



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: Behavioral Wellness
Department No.: 043
For Agenda Of: April 3, 2018
Placement: Administrative
Estimated Time: N/A
Continued Item: No
If Yes, date from:
Vote Required: 4/5

TO: Board of Supervisors

FROM: Department Alice Gleghorn, PhD, Director
Director(s) Department of Behavioral Wellness, 681-5220
Contact Info: John Doyel, Alcohol and Drug Program Division Chief, 681-5220

SUBJECT: Behavioral Wellness FY 17-18 Alcohol and Drug Program Contract Increases and Budget Revision Request

County Counsel Concurrence

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

Auditor-Controller Concurrence

As to form: Yes

Recommended Actions:

That the Board of Supervisors:

- A. Approve and authorize the Chair to execute a First Amendment to the Agreement for Services of Independent Contractor with **Aegis Treatment Centers, LLC** (a local vendor), for the provision of narcotic treatment services, to increase the FYs 17-18 and 18-19 contract amounts by \$420,000 each year for a new total Contract amount not to exceed \$12,540,000 through June 30, 2019.
- B. Approve and authorize the Chair to execute a First Amendment to the Agreement for Services of Independent Contractor with **Coast Valley Worship Center DBA Coast Valley Substance Abuse Treatment Center** (a local vendor), for the provisions of substance use disorder services, to increase the contract by \$111,500 for a new total contract amount not to exceed \$1,202,840 through June 30, 2018.
- C. Approve, ratify, and authorize the Chair to execute an Agreement for Services of Independent Contractor with **LAGS Spine and Sportscare Medical Centers, Inc.** (a local vendor) for the provision of substance use disorder services, for a new total contract amount not to exceed \$122,500 for the period of July 1, 2017 through June 30, 2018, inclusive of \$100,000 under

Purchase Order CN21146 but which otherwise cancels, nullifies, and supersedes Purchase Order CN21146.

- D. Approve and authorize the Chair to execute a Third Amendment to the Agreement for Services of Independent Contractor with **Sanctuary Centers of Santa Barbara Inc.** (a local vendor), for the provision of substance abuse use disorder services for dually diagnosed adults, to increase the FYs 17-18 and 18-19 contract amounts by \$83,400 each year, for a new total contract amount not to exceed \$1,085,170 through June 30, 2019.
- E. Approve a Budget Revision Request (BRR#0005494) increasing appropriations of \$480,508 in the Behavioral Wellness Department, Alcohol and Drug Programs Fund for Services and Supplies funded by unanticipated revenue from Drug Medi-Cal, State Aid-Drug Medi-Cal, and 2011 Realignment revenue.
- F. Determine that the above actions are government fiscal activities or funding mechanisms which do not involve any commitment to any specific project which may result in a potentially physical impact on the environment, and are therefore not a project under the California Environmental Quality Act (CEQA) pursuant to section 15378(b)(4) of the CEQA guidelines.

Summary Text:

The above referenced contracts are on the agenda to request approval to increase both Drug and Non-Drug Medi-Cal funds due to unanticipated increased service needs. Approval of the recommended actions will allow Behavioral Wellness to continue to provide mandated substance use and ancillary services.

Background:

Behavioral Wellness is mandated by the California Welfare and Institutions Code to provide services to individuals with substance use issues in Santa Barbara County. Behavioral Wellness provides these services primarily through contracted providers. Services include a narcotic treatment program, and outpatient counseling and drug testing.

Aegis Treatment Centers (Aegis): Aegis operates a Narcotic Treatment Program (NTP) that provides methadone prescribed by a physician to alleviate withdrawal symptoms from narcotics. Aegis also conducts drug screening and provides clients with individual and group counseling. Clients who have substance abuse diagnoses and addictions to opiates receive services that support stabilization, rehabilitation and recovery. Due to unanticipated increases in demand for services, Behavioral Wellness is increasing Aegis' NTP Drug Medi-Cal funds by \$420,000 for FY 17-18 and \$420,000 for FY 18-19 in anticipation of a similar level of services being provided next fiscal year.

