



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: Behavioral Wellness
Department No.: 043
For Agenda Of: June 19, 2018
Placement: Administrative
Estimated Time: N/A
Continued Item: No
If Yes, date from:
Vote Required: Majority

TO: Board of Supervisors

FROM: Department Alice Gleghorn, PhD, Director
Director(s) Behavioral Wellness, 681-5229
Contact Info: Pamela Fisher, PsyD, Deputy Director of Clinical Operations

SUBJECT: Behavioral Wellness FY 18-19 Contract Renewals – Anka Behavioral Health, Mental Wellness Center, and Transitions Mental Health Association

County Counsel Concurrence

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

Auditor-Controller Concurrence

As to form: Yes

Recommended Actions:

That the Board of Supervisors:

- A. Approve and authorize the Chair to execute an Agreement for Services of Independent Contractor with **Anka Behavioral Health, Incorporated** (not a local vendor), for the provision of children's mental health services, for a total contract amount not to exceed **\$2,970,618** for the period of July 1, 2018 through June 30, 2019, and.
- B. Approve and authorize the Chair to execute an Agreement for Services of Independent Contractor with **Mental Health Association in Santa Barbara County** (dba Mental Wellness Center) (a local vendor), for the provision of adult mental health services, for a total contract amount not to exceed **\$2,041,075** for the period of July 1, 2018 through June 30, 2019; and
- C. Approve and authorize the Chair to execute an Agreement for Services of Independent Contractor with **Transitions Mental Health Association** (a local vendor), for the provisions of adult mental health services, for a total contract amount not to exceed **\$2,574,827** for the period of July 1, 2018 through June 30, 2019. and
- D. Determine that the above action are organizational or administrative activities of government that will not result in direct or indirect physical changes in the environment, pursuant to section 15378(b)(5) of the California Environmental Quality Act (CEQA) guidelines.

Summary Text:

This item is on the agenda to request authorization to renew three mental health contracts: Anka Behavioral Health, Incorporated (Anka), Mental Health Association in Santa Barbara County (dba Mental Wellness Center (MWC)), and Transitions Mental Health Association (TMHA). The Santa Barbara County Department of Behavioral Wellness provides specialty mental health services to Medi-Cal beneficiaries and other individuals to the extent resources allow, in part through contracted services. Approval of the recommended actions will provide for various specialty mental health services to children and adults with serious emotional disturbances (SED), including mental health services such as therapy and rehabilitation services.

Background:

Anka Behavioral Health, Inc. (ANKA) operates the 12-bed Crisis Respite Residential House in Santa Maria and the 8-bed Crisis Respite Residential House in Santa Barbara. In FY 18-19, Anka will begin operations in a new 10-bed Crisis Respite House also located in Santa Maria. A Crisis Respite Residential House is a safe and therapeutic environment where residents will be assisted to: stabilize the symptoms of mental illness and co-occurring conditions; gain skills to manage his or her condition more effectively; make progress on the path to personal recovery; and engage community supports that will enable him or her to leave the facility, participate fully in necessary follow-up treatment, and improve networks of support for community life, including linkage to community services.

This program provides crisis respite and intervention services, and also provides individuals connections with ongoing services and supports. The services are provided 24 hours per day, 7 days per week and 365 days per year. Services are provided to adults in crisis due to mental health or co-occurring substance abuse conditions. The facility is voluntarily accessed by clients who are motivated to obtain help to recover from their current crisis situations and want to learn skills and access community resources to prevent further crisis situations. Residential stays are used as “transitional” experiences for patients re-entering the community from higher levels of care, such as inpatient stay, to reduce the potential for re-hospitalizations.

Mental Health Association in Santa Barbara County (dba Mental Wellness Center (MWC))

MWC provides residential and community mental health services to adults in the Santa Barbara area. MWC’s Family Advocate offers services to families of clients with serious mental illness through education, support and linkage to resources.

MWC currently provides services Intensive Residential through Casa Juana Maria and CG House programs in an Adult Residential Facility providing in-home rehabilitation and support services to residents. MWC also operates Alameda House, a residential program providing an adult housing program for individuals with Serious Mental Illness (SMI). In FY 18-19, MWC will begin providing Adult Housing Supports Intensive Residential services through Polly House.

