

Case Plan

Client:	Age:	Date:
FCNI SW:		Program: FFA

Supportive Strengths/Circles of Support

This client...

Targeted Life Areas

Community Supports

Individualized/natural supports accessible to the family within their community of residence i.e. family, friends, church, school, coaches, community groups, agencies, centers.

What is the goal?

Objectives - What needs to happen? (measurable)

Educational Advancement

Educational building blocks (motor skills, reading with child etc.), successful school placement, bringing up grades, educational testing, IEP, Special education, tutor support, applying for financial aid, staying enrolled in school, showing up to school, planning for college/vocational, preparation for graduation, etc.

What is the goal?

Objectives - What needs to happen? (measurable)

Health and Wellness

Physical and mental health needs. Addressing emotional needs such as increasing feelings of well-being, coping with trauma/ERH, increasing positive behaviors, attachment, self-esteem, maintaining sobriety, and use of related services i.e. Mental Health and/or Drug and Alcohol. Physical health needs i.e. nutrition, exercise, accessing healthcare, dental, well checks, etc.

What is the goal?

Objectives - What needs to happen? (measurable)

Employment And Career

Pre-employment skills, interviewing strategies, finding a job, creating a resume, job training programs, exploring career options, motivation to work, reliable transportation, maintaining employment, professional skill development.

Healthy Relationships

Relationships with family, peers and adults, learning to resolve conflict, develop new friendships, setting healthy boundaries, social skills, etc.

What is the goal?

Objectives - What needs to happen? (measurable)

Legal

Formal legal status, court requirements, probation requirements, community service, fines, drug treatment requirements, supervised vs unsupervised time, visitation requirements, etc.

What is the goal?

Objectives - What needs to happen? (measurable)

Life Skills Development

Use of Life Book. Creating self-sustainability i.e. hygiene, cooking, cleaning, goal setting, financial and money management, planning and organizational skills, time management. Obtaining documents and records i.e. birth certificates, social security card, identification, etc. Transportation needs and housing plans.

What is the goal?

Objectives - What needs to happen? (measurable)

Permanency

Establishing and maintaining a stable living environment, stable long standing relationships, identifying child/youth's placement preferences, visitations, essential connections/relationships, etc.

What is the goal?

Objectives - What needs to happen? (measurable)

Parenting Skills

Family and household structure, establishing family rules, use of positive discipline, trauma informed care principals and ERH interventions, nurturing, communication, meeting child's basic needs, prenatal care, child-proofing home, child development education, child care, appropriate supervision, etc.

What is the goal?	Objectives - What needs to happen? (measurable)	
Safety Planning Identifying and managing potential crisis situation management.	s, violence prevention, addressing restraining orders and overall risk	
What is the goal?	Objectives - What needs to happen? (measurable)	
Culture Family/individual unique culture, spiritual, beliefs identity and expression, preferred language, socio	traditions, family heritage, acculturation, sexual orientation/ gender economic considerations	
What is the goal?	Objectives - What needs to happen? (measurable)	
Team Members		
Youth Name (Print)	Signature Date	
Parent/Caregiver (Print)	Signature Date	

 Parent/Caregiver (Print)
 Signature
 Date

 Parent/Caregiver (Print)
 Signature
 Date

 FCNI Social Worker (Print)
 Signature
 Date

 FCNI Supervising Social Worker (Print)
 Signature
 Date

 County Worker (Print)
 Signature
 Date

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