

Review of Capital Resources and Behavioral Health Facilities

August 2016



SANTA BARBARA COUNTY
DEPARTMENT OF
Behavioral Wellness
A System of Care and Recovery

Types of Facilities in the BeWell Continuum of Care

Acute

Facilities with the highest intensity level of medical and nursing support for patients in periods of acute psychiatric need.
(PHF, Vista Del Mar)

Crisis

Facilities with available medical and nursing short term support to bridge individuals during periods of serious psychiatric crisis
(23-hour bed CSU, 30 day Crisis Residential)

Residential

A broad range of licensed facilities that provide varying service intensity levels and longer term stays for clients. Residential Treatment Facilities, MHRC (IMD), Board & Care

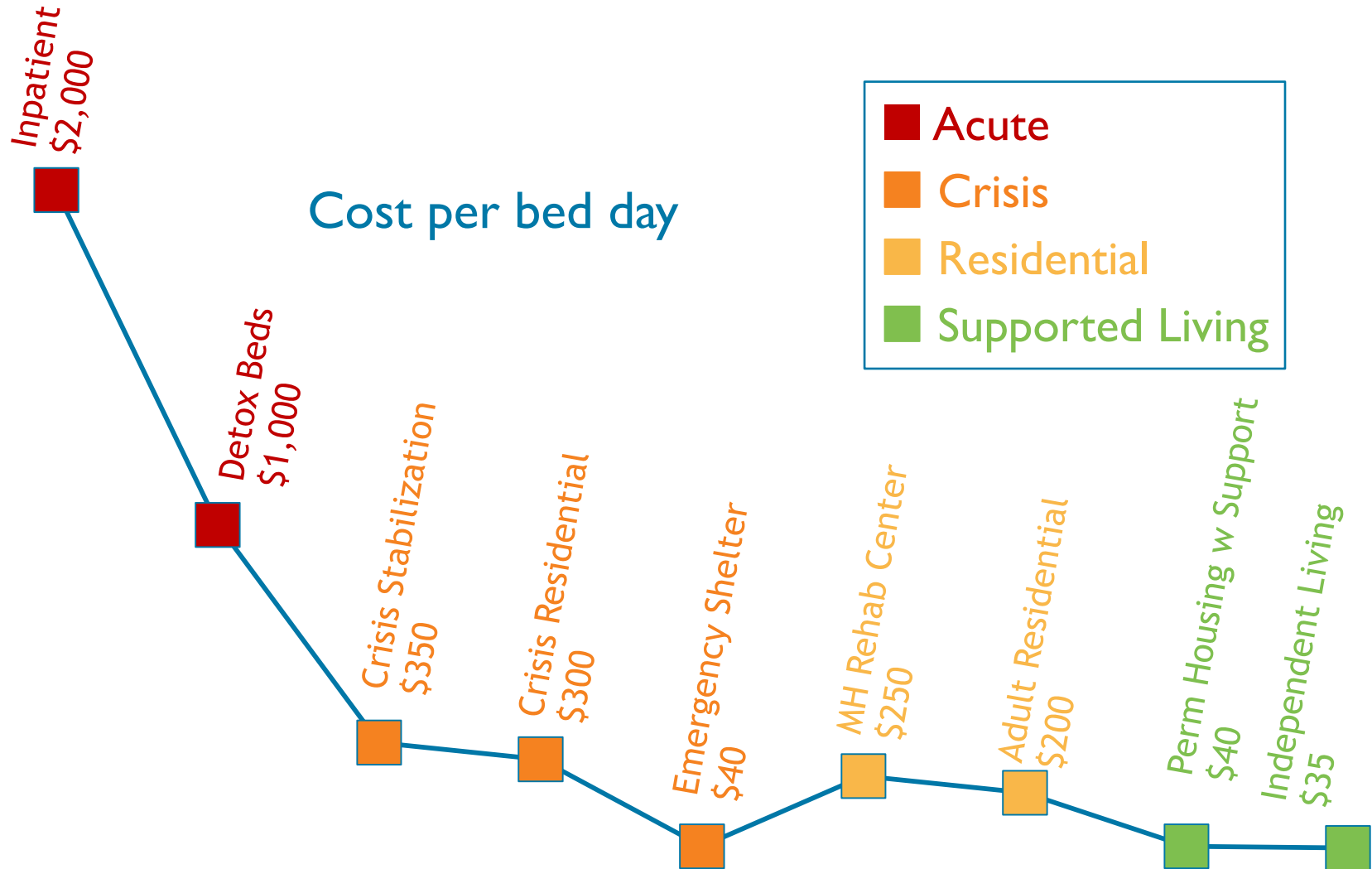
Facilities with lower service intensity levels that may be provided on-site and support clients' recovery and independent living.

