



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: Behavioral Wellness
Department No.: 043
For Agenda Of: June 5, 2018
Placement: Administrative
Estimated Time: N/A
Continued Item: No
If Yes, date from:
Vote Required: Majority

TO: Board of Supervisors

FROM: Department Alice Gleghorn, PhD, Director
Director(s) Behavioral Wellness, 681-5220
Contact Info: Pam Fisher, PsyD, Deputy Director of Clinical Operations
Behavioral Wellness, 681-5220

SUBJECT: **Behavioral Wellness - Council on Alcoholism and Drug Abuse, Family Service Agency and Good Samaritan Shelter Services, Inc. FY 18-19 Contract Renewals**

County Counsel Concurrence

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

Auditor-Controller Concurrence

As to form: Yes

Recommended Actions:

That the Board of Supervisors:

- A. Approve and authorize the Chair to execute an Agreement for services of Independent Contractor with the **Council on Alcoholism and Drug Abuse (CADA)** (a local vendor), for the provision of substance use disorder services and children's mental health services, for a total contract not to exceed **\$787,650** for the period July 1, 2018 through June 30, 2019.
- B. Approve and authorize the Chair to execute an Agreement for Services of Independent Contractor with **Family Service Agency** (a local vendor), for the provision of children's mental health services, and substance use prevention services, for a total contract amount not to exceed **\$1,823,133** for the period of July 1, 2018 through June 30, 2019.
- C. Approve and authorize the Chair to execute an Agreement for Services of Independent Contractor with **Good Samaritan Shelter Services, Inc.** (a local vendor), for the provision of substance use disorder and shelter services, for a total contract amount not to exceed **\$1,030,397** for the period of July 1, 2018 through June 30, 2019.

- D. Determine that the above actions are organizational or administrative actions of government that will not result in direct or indirect physical changes in the environment, pursuant to section 15378(b)(5) of the California Environmental Quality Act (CEQA) guidelines.

Summary Text:

The above referenced contracts are on the agenda to request contract renewals for Council on Alcoholism and Drug Abuse (CADA), Family Service Agency (FSA), and Good Samaritan Shelter Services, Inc. (Good Sam) The Santa Barbara County Department of Behavioral Wellness provides a continuum of mental health and substance use disorder services to Santa Barbara County residents, in part through contracted providers including Community-Based Organizations (CBOs). Due to a delay in the implementation of the Organized Delivery System (ODS), Alcohol and Drug Programs (ADP) have been budgeted for a six (6) month allocation. Once the Department implements ODS, ADP portions of FY 18-19 contracts will be either amended or terminated depending on the results of the Residential Treatment Services and Outpatient Treatment Services Request for Proposals. Approval of the recommended actions will allow Behavioral Wellness to continue to provide mandated mental health, substance use, and ancillary services to clients needing care.

Background:

Council on Alcoholism and Drug Abuse (CADA): provides outpatient individual and group treatment services to adults and adolescents, a detoxification program, and a drug prevention program designed for junior and senior high school youth in Santa Barbara and Santa Maria.

Through the Daniel Bryant Youth and Family Treatment Center, CADA provides outpatient Alcohol and Other Drug Treatment services to adolescent clients to assist clients to obtain and maintain sobriety. CADA's Project Recovery provides adolescents with early intervention services to address youth specific development issues, to provide comprehensive and integrated services, involving families and allows youth to remain in the most appropriate, but least restrictive setting within their community. It also provides Screening, Brief Intervention and Referral (SBIRT) component for adolescent clients.

The Residential Detoxification Program offers a 12 bed facility, providing social model monitored residential detoxification services to help clients withdraw from alcohol and or other drugs. Residential detoxification provides a safe, sober and supportive living environment for acute withdrawal and stabilization of clients to achieve sobriety and abstinence.

CADA operates the Carpinteria Support, Treatment, Advocacy, and Referral Team (START). START staff from CADA with expertise in substance abuse and mental health prevention and treatment are assigned to each school in the Carpinteria area to provide mental health services to address mental health services related to learning, behavior, and emotional problems as well as other school issues such as anxiety, bullying, alienation, and disengagement from classroom learning. CADA serves an average caseload of at least 40 clients through the START program. CADA also provides dual diagnosis specialists to the Crisis and Recovery Emergency Services program in Santa Barbara through Mental Health Services Act (MHSA) funding.

Family Service Agency (FSA):

Alcohol and Drug Program Services – FSA provides early intervention prevention services through the Big Brothers, Big Sisters mentoring project in Lompoc, Santa Barbara, and Santa Maria.

Mental Health Services – FSA provides mental health services to children with Serious Emotional Disturbances (SEDs) and their families in the Lompoc and Santa Barbara areas. Services aim to improve client and family functioning and to reduce risk of placement outside of the home or community. FSA also provides individual and group counseling to clients through their School-Based Services program. Additionally, FSA provides brief therapy to adults and children and their families in an outpatient setting.

