



BOARD OF SUPERVISORS  
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors  
105 E. Anapamu Street, Suite 407  
Santa Barbara, CA 93101  
(805) 568-2240

**Department Name:** Behavioral Wellness  
**Department No.:** 043  
**For Agenda Of:** January 29, 2019  
**Placement:** Administrative  
**Estimated Time:** N/A  
**Continued Item:** No  
**If Yes, date from:**  
**Vote Required:** Majority

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**TO:** Board of Supervisors

**FROM:** Department Alice Gleghorn, PhD, Director  
Director(s) Behavioral Wellness, 681-5220  
Contact Info: Pam Fisher, PsyD, Deputy Director of Clinical Operations  
Behavioral Wellness, 681-5220

**SUBJECT:** Behavioral Wellness Alcohol and Drug Program – FY 18-21 1<sup>st</sup> Amendment to  
Council on Alcohol and Drug Abuse & Good Samaritan Agreements

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**County Counsel Concurrence**

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

**Auditor-Controller Concurrence**

As to form: Yes

**Recommended Actions:**

That the Board of Supervisors:

- A. Approve, ratify and authorize the Chair to execute a First Amendment to the Agreement for services of Independent Contractor with the **Council on Alcoholism and Drug Abuse (CADA)** (a local vendor), to revise program language for the provision of alcohol and drug Recovery Residence services under the DHCS Substance Abuse Prevention and Treatment Block Grant (SAPT/SABG), add a new program for the provision of DMC-ODS Residential Treatment Services, and increase the contract maximum by \$2,075,200 over the three-year term of the agreement, with a total contract maximum not to exceed **\$5,585,216** for the period December 1, 2018 through June 30, 2021.
- B. Approve, ratify and authorize the Chair to execute a First Amendment to the Agreement for services of Independent Contractor with the **Good Samaritan Shelter Services, Inc. (Good Sam)** (a local vendor), to revise program language for the provision of alcohol and drug Recovery Residence services under the DHCS Substance Abuse Prevention and Treatment Block Grant (SAPT/SABG), add a new program for the provision of DMC-ODS Residential Treatment Services, and increase the contract maximum by \$4,513,361 over the three-year term of the agreement, with a total contract maximum not to exceed **\$12,327,643** for the period December 1, 2018 through June 30, 2021.

- C. Determine that the above actions are organizational or administrative actions of government that will not result in direct or indirect physical changes in the environment, pursuant to section 15378(b)(5) of the California Environmental Quality Act (CEQA) guidelines.

**Summary Text:**

These First Amendments to the CADA and Good Sam agreements are being brought to the Board due to a recent amendment to SAPT/SABG #17-94159 A01 that provided new language regarding the use of SAPT/SABG discretionary funds to cover the cost of room and board services for short term support services for temporary housing for clients who are actively engaged in Substance Abuse treatment services. In addition, both entities have recently been confirmed by DHCS to receive retroactive Drug Medi-Cal DHCS DMC certification as required under DMC-ODS.

Approval of the recommendations will allow Behavioral Wellness to amend the contracts for CADA and Good Sam to utilize SAPT discretionary funds to provide greatly needed Recovery Residences and mandatory DMC-ODS Residential Treatment Services.

**Background:**

The Santa Barbara County Department of Behavioral Wellness provides a continuum of substance use disorder services to Santa Barbara County residents through contracted providers including Community-Based Organizations (CBOs) from funds provided by the Department of Health Care Services (DHCS). DHCS directs local county funding to primary prevention services through a block grant from the Substance Abuse and Mental Health Services Administration (SAMHSA). The SAPT Agreement No. 17-94159 was approved by the Board of Supervisors in December 2017. However, on November 13, 2018 DHCS amended the SAPT/SABG three-year contract to provide modifications to terms and conditions and increased discretionary funds. The SAPT/SABG Amendment 17914159 A01 was approved by the Board of Supervisors at January 15, 2019 BOS Hearing.

The State amended SAPT/SABG language and provided clarification regarding the use of discretionary funding to cover the cost of room and board in counties that enter into state-county Intergovernmental agreement to participate in the DMC-ODS waiver. DHCS and Substance Abuse and Mental Health Services Administration (SAMHSA) have worked together for the inclusion of county administered, SAPT/SABG funded transitional housing as essential recovery support service in California's substance abuse disorder continuum of care. In addition, the Board approved the Behavioral Wellness DMC-ODS Agreement on October 2018.