Supported Living



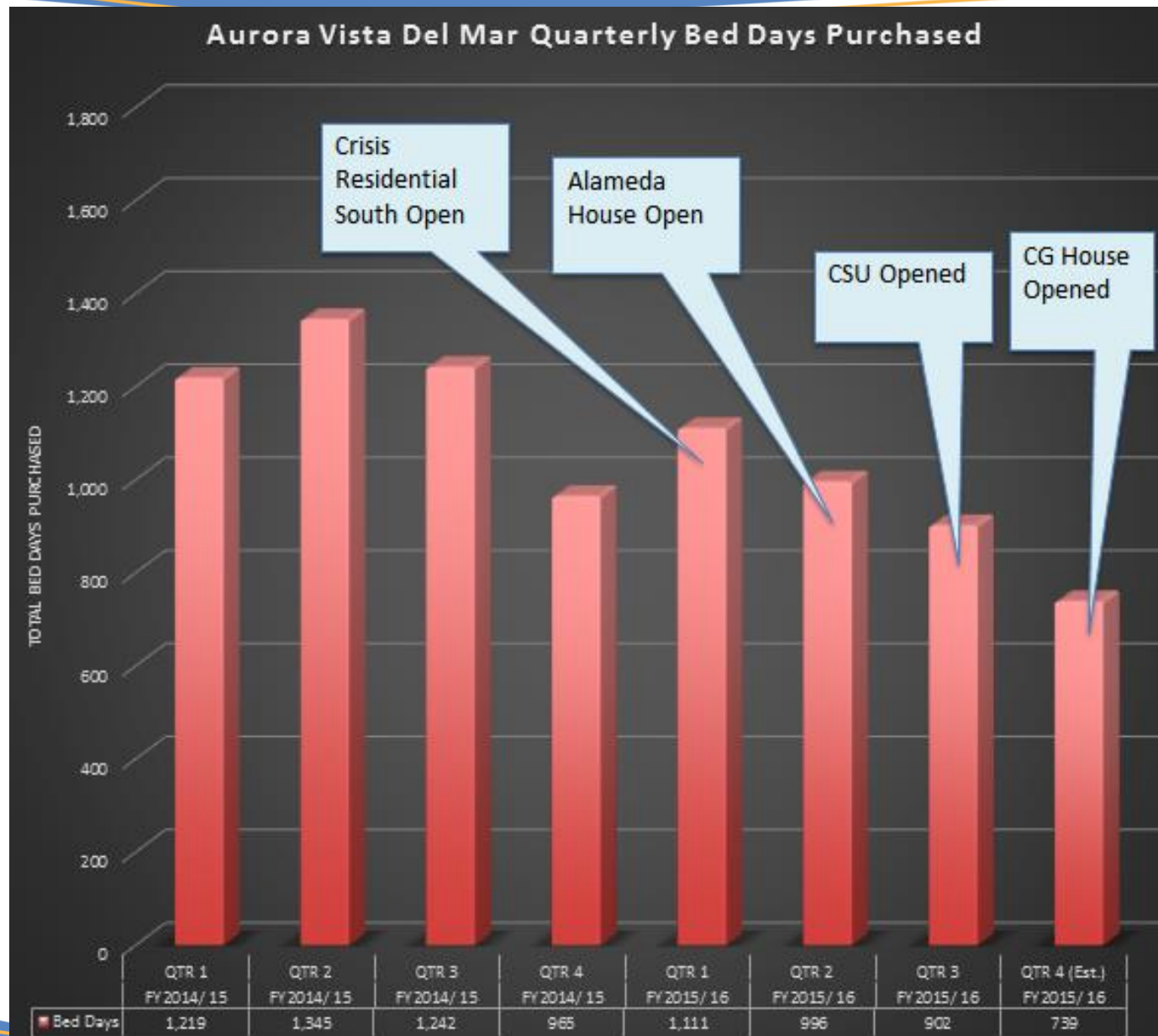
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Facility Cost per Bed/day