The De La Vina House provides permanent housing single room occupancy for clients. This program provides greatly needed housing for the chronically homeless individuals who meet the Continuum of Care Shelter Plus care eligibility. Behavioral Wellness Homeless Outreach Worker and other Behavioral Wellness Contract providers refer clients who meet the criteria for placement.

MWC also operates the Santa Barbara Recovery Learning Center that provides Consumer-Led Program that offers peer-support, self-help and connections to community resources, including health and wellness activities, as well as a Computer Lab for clients to have access to computers and learn related skills.

Transitions Mental Health Association (TMHA)

THMA provides an array of mental health services to adults in the Lompoc and Santa Maria areas. The Lompoc Assertive Community Treatment (ACT) program is an evidence-based psychiatric treatment, rehabilitation and support service for clients with serious mental illness who demonstrate the need for this most intensive level of nonresidential community service. The Lompoc ACT program is intended to serve adult and transition-aged youth (aged 16-25) clients in the Lompoc area. Partners in Hope provides outreach, linkage to care and recovery-oriented activities to family members of adults and older adults with serious mental illness in Santa Maria and Lompoc. The Supported Community Services North program provides treatment, rehabilitative and supportive services to clients “in vivo” i.e., in regular community settings (such as home, apartment, job site) to adult clients in the Santa Maria area.

Contract Renewals and Performance Outcomes:

Anka Behavioral Health, Inc. (ANKA)

ANKA operates the 12-bed Crisis Respite Residential House in Santa Maria and the 8-bed Crisis Respite Residential House in Santa Barbara. The programs provide crisis respite and intervention services, 24 hours per day, 7 days per week, 365 days per year. Services are provided to adults in crisis due to mental health or co-occurring substance abuse conditions. There are eight main objectives evaluated quarterly and annually. The summary table below (Q1 only, Q2 not available yet) indicates that five out of the eight objectives were met by Santa Barbara, an improvement from the three objectives met in the previous quarter. Four objectives were met by Santa Maria, which is fewer than the previous quarter. Missing data at discharge improved in Santa Barbara but impacted results in Santa Maria. Evaluators are working with Anka staff in Santa Maria to improve data collection. Evaluation outcomes from both facilities suggest high program satisfaction from clients and staff.

Objective	Met?	Notes
1. Client Satisfaction		
Santa Barbara	Yes	Item responses indicate high levels of client satisfaction
Santa Maria	Yes	Item responses indicate high levels of client satisfaction. Telemedicine services were not evaluated
2. Professional Quality of Life		
Santa Barbara	Yes	Item responses indicate high levels of satisfaction
Santa Maria	Yes	Item responses indicate high levels of satisfaction
3. Client-Reported Symptoms		
Santa Barbara	Yes	Average improvement in symptoms of 52.9%
Santa Maria	No	Almost met; Average improvement in symptoms of 48.9%
4. Clinician-Reported Symptoms		
Santa Barbara	No	Average reduction of 7.4%; Significant missing data at discharge
Santa Maria	No	Almost met; Average reduction in impairment of 46.9%

5. Level of Risk

Santa Barbara	Yes	Significant improvement in level of risk at intake and discharge
Santa Maria	No	No significant difference in level of risk at intake and discharge

6. Housing

Santa Barbara	No	But, significant positive change; 53.1% left the program with stable or permanent housing
Santa Maria	No	But, significant positive change; 61% left the program with stable or permanent housing

7. Outpatient Referrals

Santa Barbara	No	38.5% of clients were connected to outpatient care; 48.7% of clients did not have this information noted
Santa Maria	Yes	89.2% of clients were connected to outpatient care

8. Program Participation

Santa Barbara	Yes	84.6% of clients were fully or partially engaged
Santa Maria	Yes	Objective was functionally met; 74.3% of clients were fully or partially engaged

Mental Health Association/Mental Wellness Center

The Mental Health Association/Mental Wellness Center provides residential and community mental health services to adults at Casa Juan Maria, Alameda House, CG House and De la Vina House.

The average number of unique clients served, per quarter, by programs is:

Casa Juana Maria	Alameda House	CG House	De la Vina House
6	5.5	6	5

Purposeful Activity: All four programs have outcomes related to purposeful activity - clients enrolled in school, employed or volunteering. All but one program met their goal, and Casa Juana Maria nearly met their goal (by 3%).

Stable/Permanent Housing: All four programs have outcomes related to high rates of stable/permanent housing; all four met their goals.