Due to changes to both of these agreements, Behavioral Wellness is needing to amend both CADA and Good Sam's contracts to incorporate and comply with the new SAPT/SABG and the DMC-ODS regulations. This amendment provides the program revisions, with further regulatory revisions to follow in a future amendment. CADA provided Residential Detoxification services from July 1, 2018 to November 30, 2018 funded by the DHCS Drug Medi-Cal SUD contract, prior to Behavioral Wellness' approval for DMC-ODS. Under DMC-ODS Residential Treatment Services must now be provided at DMC certified sites. CADA applied for the DMC certification back in early 2018. However, due to delays at DHCS both CADA and Good Sam's certification were delayed.

With the new SAPT/SABG amended contract language, Behavioral Wellness' will replace CADA's Residential Detoxification services with Recovery Residences to meet the new SAPT/SABG regulations. If approved by the Board of Supervisors, CADA will be able to provide recovery support at a 12-bed facility that provides a safe, sober and supportive living environment for clients to achieve sobriety and abstinence. CADA will then transition to providing Residential Treatment Services under DMC-ODS from February 1, 2019 forward, they recently received their DMC certification from the State.

Good Sam was providing Transitional Living services under SAPT/SABG but with the new SAPT/SABG amendment we will also need to amend Good Sam's Statement of Work to cover Recovery Residences to and they will then transition to providing Residential Treatment Services under DMC-ODS from February 1, 2019 forward once DMC certification has been verified with DHCS who has already confirmed the certification and we are simply awaiting the documentation.

Approval of the recommended actions will enable Behavioral Wellness and its subcontractors to receive reimbursement for prevention and treatment services to individuals with substance abuse issues throughout Santa Barbara County and through DMC-ODS with no gaps in service delivery.

### **Contract Renewals and Performance Outcomes:**

**Council on Alcoholism and Drug Abuse (CADA)** - has several Alcohol and Drug, and Mental Health funded programs. CADA provides outpatient individual and group treatment services to adults and adolescents, as well as a detoxification program. CADA is projected to provide substance use disorder treatment services to approximately 1,000 clients in FY 18-19.

### **Alcohol and Drug Services:**

**Detox:** In the detox program, CADA served an average of 40 clients each quarter. Per their goal, 100% of clients had a negative drug test at discharge. CADA's detox program exceeded expectations for the percentage of clients admitted to treatment (average 57.2%) and rates of clients not requiring readmission within 45 days of discharge (average 94.4%).

Outcome	Goal	FY 17/18				FY18/19	Avg
	%	Q1 %	Q2 %	Q3 %	Q4 %	Q1%	%
<b>Detoxify clients from alcohol and other drugs</b>							
1. Clients will have a negative drug test at discharge	<b>100</b>	100	100	100	100	100	<b>100.0</b>
2. Clients admitted to treatment upon discharge	<b>35</b>	58.6	61.3	50.0	59.0	76	<b>66.6</b>
<b>Reduce detoxification readmission rates</b>							
3. Clients discharged from detoxification treatment will not have a readmission within 45 days of discharge	<b>75</b>	95.3	90.7	94.1	97.4	100	<b>97.2</b>

**Perinatal:** CADA's perinatal program served nine clients in FY 17/18 (average of two per quarter). All clients successfully graduated, and nine children were born free of alcohol and illicit drugs. There were no perinatal clients in Q1 of FY 18/19.

Outcome	Goal	FY 17/18				Avg
	%	Q1 %	Q1%	Q3 %	Q4 %	%
<b>Provide SUD treatment for pregnant women</b>						
1. Clients successfully complete treatment	<b>70</b>	100.0	100.0	100.0	100.0	<b>100.0</b>
2. Babies are born free of alcohol and illicit drugs	<b>100</b>	100.0	100.0	100.0	100.0	<b>100.0</b>

**Substance Use Disorder (SUD) Treatment:** CADA served an average of 145 adults and 61 adolescents per quarter in Outpatient Drug Free (ODF) treatment. CADA performed well; they met or exceeded all adult and adolescent outcome goals.

Outcome	Goal	FY 17/18				FY18/19	Avg
	%	Q1 %	Q1%	Q3 %	Q4 %	Q1%	%
<b>Adult - <u>initiate</u> treatment (15+ days )</b>	<b>90</b>	95.6	96.2	96.4	97.4	97.4	<b>96.6</b>
<b>Adolescents - <u>initiate</u> treatment (15+ days)</b>	<b>90</b>	94.0	98.0	92.6	98.2	96.75	<b>95.9</b>
<b>Adults - <u>engage</u> in treatment (31+ days)</b>	<b>75</b>	96.0	95.7	97.5	88.7	100	<b>95.6</b>
<b>Adolescents - <u>engage</u> in treatment (31+ days)</b>	<b>80</b>	93.9	90.5	76.9	100.0	100	<b>92.3</b>
<b>Adults - <u>retained</u> in treatment (91+ days)</b>	<b>45</b>	68.0	59.6	77.5	66.0	72.5	<b>68.7</b>
<b>Adolescents - <u>retained</u> in treatment (91+days)</b>	<b>50</b>	60.6	61.9	46.2	77.8	65.7	<b>62.4</b>
<b>Adults - <u>successfully complete</u> treatment</b>	<b>50</b>	52.0	48.9	67.5	54.7	56.9	<b>56</b>
<b>Adolescents – <u>successfully complete</u> treatment*</b>	<b>55</b>	63.6	71.4	30.8	72.2	62.75	<b>60.2</b>