Coast Valley Substance Abuse Treatment Center: Coast Valley provides outpatient treatment services including individual and group counseling and drug testing in Santa Maria and Lompoc, and Alcohol and other Drugs (AOD) treatment services which are provided to Drug Medi-Cal (DMC) beneficiaries. In addition, they provide services to clients referred by the Santa Barbara County Drug Court. Due to unanticipated increases in demand for Alcohol and Drug Services for Outpatient Treatment, Behavioral Wellness is increasing Coast Valley's Santa Maria Outpatient Treatment program's Drug Medi-Cal funds by \$111,500 for this fiscal year.

LAGS Spine and Sportscare Medical Centers, Inc. (LAGS): LAGS operates an adult outpatient treatment program in Santa Maria to assist clients with co-occurring substance abuse and mental health issues to obtain and maintain sobriety. Treatment services include best practice outpatient individual and group counseling, drug testing and Naltrexone Medication Assisted Treatment (MAT). MAT is the use of prescription medications, in combination with counseling and behavioral therapies, to provide a whole-person approach to the treatment of substance use disorders (SUD). Naltrexone tablets are for use only by prescribers trained in substance use disorder treatment. Contractor is certified to provide such treatment. Due to unanticipated increased demand for services, Behavioral Wellness is increasing LAGS' Drug Medi-Cal funds by \$22,500 this fiscal year.

Sanctuary Psychiatric Centers (Sanctuary): Sanctuary operates an adult outpatient treatment program to assist clients with co-occurring substance abuse and mental health issues to obtain and maintain sobriety. Treatment services include best practice outpatient individual and group counseling, and drug testing. Through Behavioral Wellness' contract, Sanctuary serves Drug Medi-Cal clients as well as Court-ordered adults referred by Santa Barbara Drug Courts. Due to unanticipated increased need for services caused by the termination of Phoenix of Santa Barbara, Inc., dba Crescend Health's Alcohol and Drug Program contract, Behavioral Wellness is increasing Sanctuary's Non-Drug Medi-Cal funds by \$83,400 for FY 17-18 and \$83,400 for FY 18-19 in anticipation of a similar level of services being provided next fiscal year.

Performance Measures and Outcomes:Aegis Treatment Centers

Aegis Treatment Centers, LLC (ATC) provides outpatient methadone treatment for opioid recovery to an average of 746 clients per quarter. Due to the nature of the treatment they provide, they are closely monitored by State and Federal agencies, in addition to the Department of Behavioral Wellness. ATC maintains a sophisticated Electronic Health Record system, from which they readily produce data for outcome monitoring. Aegis has performed well, having met and/or exceeded three of their four outcome goals.

	Goal	Actual Q1	Actual Q2	Average
Clients will have a complete physical examination	100%	100%	100%	100%
Clients will stop using drugs of abuse other than the prescribed narcotic replacement (for those in Tx =>6 months)	75%	81%	80%	80.5%
Decrease client incarceration rates (for those in Tx =>1 yr)	50%	51%	37%	44%
Successful Completion of Tx (discharges)	20%	37%	38%	37.5%

Coast Valley Substance Abuse Treatment Center

Coast Valley provides Outpatient Drug Free (ODF) treatment to youth and adults in Santa Maria and Lompoc, serving an average of 461 adults and 58 adolescents per quarter. Coast Valley has performed

well in meeting its contract goals, with the exception of clients' successful completion of treatment, which has not always been met.