Good Samaritan Shelter Services, Inc. (Good Samaritan):

ADP Services – Good Samaritan provides services in North County including outpatient individual and group counseling, residential detoxification, and drug testing. Good Samaritan provides perinatal treatment services including transitional living centers and individual and group counseling for pregnant and parenting woman.

Mental Health Services – Good Samaritan provides shelter beds for homeless clients with mental illness and also provides Mental Health staff each in Lompoc and Santa Maria, to provide mental health services to clients residing in Good Samaritan’s residential and temporary shelter programs.

Contract Renewals and Performance Outcomes:

Council on Alcoholism and Drug Abuse (CADA)

CADA has several Alcohol and Drug, and Mental Health funded programs. CADA provides outpatient individual and group treatment services to adults and adolescents, as well as a detoxification program. CADA is projected to provide substance use disorder treatment services to approximately 1,000 clients in FY 18-19.

CADA has performed well on outcome indicators in Q1 and Q2 of FY 17-18.

Alcohol and Drug Services:

Detox: In the detox program, CADA served an average of 43 clients for Quarter1 and Quarter 2. Per their goal, 100% of clients had a negative drug test at discharge. CADA’s detox program exceeded expectations for the percentage of clients admitted to treatment (average 59.5%) and readmission rates within 45 days of discharge (average 93%).

Perinatal: CADA’s perinatal program had one (1) client, total, for both Quarters and successfully graduated her from treatment in Quarter 1. There was a total of four (4) children in Quarter 1 and Quarter 2, born free of alcohol and illicit drugs.

Substance Use Disorder (SUD) Treatment: CADA served an average of 204 adults and adolescents in Outpatient Drug Free (ODF) treatment per Quarter. CADA met or exceeded all outcome goals in both Quarter 1 and Quarter 2.

Outcome	Goal	Actual		Average
		Q1	Q2	
Adult - <u>initiate</u> treatment (15+ days)	90%	96%	96%	96%
Adolescents - <u>initiate</u> treatment (15+ days)	90%	94%	98%	96%
Adults - <u>engage</u> in treatment (31+ days)	75%	96%	96%	96%
Adolescents - <u>engage</u> in treatment (31+ days)	80%	94%	91%	93%
Adults - <u>retained</u> in treatment (91+ days)	45%	68%	60%	64%
Adolescents - <u>retained</u> in treatment (91+ days)	50%	61%	62%	61.5%
Adults - <u>successfully complete</u> treatment	50%	52%	49%	50.5%
Adolescents - <u>successfully complete</u> treatment	55%	64%	71%	67.5%

Mental Health Services:

Support, Treatment, Advocacy and Referral Team (START): Through the START program, CADA served an average of 46 students in Quarter 1 and Quarter 2. START met or exceeded all expectations in Quarter 1 and Quarter 2.

Family Service Agency (FSA)

FSA has several Alcohol and Drug and Mental Health funded programs. FSA provides services throughout the County. Services aim to improve client and family functioning and to reduce the risk of placing a child outside of the home or community. FSA also provides individual and group counseling to clients through their School-Based Services program. Additionally, FSA provides brief therapy to adults and children and their families in an outpatient setting. Since their merger with Santa Maria Youth and Family Service, FSA also began providing Adolescent Substance Use Disorder (SUD) treatment.

Substance Use Disorder (SUD) Treatment: FSA served an average of 26 adolescents in treatment per quarter.

Outcome	Goal	Actual		Average
		Q1	Q2	
Adolescent - <u>initiate</u> treatment (15+ days)	95%	96%	100%	98%
Adolescent - <u>engage</u> in treatment (31+ days)	80%	100%	100%	100%
Adolescent - <u>retained</u> in treatment (91+ days)	50%	n/a	n/a	n/a
Adolescent - <u>successfully complete</u> treatment	55%	n/a	n/a	n/a

Mental Health Services:

FSA provided services to children and youth in the Intensive In-Home (average 53 clients per quarter), Managed Care (average 76 clients per quarter), School-Based Counseling (52 clients per quarter), Helping Others Parent Effectively (HOPE) (average 9 clients per quarter) and Support, Treatment, Advocacy and Referral Team (START) (average 25 clients per quarter) programs.

New Out-of-Home Placements: For all programs, FSA successfully met their goal for the New Out-of-Primary Home Placements outcome in Quarter 1 and Quarter 2. There were no placements in Quarter 1 and one (1) placement in Quarter 2.

Employed, Enrolled in School, or Volunteering: For START and HOPE, 100% clients were enrolled in school, employed or volunteering for Quarter 1 and Quarter 2. Intensive In-Home had an average of 98% (goal 95%), whereas the Managed Care program had an average of 88% (goal 100%) for Quarter 1 and Quarter 2.

Child and Adolescent Needs and Strengths (CANS): This assessment is done as a snapshot of how the client is doing at that point in time. For Quarter 1 and Quarter 2, the Intensive In-Home and START programs, on average, met their goal to have 95% of clients complete at least one (1) CANS assessment. Conversely, for Quarter 1 and Quarter 2, the School Based program client average was 84.5%. This is 10% below their goal. There is an additional goal to have 10% of clients that completed two (2) or more CANS demonstrate a 10% improvement. The Intensive In-Home program met that goal. Whereas, School Based (average -11%) and START programs (average -5%) did not (there is a possibility that data were not entered correctly and this is being addressed).