Incarcerations: All four programs have outcomes related to no incarcerations; three met their goal of zero and De la Vina had one.

Inpatient Care: All four programs have an outcome related to no inpatient psychiatric admissions. Two programs had no inpatient admissions, and both of the others each had two.

Transitions Mental Health Association (TMHA)

Transitions Mental Health Association (TMHA) provides mental health services to clients in Lompoc and Santa Maria. The programs provide a combination of wellness and recovery-oriented services to persons with mental illness and their families. In Lompoc, TMHA provides Assertive Community

Treatment (ACT) - an evidenced based multidisciplinary team approach, with assertive outreach to clients in the community.

Average clients Q1 & Q2, 2017-2018	
Lompoc Assertive Community Treatment (ACT)	84
Santa Maria Supportive Community Services	110

Milestones of Recovery Scale (MORS): Clients in the Community Supportive Services program are assessed with the MORS on a monthly basis to monitor their progress towards recovery. Both programs' goal was 50% of clientele would demonstrate improvement in their recovery. Both Lompoc ACT and SM had 100% of clients complete the MORS, both programs did not meet the goal. Twenty-five percent (25%) of Lompoc ACT clients improved overtime and another 43% of clients were stabilized. Twenty-six percent (26%) of Santa Maria SCS clients improved overtime, and another 52% were stabilized.

Incarcerations: Both programs met their goal for low or no incarcerations for both Quarter 1 and Quarter 2.

Inpatient care: The Lompoc ACT program met their goal (<5) for client admissions to psychiatric inpatient programs (average 2.5) for Quarter 1 and Quarter 2. The Santa Maria Supported Community Services program had a goal of less than three (3) per quarter, and met that goal for Quarter 1 and had six (6) clients admitted to inpatient psychiatric for Quarter 2.

Physical health and emergency care: The Lompoc ACT met their goal (10%) for hospitalized clients; the number of physical health-related emergency room visits in Quarter 1 and Quarter 2 (average 4.2% per quarter). The Lompoc ACT program also had less than 1% of clients visit the emergency room per quarter, far less than the projected 15 clients per quarter. The Santa Maria Supported Community Services program met their goal (<4%) for client hospitalizations during Quarter 1 and Quarter 2 (average 2.75% per quarter). The Santa Maria Supported Community Services program nearly met their goal (10%) for client visits to the emergency room, for Quarter 1 and Quarter 2 (average 12.5% per quarter).

Stable and Permanent Housing: Both programs had high percentages of clients in stable/permanent housing for Quarter 1 and Quarter 2. The Santa Maria Supported Community Services program met their goal (95%) to maintain clients in stable/permanent housing (average 99%). The Lompoc ACT program had an average of 90% of clients (goal 93%) in stable/permanent housing.

Purposeful Activity: For Quarter 1 and Quarter 2, the Santa Maria Supported Community Services program met their goal (20%) to have clients employed, enrolled in school or training, or volunteering (average 25% per quarter). The Lompoc ACT program did not meet their goal (20%) of clients employed, enrolled in school or training, or volunteering for Quarter 1 and 2 (average 9% per quarter).

Maintain Clients at Lower Level of Care: The Lompoc ACT and the Santa Maria Supported Community Services programs successfully kept the average number of clients requiring a higher level of care below their goal (10%) for Quarters 1 and 2.

Fiscal and Facilities Impacts:

Budgeted: Yes

Fiscal Analysis:

<u>Funding Sources</u>	<u>Current FY Cost:</u>		
General Fund			
State	\$ 3,793,260.00		
Federal	\$ 3,793,260.00		
Fees			
Other:			
Total	\$ 7,586,520.00		

Narrative: The above referenced contracts are funded by State and Federal funds. The funding sources are included in the Proposed FY 18-19 Budget.

Key Contract Risks:

As with any contract funded by State and Federal sources, there is a risk of future audit disallowances and repayments. Behavioral Wellness contracts include language requiring contractors to repay any amounts disallowed in audit findings, minimizing financial risks to County.

Special Instructions:

Please send one (1) copy of each completely executed contract and one (1) minute order to:
gilopez@co.santa-barbara.ca.us.

Attachments:

Attachment A: Anka Behavioral Health, Incorporated FY 18-19

Attachment B: Mental Wellness Center FY 18-19

Attachment C: Transitions Mental Health Association FY 18-19

Authored by:

Q. Lopez