



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: Behavioral Wellness
Department No.: 043
For Agenda Of: May 15, 2018
Placement: Administrative
Estimated Time: N/A
Continued Item: No
If Yes, date from:
Vote Required: Majority

TO: Board of Supervisors

FROM: Department Alice Gleghorn, PhD, Director
Director(s) Department of Behavioral Wellness 805-681-5220
Contact Info: Chris Ribeiro, Chief Financial Officer
Department of Behavioral Wellness 805-681-5220

SUBJECT: Behavioral Wellness FY 17-18 Amendments and FY 18-19 extension – Institutions for Mental Disease/Residential Mental Health Contracts

County Counsel Concurrence

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

Auditor-Controller Concurrence

As to form: Yes

Recommended Actions:

That the Board of Supervisors:

- A) Approve and authorize the chair to execute the First Amendment to the Agreement for Services of Independent Contractor with **Merced Behavioral Center** (not a local vendor), an Institution for Mental Disease, to increase the FY 2017-2018 contract by **\$119,585** for a total contract amount not to exceed **\$1,769,585** for the period July 1, 2017 through June 30, 2020.
- B) Approve, ratify and authorize the chair to execute a First Amendment to the Agreement for Services of Independent Contractor with **Psynergy Programs, Inc.**, (not a local vendor) for the provision of adult residential mental health services, to increase the FY 2017-2018 contract by **\$87,707** for a total contract amount not to exceed **\$1,861,256** for the period July 1, 2017 through June 30, 2020.
- C) Approve and authorize the chair to execute the First Amendment to the Agreement for Services of Independent Contractor with **Sylmar Health & Rehabilitation Center** (not a local vendor), an Institution for Mental Disease, to increase the FY 2017-2018 contract by **\$264,011** for a total contract amount not to exceed **\$3,564,011** for the period July 1, 2017 through June 30, 2020.
- D) Approve and authorize the chair to execute the First Amendment to the Agreement for Services of Independent Contractor with **Vista Pacifica Enterprises, Inc.** (not a local vendor), an Institution for

Mental Disease and a Skilled Nursing Facility, to increase the FY 2017-2018 contract by **\$113,662** and to extend the term of the Agreement into Fiscal Year 2018-2019 for an additional **\$300,000**, for a total contract maximum amount not to exceed **\$1,026,962** for the period July 1, 2017 through June 30, 2019.

- E) Determine that these activities are exempt from California Environmental Quality Act (CEQA) review per CEQA Guidelines Section 15378(b)(5) since the recommended actions are government administrative activities which do not involve commitment to any specific project which may result in potentially significant physical impact on the environment.

Summary Text:

The Department of Behavioral Wellness provides a continuum of mental health and substance use disorder services to Santa Barbara County residents, in part through contracted providers including Community-Based Organizations (CBOs). Contracts with facilities providing services at various levels of care are key to ensuring that the needs of clients are optimally met. Due to an increased demand for inpatient contracted long-term beds, Behavioral Wellness needs to amend several of its Institutions for Mental Disease (IMD) contracts to increase funding for FY 17-18. These amendments will be funded by savings from underutilized IMD contracts. Two of contracts referred to in the recommendations above are one year contracts and therefore we are also taking this opportunity to extend their terms into the following Fiscal Year. Approval of the recommended actions will allow Behavioral Wellness to continue to provide mandated mental health, substance use, and ancillary services.

Background:

Institutions for Mental Disease (IMD): Behavioral Wellness provides a continuum of services, including inpatient treatment services to best meet the needs of individuals with severe mental illness. IMDs are facilities including hospitals, nursing facilities, or other institutions of more than 16 beds that are primarily engaged in providing diagnosis, treatment, or care of persons with mental illness, including medical attention, nursing care, and related services. Due to the Federal IMD Exclusion, these services are not reimbursable by Medi-Cal for clients between the ages of 21 and 65. There are a limited number of these highly structured residential treatment services in California and none in Santa Barbara County. Behavioral Wellness examines the current caseload and historical use of IMD facilities in order to project the following year's contract amounts within Department's budget constraints. Behavioral Wellness contracts with IMDs that are licensed as Acute Psychiatric Hospitals, Skilled Nursing Facilities with Special Treatment Patches (Sylmar Health & Rehabilitation Center and California Psychiatric Transitions), and Mental Health Rehabilitation Centers. Acute Psychiatric Hospitals (Aurora Las Encinas) are used only for clients with emergency mental health needs who are determined to be a danger to themselves or others or gravely disabled pursuant to Welfare and Institutions Code §5150, and bed rates are significantly higher due to the hospital license, compared with other types of IMDs, which are locked facilities used to treat ongoing psychiatric needs. Due to limited bed availability at each IMD, Behavioral Wellness contracts with a number of IMDs throughout the State.

