIA

May is Mental Health Month – Proclamation

WHEREAS, May of 2023 is recognized as Mental Health Month in Santa Barbara County to enhance public awareness of mental health and dispel the stigma surrounding it.

WHEREAS, Mental health challenges are one of the most common health conditions in California, affecting one out of six adults and impacting both the person experiencing mental health challenges and those persons who care and love the person facing the challenge; and

WHEREAS, One out of every twenty-four Californian’s with a serious mental illness have difficulty functioning in everyday life and if left untreated, have life expectancies 25 years shorter than the general population; and

WHEREAS, Every day, millions of people face stigma related to mental health and may feel isolated and alone, going years before receiving any help; and

WHEREAS, Recovery can and does happen, and all Californians should know that support and help is available regardless of any individual’s situation; and

WHEREAS, Creating a community where everyone feels comfortable reaching out for the support they deserve is crucial to ending the stigma around mental health; and

WHEREAS, Access to support and ending the stigma is of paramount importance; and

NOW THEREFORE, BE IT AND IT IS HEREBY ORDERED AND RESOLVED that this Board of Supervisors wishes to enhance public awareness of mental health and recognizes May as Mental Health Month in Santa Barbara County.

PASSED AND ADOPTED by the Board of Supervisors of Santa Barbara County, State of California, this 2nd day of May 2023, by unanimous vote of all members present.



ATTEST:

Mona Reyesato
Clerk of the Board

Das Williams
Supervisor - 1st District

Lawrence
Supervisor - 2nd District

John
Supervisor - 3rd District

Bob
Supervisor - 4th District

Stacy
Supervisor - 5th District