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Trend of Acute Bed Usage



Average
Beds

FY14-15
13 per day

FY15-16
10 per day

System of Care – IDEAL

ACUTE

Inpatient
Beds
26

AOD
Detox Beds
4

CRISIS

Crisis
Stabilization
Locked/unlocked
16

Crisis
Residential
28

Emergency Shelter
50

RESIDENTIAL

MH Rehab Center
Locked (IMD)
50

Adult Residential
Facilities
100+

AOD
Residential
(TBD-ODS)

SUPPORTED LIVING

Permanent
Housing with
On-site support
&
Independent Living
Units

240



System of Care – HAVE

ACUTE

Inpatient
Beds
16

AOD
Detox Beds
0

CRISIS

Crisis
Stabilization
8

Crisis
Residential
20

Emergency Shelter
49

RESIDENTIAL

MH Rehab Center
Locked (IMD)
0

Adult Residential
Facilities
38

AOD
Residential
(TBD-ODS)

SUPPORTED LIVING

Permanent
Housing with
On-site support

&

Independent Living
Units

Total
90



System of Care - NEED

ACUTE

Inpatient
Beds
10

AOD
Detox Beds
TBD - ODS

CRISIS

Crisis
Stabilization
8

Crisis
Residential
2

Emergency Shelter
25
*Added 4 in FY 16-17

RESIDENTIAL

MH Rehab Center
Locked (IMD)
50

Adult Residential
Facilities
70+

AOD
Residential
(TBD-ODS)

SUPPORTED LIVING

Permanent
Housing with
On-site support
&

Independent Living
Units
total
150+



Department Priorities



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Acute – Inpatient Beds

Definition:

- Locked
- Facilities with the highest intensity level of medical and nursing support for patients in periods of acute psychiatric illness

Department Proposal	Department Actions/Requests
Establish collaboration with Marian Hospital to support additional beds in county	<p>As Marian Hospital implements their Acute Care facility, collaborate to develop additional MH beds for county clients.</p> <p>Strategy: Shift county funds to support an additional 10+ beds. Operating costs are cost neutral to the ongoing Behavioral Wellness budget as funding would shift from out-of-county to in-county</p>



Crisis - Adult Residential/Board and Care

Definition:

- Unlocked facilities that provide temporary shelter
- May provide intensive nursing and psychiatric supports
- Bridges and transitions patients following a serious psychiatric illness and connects client to continuing services

Department Proposal	Department Actions/Requests
Increase the number of shelter beds in county.	<p>Through the use of MHSA funding and CHFFA grants the department has built (or is in process of building) unlocked Crisis Stabilization Units (CSU) and a Crisis Residential Units in each region of the county. Explore the need for a locked CSU in county.</p> <p>Strategy: Add 25 shelter beds throughout the county. Estimated cost = \$365,000</p>



Residential – Mental Health Rehabilitation Programs (MHRC)

Definition:

- 24-hour locked facility (referred to as IMD).
- Intensive support and structured rehabilitation services
- Program designed to develop residents' skills to and increase independence.
- Considered a lower level alternative to state hospitals

Department Proposal	Department Actions/Requests
<p>*Establish MHRC (IMD) in county to bring people home.</p> <p><i>*Department's top priority</i></p>	<p>Department requests partnerships and collaborations for vendor development and construction of MHRC, which would establish 30 beds in county.</p> <p>Strategy: Shift contract costs for beds out of county. Request is cost neutral to the ongoing Behavioral Wellness budget as the funding for services would shift from out-of-county to in-county and would minimize staff time to transport individuals.</p>