Behavioral Wellness also contracts with IMD-alternative facilities (Psynergy), which are unlocked facilities providing highly structural residential programs for clients transitioning out of IMDs.

Merced Behavioral Center (Merced), located in Merced County, provides intensive psychiatric mental health treatment, medical assessment, diagnosis, and monitoring in a locked setting. For the first half of the current fiscal year, Merced has consistently held a caseload of 9-10 clients per month. The current funding projections are based on a caseload of 11 clients per month for the second half of the fiscal year.

Psynergy Programs, Inc. (Psynergy), located in the Bay Area, provides residential treatment services to adult clients as a step-down from IMDs. Psynergy works with clients in IMDs to identify clients who may be ready to step down to a lower level of care, then works to step clients down through three progressions of residential care, with the eventual goal of equipping clients to return to Santa Barbara County to live independently. For the first half of the current fiscal year, Psynergy has consistently held a caseload of 11-14 clients. The current funding projections are based on a caseload of 15 clients per month for the second half of the fiscal year.

Sylmar Health & Rehabilitation Center (Sylmar) is a locked facility for adults with severe mental illness located in Los Angeles County. Sylmar provides intensive psychiatric mental health treatment, medical assessment, diagnosis and monitoring, and treatment groups for clients, including those diagnosed with co-occurring disorders. This facility is able to accommodate medically complex or fragile individuals. For the first half of the current fiscal year, Sylmar has consistently held a caseload of 15-18 clients per month. The current funding projections are based on a caseload of 17 clients per month for the second half of the fiscal year.

Vista Pacifica Enterprises, Inc. (VPE) has two California facilities: Vista Pacifica Center located in Jurupa Valley and Vista Pacifica Convalescent in Riverside. Vista Pacifica Center specializes in geropsychology and offers four levels of service for residents that require high levels of supervision such as those whose behavioral and medical needs include: being absent without leave, extremely verbally aggressive or threatening and abusive towards staff and peers. They also include behaviors such as being suicidal, destroying property, and having severe psychosis which requires frequent redirection, counseling, and behavior modification from staff. Vista Pacifica Convalescent specializes in Alzheimer's Care and offers three levels of care: Level A focuses on residents with chronic mental health diagnosis, with active delusions and hallucinations and/or mood swings. Level B focuses on residents with dual diagnoses of Dementia and chronic mental illness with active psychosis. Level C focuses on residents with chronic mental health illness who are not stable on medications. For the first half of the current fiscal year, VPE has consistently held a caseload of 8-10 clients per month. The current funding projections are based on a caseload of 13 clients per month for the second half of the fiscal year.

Fiscal and Facilities Impacts:

Budgeted: Yes

Fiscal Analysis:

<u>Funding Sources</u>	<u>Current FY Cost:</u>	<u>FY 18-19</u>
General Fund		
State	\$ 3,681,807.00	\$ 300,000.00
Federal		
Fees		
Other:		
Total	\$ 3,681,807.00	\$ 300,000.00 \$ -

Narrative: The above referenced contracts are funded by State funds.

Key Contract Risks:

There is risk that the number of contracted IMD and IMD-alternative beds may increase beyond what the department has projected. In this case, the department will return to the Board of Supervisors to request an increase to the contract maximums where needed.

Special Instructions:

Please send one (1) complete copy of each executed contract and one (1) minute order to: qilopez@co.santa-barbara.ca.us.

Attachments:

Attachment A: Merced FY 17-20 Am 1
Attachment B: Merced FY 17-20 BC
Attachment C: Psynergy 17-20 Am 1
Attachment D: Psynergy FY 17-20 BC
Attachment E: Sylmar FY 17-20 Am 1
Attachment F: Sylmar FY 17-20 BC
Attachment G: Vista Pacifica FY 17-19 AM 1
Attachment H: Vista Pacifica FY 17-18 PO to BC

Authored by:

Q.Lopez