| From: | Ana Papakhian |
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| To: | $\underline{\text { Rod Pearson; Haugh, Kristine }}$ |
| Cc: | Laura Capps |
| Subject: | End of Behavioral Wellness Commission Term |
| Date: | Wednesday, November 15, 2023 9:52:34 PM |

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Dear Rod and Kristine,
I'm coming to the end of my three-year term on the Behavioral Wellness Commission. My first meeting was in February 2021. My last meeting will be in January 2024. Thank you for the privilege and opportunity to serve.

The volunteer leadership of Rod, and previously Victoria, has been inspiring. Rod, I thank you for all the work you did to prepare for the meetings, to keep them on track, and to communicate with the commissioners. Our community is a better place due to people like you who are so committed and dedicated to service. And many thanks to Kristine for her stellar organization and attention to details and deadlines that help everything go smoothly.

Being on the commission has been an informative and educational experience. I learned a few acronyms along the way, "BING!" I especially enjoyed hearing from John Doyel - he is a compassionate and sensible asset to the BeWell team. The staff at BeWell are caring and competent - we heard reports from several of them in the three years I served that displayed their devotion to improving the lives of others.

My hope and dream as I leave the commission is that mental health care remains at the forefront of the minds of our county supervisors and our entire community as it is in crisis across this country. I hope the supervisors will do everything they can to support and fund resources that will help people in Santa Barbara County remain healthy. As a former commissioner, I will continue to stay informed and advocate for improved mental health care.

Very gratefully, Ana Papakhian