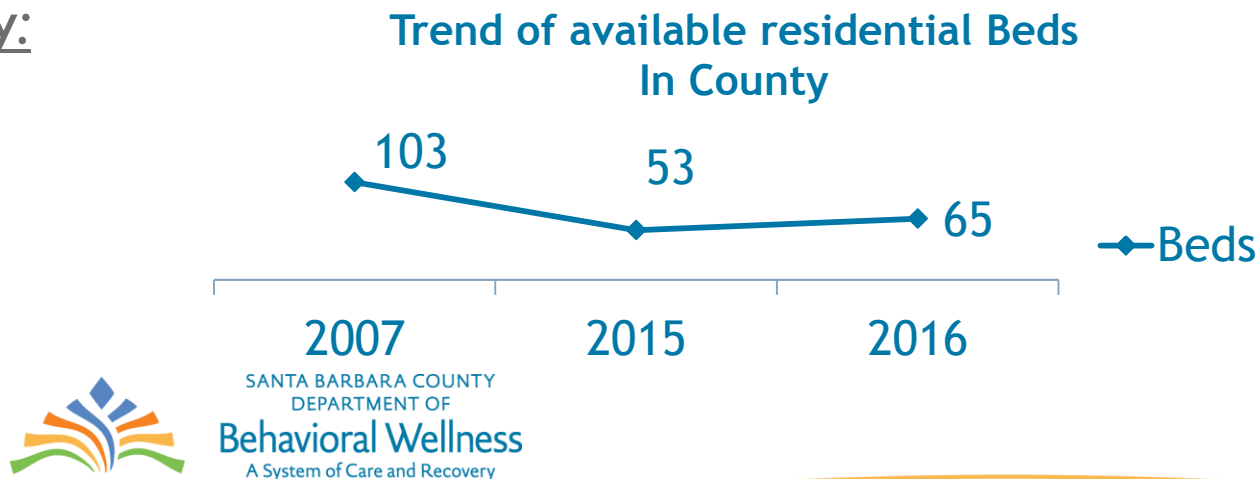


Residential – Adult Residential Facilities

Definition:

- A state licensure category for facilities serving adults 18-59, *receiving* specialty mental health services.
- This licensure category includes a broad range of facilities differing in service level intensities.
- Examples range from out-of-county placements not currently available within county (Psynergy), to local residential treatment (Phoenix), and to smaller facilities with onsite support (Alameda house).

History:



Residential – Adult Residential Facilities (continued)

Department Proposal	Department Actions/Requests
a. Increase number of lower intensity facilities in county targeted to serve homeless and those involved in the criminal justice system.	<p>In FY15-16, with funding allocated from the Board, the Department re-stored 12 of the 50 in county residential beds lost since 2007.</p> <p>Strategy: RFP for facility development. Cost: \$496,000 start-up, admin and operating costs for master leasing scattered site housing.</p>
b. Develop a high intensity and 50-bed capacity facility in-county.	<p>Strategy: Purchase or use existing County-owned land, so that the Department may issue a Request for Proposal (RFP) for vendors willing to bring capital funding to construct and build a high intensity Adult Residential Facility. Operating costs funded by Medical, SSI/SSDI, MHSA, County Contribution. Amount: TBD</p>



Supported Living – Permanent & Independent Living Apartments

Definition:

- **Permanent Housing with Onsite Support:** Unlimited length of stay with some onsite services. *EXAMPLE:* Pescadero Lofts, Homebase on G, Rancho Hermosa, El Carrillo & Residences at Depot St. (in process)
- **Independent Living Units:** Clients reside in private units; Minimal treatment staffing, linked to services that support treatment. *EXAMPLE:* Garden St. Apartments (MWC)

Department Proposal	Department Actions/Requests
Work collaboratively with housing authorities and other funders to create additional permanent housing.	<p>Department is currently collaborating with a local CBO to provide a 5-bed Housing First Model in the City of Santa Barbara.</p> <p>Strategy: \$100,000 startup funding, so that the Department may issue a Request for Proposal (RFP) for vendors willing to master lease and participate in HUD mental health reimbursement programs for an additional 35 Behavioral Wellness clients/beds.</p>

Recommended Action

- a) Receive and file a presentation on Capital Resources and Behavioral Health Facilities for individuals receiving specialty mental health services and substance abuse recovery services from Santa Barbara County Department of Behavioral Wellness.
- b) Direct Behavioral Wellness to work in collaboration with the County Executive Office on the development of a feasibility assessment for implementation of the Capital Resources and Behavioral Health Facilities Report to include but not limited to capital funding strategies, timelines for project implementation and operational costs.
- c) Determine that the above actions are exempt from the California Environmental Quality Act (CEQA) pursuant to section 15378(b)(5) of the CEQA guidelines, as organizational or administrative activities of governments that will not result in direct or indirect physical changes in the environment.

