



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: Behavioral Wellness
Department No.: 043
For Agenda Of: July 12, 2022
Placement: Administrative
Estimated Time:
Continued Item: No
If Yes, date from:
Vote Required: Majority

TO: Board of Supervisors
FROM: Department Antonette Navarro, LMFT, Director
Director(s) Behavioral Wellness, (805) 681-5220
Contact Info: Suzanne Grimmesey, MFT, PIO/Chief of Strategy and
Community Engagement, Behavioral Wellness, (805) 681-5220
SUBJECT: Behavioral Wellness Mental Health Agreement – Transitions-Mental Health
Association (TMHA) for Fiscal Year (FY) 2022 - 2024

County Counsel Concurrence

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

Auditor-Controller Concurrence

As to form: Yes

Recommended Actions:

That the Board of Supervisors:

- A. Approve and authorize the Chair to execute a multiyear Subrecipient Agreement for Services with **Transitions-Mental Health Association (TMHA)**, a California nonprofit corporation (not a local vendor), for the provision of the LEAD the Conversation program, an outreach, education, and community wellness program to implement the community pandemic impact partnership project, funded by the American Rescue Plan Act (APRA) State Fiscal Recovery Fund and the State Local Fiscal Recovery Fund (SLFRF) for a Maximum Contract Amount not to exceed **\$182,400** for the period of **July 12, 2022** through **September 30, 2023** (Attachment A);
- B. Delegate to the Director of the Department of Behavioral Wellness or designee the authority to suspend, delay, or interrupt the services under the Agreement for convenience per Section 21 of the Agreement; make immaterial changes to the Agreement per Section 27 of the Agreement; amend the staffing requirements of Exhibit A-1 of the Agreement; authorize additional services per Exhibit B-1 of the Agreement, all without altering the Maximum Contract Amount and without requiring the Board's approval of an amendment of the Agreement, subject to the Board's authority to rescind this delegated authority at any time; and
- C. Determine that the above actions are government funding mechanisms or other government fiscal activities, which do not involve any commitment to any specific project that may result in a potentially significant physical impact on the environment and are therefore not a project under

the California Environmental Quality Act (CEQA) pursuant to section 15378(b)(4) of the CEQA Guidelines.

Summary Text:

This item is on the agenda to request the Board of Supervisors to approve and authorize the Chair to execute the multi-year Agreement with **Transitions-Mental Health Association (TMHA)** for the provision of the LEAD the Conversation program, an outreach, education, and community wellness program to implement community pandemic impact partnership project, funded by the American Rescue Plan Act (APRA) State Fiscal Recovery Fund and the State Local Fiscal Recovery Fund (SLFRF). Additionally, the Santa Barbara County Department of Behavioral Wellness (BWell) requests delegation of authority to the Director of the BWell or designee to suspend, delay, or interrupt the services under the Agreement for convenience per Section 21 of the Agreement; make immaterial changes to the Agreement per Section 27 of the Agreement; amend the staffing requirements of Exhibit A-1 of the Agreement; authorize additional services per Exhibit B-1 of the Agreement, all without altering the Maximum Contract Amount and without requiring the Board's approval of an amendment of the Agreement, subject to the Board's authority to rescind this delegated authority at any time.

Background:

The COVID-19 pandemic intensified behavioral health needs across the state, created new barriers for people with mental illness and substance use disorders, and increased the prevalence of mental health conditions. On March 11, 2021, ARPA was signed into law and established the Coronavirus State and Local Fiscal Recovery Funds (SLFRF) program, which provides support to county governments, among others, in responding to the impacts of the COVID-19 pandemic, including those to behavioral health. The County received ARPA SLFRF funds through the County Executive Office (CEO).

In March 2022, BWell was tasked by the County's CEO to conduct a Request for Proposals to fund Community Pandemic Impact Partnership Projects, Community Action (Trained Community Gatekeepers) and Mental Health Education and Skill Development programs with ARPA SLFRF funds. On April 1, 2022, BWell issued a Notice of Intent to Award announcing a contract award to TMHA in the amount of \$182,400 for the implementation of a Community Action (Trained Community Gatekeepers) program. TMHA is a subrecipient of SLFRF funds through this Agreement, and this Agreement is a subaward of SLFRF funds.

