

## COUNTY OF SANTA BARBARA RESOLUTION PROCLAIMING SEPTEMBER, 2016 "SUICIDE PREVENTION MONTH" IN SANTA BARBARA COUNTY CALIFORNIA

WHEREAS, in the United States, one person dies by suicide every 12.3 minutes, which resulted in 42,773 deaths in 2014; and

WHEREAS, suicide is the second leading cause of death for 15-24 year olds, and is the 10th leading cause of death for people of all ages. However, it is preventable through proper and timely treatment; and

WHEREAS, each person's death by suicide intimately affects at least six other people, with over 200,000 newly bereaved each year; and

WHEREAS, the stigma associated with mental illness is a barrier to suicide prevention by discouraging persons at risk for depression and suicide from seeking life-saving help;

WHEREAS, Suicide Prevention Month is a time to recognize suicide as a national and state public health problem by committing to prevention through the following actions: acknowledging that no single suicide prevention program or effort will be appropriate for all populations or communities; encouraging initiatives based on the goals contained in the National Strategy for Suicide Prevention and the California Strategic Plan on Suicide Prevention; and developing and implementing strategies to reduce the stigma associated with being a consumer of mental health, substance abuse, and suicide prevention services;

NOW, THEREFORE, BE IT AND IT IS HEREBY ORDERED AND RESOLVED that this Board of Supervisors proclaims September as "Suicide Prevention Month" in Santa Barbara County and encourages all residents to participate in planned informational and awareness events that are scheduled throughout the County.

Passed and adopted by the Board of Supervisors of Santa Barbara County, State of California this 20th day of September, 2016 by a unanimous vote of all members present.

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