

COUNTY OF SANTA BARBARA RESOLUTION PROCLAIMING OCTOBER 24th FOOD AWARENESS DAY IN SANTA BARBARA COUNTY AWARENESS DAY IN SANTA BARBARA COUNTY

WHEREAS, October 24th, 2016 is recognized as "Food Awareness Day" which is a time to educate and inform our community about the benefits of eating healthy and nutritious foods; and

WHEREAS, Food Awareness Day is a nationwide celebration of healthy, affordable, and sustainably produced food and a grassroots campaign for better food policies. It builds all year long and culminates on October 24th with events that promote the health benefits of reducing consumption of sugary drinks, overly salted packaged foods, and fatty, factory-farmed meats in favor of vegetables, fruits, whole grains, and sustainably raised protein; and

WHEREAS, the public is invited to attend a Food Day celebration on October 24th at Community Action Commission (CAC) of Santa Barbara County's Back Door Deli located at 315 Camino del Remedio, from 11:00 to 1:00 and celebrate this year's theme "Be Active. Be Healthy."; and

WHEREAS, Food Day challenges individuals and communities across the country to change our diets and our food policies in the effort to improve public health and reduce impacts from diseases associated with unhealthy eating habits; and

WHEREAS, Food Day is a partnership with many public and community based organizations including the County Public Health Department, the Community Action Commission, the Foodbank of Santa Barbara County, Fairview Gardens, Harvest Santa Barbara, IV Food Coop, Chapala Gardens and the Santa Barbara County Master Gardeners;

NOW, THEREFORE, BE IT AND IT IS HEREBY ORDERED AND RESOLVED that this Board of Supervisors proclaims October 24th, 2016 as "Food Awareness Day" in Santa Barbara County and encourages members of the community to participate in planned activities that promote the benefits of healthy eating.

Passed and adopted by the Board of Supervisors of Santa Barbara County, State of California this 18th day of October, 2016 by unanimous vote of all members present.

Supervisor - 1st District

Supervisor - 2nd District

Supervisor - 3rd District

Supervisor - 4th District

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