



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: ADMHS
Department No.: 043
For Agenda Of: 9-9-14
Placement: Administrative
Estimated Tme: N/A
Continued Item: No
If Yes, date from:
Vote Required: Majority

TO: Board of Supervisors
FROM: Department Takashi Wada, MD, MPH, Interim Director
Director(s) Alcohol, Drug and Mental Health Services, 681-5220
Contact Info: Michael Evans, CFO/Assistant Director of Finance, 681-5220
SUBJECT: ADMHS FY 14-15 Acute/IMD Amendment – Crestwood Behavioral Health Center, Inc.

County Counsel Concurrence

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

Auditor-Controller Concurrence

As to form: Yes

Recommended Actions:

That the Board of Supervisors:

- 1) Approve, ratify and authorize the Chair to execute an Amendment to the Agreement for Services of Independent Contractor with **Crestwood Behavioral Health Center, Inc.** (not a local vendor), an Institution for Mental Disease (IMD), to add IMD-alternative transitional residential rehabilitative Bridge Program services to the original contract for IMD services, without increasing the total contract amount, which is not to exceed \$1,000,000 per year, for a total contract of **\$3,000,000** through June 30, 2017.
- 2) Determine that the above actions are government fiscal activities or funding mechanisms which do not involve any commitment to any specific project which may result in a potentially significant physical impact on the environment, and are therefore not a project under the California Environmental Quality Act (CEQA) pursuant to section 15378(b)(4) of the CEQA guidelines.

Summary Text:

ADMHS is amending this IMD contract with Crestwood Behavioral Health Center (Crestwood) to provide IMD-alternative transitional residential services (Bridge Program), without increasing the total contract amount. Eligible county clients will be able to transition out of IMD placements into the Bridge program, with a high level of support and supervision, while reducing the County's use of Crestwood IMD rate days by 40%.

Background:

Crestwood facilities, located in Kern, Shasta and Santa Clara counties, provide intensive psychiatric mental health treatment, medical assessment, diagnosis, and monitoring, and treatment groups for clients, including those diagnosed with co-occurring disorders, in locked facilities. These skill-building and symptom management services are designed to support clients in returning to community living as soon as possible.

The Crestwood Bridge Program, located in Bakersfield, is an IMD-alternative facility, i.e., an unlocked facility providing highly structured residential programs for clients transitioning out of IMDs. The Bridge Program provides programmatic resources such as Cognitive Behavioral Therapy, Wellness Recovery Action Planning and Dialectical Behavioral Therapy, vocational training programs and dual recovery services to assist the client to prepare for successful re-entry into the community.

Clients in the program are often clients who have traditionally been served in a locked IMD setting, or underserved in a Board and Care setting. Many of these clients may have behavioral challenges such as aggressive behavior, social isolation, self-abuse and other destructive behaviors. They may need continued stabilization, medication education and support in developing and refining independent living skills.

Clients utilizing the Bridge program services are expected to develop and demonstrate the skills needed to support independent living and gradually decrease their need for support as they transition toward personal independence.

Key Contract Risks:

There is risk that the number of contracted IMD and IMD-alternative beds may increase beyond what the department has projected. In that case, ADMHS would return to the Board of Supervisors to request an increases to the contract maximums where needed.

Fiscal and Facilities Impacts:

Budgeted: No

Fiscal Analysis

<u>Funding Sources</u>	<u>Current FY Cost:</u>	<u>Annualized On-going Cost:</u>	<u>Total One-Time Project Cost</u>
General Fund			
State	\$ 1,000,000.00		
Federal			
Fees			
Other:			
Total	\$ 1,000,000.00	\$ -	\$ -

Narrative:

The above referenced contract amendment is funded by State and Federal funds. The funding sources are included in the FY 2014-15 Adopted Budget. Execution of these contracts will not increase the use of general fund dollars by ADMHS.

Special Instructions:

Please send one (1) complete copy of the executed contract and one (1) minute order to:

Alcohol, Drug and Mental Health Services

Attn: Contracts

300 North San Antonio Road, Bldg. 3

Santa Barbara, CA 93110

Attachments:

1. Crestwood Contract Amend 1
2. IMD Board Letter

Authored by:

D.Morales