Incarcerated in Juvenile Hall or Jail: Managed Care, School-Based Counseling and HOPE programs met their goal and did not have any clients incarcerated in Quarter 1 and Quarter 2. The Intensive In-Home program met their goal and only had one (1) client per quarter incarcerated (goal 4% per quarter). The START program met their goal of zero (0) per quarter.

Psychiatric Inpatient Admissions: There were no psychiatric inpatient admissions (an indicator of client stability) in the School-Based Counseling, START, and HOPE programs. The Intensive In-Home program met their goal (goal 1). They had an average of one (1) client admitted into an inpatient facility for Quarter 1 and Quarter 2. The Managed Care program nearly met their goal, <1; they had an average of 1.5 clients for Quarter 1 and Quarter 2.

Stable/Permanent Housing: FSA met their goal for clients that were able to maintain stable/permanent housing. The Intensive In-Home, START and HOPE programs met the goal of 100% in Quarter 1 and Quarter 2. The School Based (average 96%) and the Managed Care (average 94%) programs were not at 100% but met the goal.

Outcome	Goal	Actual		Average
		Q1 %	Q2 %	
Adolescents - <u>initiate</u> treatment (15+ days)	TBD	78.3%	100.0%	90.4%
Adolescents - <u>engage</u> in treatment (31+ days)	80%	83.3%	100.0%	97.5%
Adolescents - <u>retained</u> in treatment (91+days)	50%	58.3%	66.7%	65.8%
Adolescents – <u>successfully complete</u> treatment*	55%	41.7%	100.0%	73.9%

Good Samaritan Shelter, Inc.

Good Samaritan Shelter Inc. (Good Sam) provides shelter, affordable housing, clean and sober living, detox, drug and alcohol treatment, outreach, and education within the community. Good Sam also provides perinatal treatment services including individual and group counseling for pregnant and parenting women. Additionally, Good Sam provides shelter beds for homeless clients with mental illness. Good Sam has generally performed well in the first two quarters of FY 17-18

Detox: Good Sam served an average of 113 clients in the detox program for Quarter 1 and Quarter 2. 100% of clients had a negative drug test result at discharge. Good Sam’s detox program exceeded their goals for percentage of clients that completed at least 5 days of treatment (average 80%), clients admitted to treatment upon discharge (average 88%), and clients discharged from detoxification treatment who were not readmitted within 45 days of treatment (average 98.5%).

Perinatal: Good Sam successfully graduated 60% of female clients from the perinatal treatment program during from Quarter 1 and Quarter 2, falling 10% short of their goal. There were a total of nine (9) births in Quarter 1 and Quarter 2, and 100% of the babies were born free of alcohol and illicit drugs.

Transitional Living Programs: Good Sam’s goal was to have 75% of their clients complete a minimum of 30 days in the Transitional Living Center to reduce detoxification readmission rates. An average of 68% of clients completed 30 days for Quarter 1 and Quarter 2. 100% were enrolled in detoxification and engaged in one or more activities such as vocational training, 12-step programs and volunteering.

Substance Use Disorder (SUD) Treatment: On average, each quarter, Good Sam served 104 adults in treatment. Good Sam met or exceeded all outcome goals in both Q1 and Q2.

Outcome	Goal	Actual		Average
		Q1	Q2	
Adult - <u>initiate</u> treatment (15+ days)		91%	94%	92.5%
Adults - <u>engage</u> in treatment (31+ days)	75%	70%	77%	73.5%
Adults - <u>retained</u> in treatment (91+ days)	45%	47%	55%	51%
Adults - <u>successfully complete</u> treatment	50%	67.5%	65.5%	66.5%

Fiscal and Facilities Impacts:

Budgeted: Yes

Fiscal Analysis:

Funding Sources	Current FY 18-19	Annualized	Total One-Time
	Cost:	On-going Cost:	Project Cost
General Fund			
State	\$ 1,820,590		
Federal	\$ 1,820,590		
Fees			
Other:			
Total	\$ 3,641,180.00	\$ -	\$ -

Narrative: The above reference contracts are funded by State and Federal funds. The funding sources are included in the FY 18-19 Proposed Budget.

Key Contract Risks:

As with any contract funded by State and Federal sources, there is a risk of future audit disallowances and repayments. Behavioral Wellness contracts include language requiring contractors to repay any amounts disallowed in audit findings, minimizing financial risks to the County.

Special Instructions:

Please email one (1) complete executed contract and one (1) minute order for each vendor to qilopez@co.santa-barbara.ca.us.

Attachments:

Attachment A: CADA FY 18-19 BC

Attachment B: FSA FY 18-19 BC

Attachment C: Good Sam FY 18-19 BC

Authored by:

Q. Lopez