	Goal	Actual		Average
		Q1 %	Q2 %	
Adult - <u>initiate</u> treatment (15+ days)	90%	95%	96%	95.5%
Adolescents - <u>initiate</u> treatment (15+ days)	90%	91%	88%	89.5%
Adults - <u>engage</u> in treatment (31+ days)	75%	94%	91%	92.5%
Adolescents - <u>engage</u> in treatment (31+ days)	80%	100%	92%	96%
Adults - <u>retained</u> in treatment (91+ days)	45%	74%	66%	70%
Adolescents - <u>retained</u> in treatment (91+days)	50%	86%	60%	73%
Adults - <u>successfully complete</u> treatment	50%	53%	45%	49%
Adolescents - <u>successfully complete</u> treatment	55%	41%	23%	32%

LAGS

LAGS provides Intensive Outpatient Treatment (IOT) services to adults in Santa Maria, serving an average of 39 adults per quarter. LAGS has performed well, having met and/or exceeded three of their four outcome goals.

Outcome	Goal	Actual		Average
		Q1	Q2	
Adult - <u>initiate</u> treatment (15+ days)	90%	100%	100%	100%
Adults - <u>engage</u> in treatment (31+ days)	75%	60%	91%	75.5%
Adults - <u>retained</u> in treatment (91+ days)	45%	20%	46%	33%
Adults - <u>successfully complete</u> treatment	50%	* %	91%	%

* LAGS had data entry errors with regard to discharges/successful completion in Q1. The data are not reported here because they are known to be inaccurate. Department staff worked with LAGS and Q2 data are accurate.

Sanctuary Psychiatric Centers

Sanctuary Psychiatric Centers provides Outpatient Drug Free (ODF) treatment services and Intensive Outpatient Treatment (IOT) for clients with co-occurring disorders. These programs treat some of the most vulnerable and disabled clients, specifically those who have serious psychotic disorders such as schizophrenia, bipolar disorder or schizoaffective disorder, in conjunction with a substance use disorder.

Sanctuary Psychiatric served an average of 116 clients per quarter, and performed very well, achieving and surpassing all outcome goals.

Outcome	Goal	Actual		Average
		Q1	Q2	
Adult - <u>initiate</u> treatment (15+ days)	90%	97%	94%	95.5%
Adults - <u>engage</u> in treatment (31+ days)	60%	83%	100%	91.5%
Adults - <u>retained</u> in treatment (91+ days)	30%	46%	38%	42%
Adults - <u>successfully complete</u> treatment	35%	37%	47%	42%

Fiscal and Facilities Impacts:

Budgeted: No

Fiscal Analysis:

<u>Funding Sources</u>	<u>Current FY Cost:</u>	<u>Annualized On-going Cost:</u>	<u>Total One-Time Project Cost</u>
General Fund			
State	\$ 246,658.00		
Federal	\$ 5,783,872.00		
Fees			
Other:			
Total	\$ 6,030,530.00	\$ -	\$ -

Narrative: The above reference contracts are funded by State and Federal funds. The Budget Revision Request is necessary to increase appropriations for Alcohol and Drug Program (ADP) CBOs' services as a result of the Drug Medi-Cal (DMC) mandate. Behavioral Wellness is requesting an increase in Services and Supplies due to \$637,400 additional DMC and State Realignment services provided by CBOs. These cost increases are funded by \$478,050 in Federal DMC and \$190,000 in State Aid-Drug Medi-Cal revenues. There is no impact to General Fund with this budget revision.

Key Contract Risks:

As with any contract funded by State and Federal Sources, there is a risk of future audit disallowances and repayments.

Special Instructions:

Please send one (1) minute order and executed contracts to: qilopez@co.santa-barbara.ca.us

Attachments:

Attachment A: Aegis FY 16-19 AM1
Attachment B: Aegis FY 16-19 BC
Attachment C: Coast Valley FY 17-18 AM 1
Attachment D: Coast Valley FY 17-18 BC
Attachment E: LAGS FY 17-18 PO to BC
Attachment F: LAGS FY 17-18 CO 1
Attachment G: LAGS FY 17-18 PO CN21146
Attachment H: Sanctuary FY 16-19 AM 3
Attachment I: Sanctuary FY 16-19 AM 2
Attachment J: Sanctuary FY 16-19 AM 1
Attachment K: Sanctuary FY 16-19 BC
Attachment L: BRR #0005494

Authored by: Q. Lopez