

# SANTA BARBARA COUNTY BOARD AGENDA LETTER



Clerk of the Board of Supervisors  
105 E. Anapamu Street, Suite 407  
Santa Barbara, CA 93101  
(805) 568-2240

**Agenda Number:**  
**Prepared on:** 07/24/2005  
**Department Name:** Alcohol, Drug & Mental Health  
**Department No.:** 043  
**Agenda Date:** 08/09/2005  
**Placement:** Administrative  
**Estimate Time:**  
**Continued Item:** NO  
**If Yes, date from:**

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**TO:** Board of Supervisors

**FROM:** James L. Broderick, Ph.D., Director  
Alcohol, Drug & Mental Health Services

**STAFF CONTACT:** Carrie Topliffe, ADMHS Assistant Director - Administration  
805.681.5231

**SUBJECT:** Family Service Agency, Child Abuse Listening & Mediation, Inc., and Sojourn Services, Inc., Contract Amendments

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## Recommendation(s):

1. Approve and execute a contract amendment in the amount of \$633,600, with Family Service Agency, (FSA) a local vendor, to continue providing psychiatric services to seriously emotionally disturbed children. The new contract term is from July 1, 2004, through June 30, 2006, and the new total contract amount will be \$1,427,600.
2. Approve and execute a contract amendment in the amount of \$829,150, with Child Abuse Listening and Mediation (CALM), a local vendor, to continue providing psychiatric services to seriously emotionally disturbed children and their families. The new contract term is from July 1, 2004, through June 30, 2006, and the new total contract amount will be \$ 1,634,150.
3. Approve and execute a contract amendment in the amount of \$1,285,500, with Sojourn Services, Inc., (Sojourn), a local vendor, to continue providing psychiatric services to seriously emotionally disturbed children and their families. The new contract term is from July 1, 2004, through June 30, 2006, and the new total contract amount will be \$ 2,533,500.
4. Authorize the Director of ADMHS to approve amendments to the proposed contracts, provided that any such amendments do not exceed ten percent (10%) of the contract's dollar amount

## Alignment with Board Strategic Plan:

The recommendation(s) are primarily aligned with Goal No. 2. A Safe and Healthy Community in Which to Live, Work and Visit.

## **Executive Summary and Discussion:**

**Family Service Agency, (FSA)** provides Intensive In-Home and Intensive In-School Services, CRIS/Help Line, and Intensive In-School with students in the Lompoc Unified School District.

The Intensive In-Home and Intensive In-School Services program involves four Master's level counselors, as part of a multi-disciplinary team, providing services to severely emotionally disturbed youth and their families. These youth are referred by the school and family Care Coordination Service Plan is created. The goal is to reduce or prevent the number of out-of-home placements in the Lompoc and Santa Maria areas.

Intensive In-School Services are provided to identified and eligible elementary and secondary level children and youth throughout the Lompoc Unified School District who are Medi-Cal eligible. In FY2004-05, FSA served 430 individual clients providing almost 1,000,000 minutes of mental health services.

The CRIS/Help Line, now referred to as "211", is Santa Barbara County's only 24-hour, bilingual information and referral and crisis intervention hotline. With the capability to connect calls directly to 911, law enforcement, or the MHAT Team, the 211 Help Line provides after-hours suicide prevention services as well as after-hours support to callers in crisis. The 211 Help Line is designated to provide services as part of a national initiative to provide health and human service information to callers throughout the country. This free service is designed to reduce unnecessary calls to 911 and 411, especially during a disaster. During FY 2004-05, approximately 10,000, calls were received. Of those, approximately thirty-seven percent (37%) were substance abuse or mental health related. In addition, the CRIS website provides residents and service providers with free information regarding all health and human service organizations throughout the county. The website received approximately 30,000, unduplicated visits to obtain information regarding health and human service organizations.

**CALM** provides mental health treatment services to Medi-Cal eligible children experiencing severe emotional disturbances (SED). These services include family therapy, individual therapy, school based therapy and therapeutic foster care treatment. Family therapy focuses on the needs of the individual in relation to their family. Individual therapy is designed to provide a goal-directed therapeutic intervention with the client that focuses on the client's mental health needs. School based services are those Medi-Cal eligible services provided to the client in a school environment. Therapeutic foster care treatment provides therapeutic treatment services to children in foster care that will help them to remain in their placements. CALM has served two hundred thirty one (231) clients during FY2004-05, delivering a total of 423,438 minutes of services.

**Sojourn** provides mental health treatment services county-wide to children and their families in their natural environments (home, school, recreational etc.). These services offer mental health assessment and evaluation, individual and family therapy, case management, individual and family rehabilitation services. Services are provided by an interdisciplinary team of licensed clinical staff, child developmental specialists, and occupational therapists who are bi-lingual and bi-cultural. Sojourn's service delivery is based upon a combination of service providers including county partners, family members, and other community agencies (Child Welfare Services, Head Start, Santa Barbara County Office of Education, family daycares and other private preschools). Services provided to children under this contract are reimbursable through Medi-Cal and state EPSDT funding.

During the FY 2004/05, Sojourn provided more than 492,000 minutes of individualized care to 231 children (birth to six years) with severe emotional disturbance (SED), and their families, in their natural environments (home, school, recreational etc.). Sojourn has developed partnerships with the Early Childhood Mental Health Collaborative, the CWS program Family-to-Family, and Santa Barbara County Office of Education. Sojourn's services significantly contribute to avoiding out-of-home placement, maintaining families and working toward reunification plans with families.

Your Board is now requested to approve the amendments to the **Family Service Agency, CALM, and Sojourn** contracts. Approval of these contracts allows for continued care to the County's seriously emotionally disturbed children.

**Outcomes:**

The **Family Service Agency, CALM, and Sojourn** contracts will assist ADMHS in meeting **Recurring Performance Measure (RPM) 214**, to provide effective mental health services to 2,450 youth and their families.

**Mandates and Service Levels:**

Mental Health Services are mandated by the Welfare and Institutions Code, Section 5600.

**Fiscal and Facilities Impacts:**

The **Family Service Agency, CALM, and Sojourn** contracts are funded from Medi-Cal/EPSDT revenues reimbursed to the county. These are identified in the FY 2005-06, Proposed Budget, line item 7460, in the Children's Services Division, State and Federal Revenue, page D-156.

These actions will not result in a need for any additional facilities.

**Special Instructions:**

Please send one (1) fully executed copy of each contract amendment and endorsed minute order to:

Alcohol, Drug & Mental Health Services  
ATTN: Dana Fahey, Contracts Analyst  
300 N. San Antonio Road  
Santa Barbara, CA 93110

**Concurrence:**

Auditor-Controller  
Risk Management