

COUNTY OF SANTA BARBARA CALIFORNIA

RESOLUTION PROCLAIMING MAY 2018

MENTAL HEALTH MONTH IN SANTA BARBARA COUNTY

WHEREAS, Approximately 1 in 5 adults in the U.S. or 18.5% — experiences mental illness in a given year and 4.0% of adults experiences à serious mental illness that substantially interferes with or limits one or more major life activities.

WHEREAS, Approximately 1 in 5 youth aged 13–18 (21.4%) experiences a severe mental disorder at some point during their life and 50% of all chronic mental illness begins by age 14;

WHEREAS, Mental illness knows no racial, cultural or economic boundary;

WHEREAS, the Santa Barbara Behavioral Wellness Department annually provides services to approximately 10,000 individuals in our mental health and substance use disorder programs;

WHEREAS, the Santa Barbara Department of Behavioral Wellness and its system partners are committed to providing culturally competent, evidence based treatment within a comprehensive system of care to the mentally ill in Santa Barbara County;

NOW, THEREFORE BE IT RESOLVED AND ORDERED, that the Santa Barbara Board of Supervisors does hereby proclaim the month of May 2018 as Mental Health Month and calls upon all Santa Barbara citizens to fight stigma associated with mental illness and reaffirm commitment to supporting the mental health of all people in Santa Barbara County.

PASSED AND ADOPTED by the board of Supervisors of Santa Barbara County, State of California on the $I^{\rm st}$ day of May 2018 by the unanimous vote of the members present

SEAL

Supervisor - 1st District

Supervisor - 2nd District

Supervisor - 3rd District

Supervisor - 4th District

Supervisor - 5th District

ATTEST: Monn Driges at

COUNTY OF SANIA BARBA GLERK OF THE BOARD OF SUPERVIOUS

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