"Community gatekeepers" are people who have influence within the community with de-stigmatizing, accessing and utilizing emotional support resources (for example, teachers, community and religious leaders, etc). Community gatekeepers can strongly influence the value systems of those around them. Examples of key industries/businesses that may serve as gatekeepers include personal services (hair, nails), restaurants, pharmacies, primary care providers, surgery centers, coaches, schools, faith-based establishments.

TMHA is a non-profit organization serving San Luis Obispo and (North) Santa Barbara Counties, dedicated to eliminating stigma and promoting recovery and wellness for people with mental illness through work, housing, community, and family support services. TMHA currently has an Agreement for Services of Independent Contractor with BWell for the provision of adult and transition age youth (TAY) specialty mental health services for FY 2021-2024, which the Board approved on June 22, 2021. However, BWell is establishing a separate Agreement for the delivery of these Community Action – Trained Community Gatekeepers services due to the differing funding requirements.

With SLFRF funds, TMHA will implement the "LEAD the Conversation" program, an outreach, education, and community wellness program that provides a combination of evidence-based trainings and community presentations that are delivered primarily by people with lived mental health experience.

These trainings and presentations will deliver mental health education and information targeted to reduce stigma about mental health and equip community gatekeepers with the mental health knowledge and training necessary to identify people with mental health and substance use challenges, respond in a supportive manner, and refer them to local resources. TMHA will organize and provide evidence-based trainings to community gatekeepers, including Mental Health First Aid (MHFA), Youth Mental Health First Aid (YMHFA), and Question, Persuade, Refer (QPR). TMHA’s program will serve the cities of Santa Maria, Lompoc, Guadalupe, and Santa Ynez.

Performance Outcomes:

TMHA:

1. To increase community capacity by providing organizational, business and community development of skills to broadly support the community as well as connect to resources.
 - a. Number of Community Presentations: 3 per quarter/12 per year
 - b. Number of Evidence-Based Trainings: 3 per quarter/12 per year
 - c. Total number of people served (English and Spanish): 200
2. To improve knowledge and awareness of mental health services and supports available. (Measured by usage of pre- and post-surveys)
 - a. 20% Increased familiarity of community mental health services
 - b. 20% Increased motivation to engage in community mental health services
 - c. 20% Increased mental health and substance use knowledge (symptoms), coping skills, and resiliency
 - d. 20% Increased knowledge of suicide warning signs
3. To reduce stigma surrounding behavioral health needs. (Measured by usage of pre- and post-surveys)
 - a. 20% Stigma reduction to seeking mental health services
4. To increase access to and utilization of evidence-based services with broad reach of community members.
 - a. Number of persons provided community mental health and substance use resources: 200

Fiscal and Facilities Impacts:

Budgeted: Yes

Fiscal Analysis:

<u>Funding Sources</u>	<u>Total Cost FY 22-24</u>
General Fund	
State	
Federal	
Fees	
Other: APRA Federal Grant CFDA 21.027	\$ 182,400.00
Total	\$ 182,400.00

Narrative: The above referenced contract is funded by ARPA SLFRF through September 30, 2023. Prior to the expiration of this funding, BWell will identify new possible funding streams to sustain the delivery of these services.

Key Contract Risks:

As with any contract funded by Federal sources, there is a risk of future audit disallowances and repayments through the Federal auditing process. This Agreement includes language providing the County the opportunity to seek legal remedy for repayment of any amounts disallowed in audit findings, minimizing financial risks to County.

Special Instructions:

Please email one (1) Minute Order and one (1) copy of the executed Agreement to Bethany Le at bethle@sbcbwell.org and to the BWell Contracts Division at bwellcontractsstaff@sbcbwell.org.

Attachments:

Attachment A: Transitions-Mental Health Association FY 22-24 ARPA BC

Authored by:

B. Le