*\*CalOMS status 1, 2 or 3: successfully completed treatment 1) with or 2) without a referral or 3) left before completion with satisfactory progress.*

**Mental Health Services:**

**Support, Treatment, Advocacy and Referral Team (START):** Through the START program, CADA served an average of 51 students each quarter of 17/18. START met or exceeded all expectations. They had no new out-of-primary home placements, incarcerations, or psychiatric inpatient admissions, 100% of clients were employed, enrolled in school or training, or volunteering, and an average 98.5% per quarter had stable housing. START is a school based program and therefore did not serve students July or August, but did intake and serve 30 students in September.

**Good Samaritan Shelter Inc.** (Good Sam) provides shelter, affordable housing, clean and sober living, detox, drug and alcohol treatment, outreach, and education within the community. Good Sam also provides perinatal treatment services including individual and group counseling for pregnant and parenting women. Additionally, Good Sam provides shelter beds for homeless clients with mental illness. Good Sam performed well in FY 17/18 and the first quarter of FY18/19; they have served an average of 460 clients per quarter.

	FY 17/18					FY18/19
# Unique Clients Served	Q1	Q2	Q3	Q4	TOTAL	Q1
<b>Treatment</b>	201	209	230	226	866	220
<b>Detox</b>	102	124	110	93	429	101
<b>Perinatal</b>	83	71	80	85	319	85
<b>Transitional Living</b>	57	46	51	58	212	57

**Detox:** Good Sam served a total of 429 clients in the detox program in FY 17/18, and 101 clients in the first quarter of FY 18/19. 100% of clients had a negative drug test result at discharge. Good Sam's detox program exceeded the goal for percentage of clients that completed at least 5 days of treatment (goal 75%, performance 86.75%) and greatly exceeded goals for clients admitted to treatment upon discharge (goal 50%, performance 77.5%), and clients discharged from detoxification treatment who were not readmitted within 45 days of treatment (goal 75%, performance average 99.6%).

**Perinatal:** Good Sam successfully graduated 69% of female clients from the perinatal treatment program in FY 17/18 - in essence meeting their goal (70%). There were a total of twenty-two (22) births in FY 17/18, and 6 in Q1 of FY 18/19 and 100% of the babies were born free of alcohol and illicit drugs.

**Transitional Living Programs:** Good Sam's goal was to have 75% of their clients complete a minimum of 30 days in the Transitional Living Center. An average of 77.5% of clients completed 30 days in FY 17/18 and the first quarter of FY 18/19. 100% were enrolled in detoxification and engaged in one or more activities such as vocational training, 12-step programs and volunteering.

**Substance Use Disorder (SUD) Treatment:** Good Sam met or exceeded all treatment outcome goals.

Outcome	Goal	FY 17/18	Q1 FY18/19
Adult - <u>initiate</u> treatment (15+ days)	90%	90%	89.9%
Adults - <u>engage</u> in treatment (31+ days)	75%	75%	78.4%
Adults - <u>retained</u> in treatment (91+ days)	45%	50%	48.6%
Adults - <u>successfully complete</u> treatment	50%	66%	63.2%

**Fiscal and Facilities Impacts:**

Budgeted: Yes.

**Fiscal Analysis:**

<u>Funding Sources</u>	<u>FY 18-19</u>	<u>FY 19-20</u>	<u>FY 20-21</u>
General Fund			
State	\$ 1,894,469.50	\$ 3,530,980.00	\$ 3,530,980.00
Federal	\$ 1,894,469.50	\$ 3,530,980.00	\$ 3,530,980.00
Fees			
Annual Total:	<b>\$3,788,939.00</b>	<b>\$7,061,960.00</b>	<b>\$7,061,960.00</b>
Three Year Total:			<b>\$ 17,912,859</b>

Narrative: The above mentioned contracts increases to the contracts have been budgeted under DMC-ODS and were included in the FY 18-19 Adopted Budget.

**Key Contract Risks:**

As with any contract funded by State and Federal sources, there is a risk of future audit disallowances and repayments. Behavioral Wellness contracts include language requiring contractors to repay any amounts disallowed in audit findings, minimizing financial risks to the County.

**Special Instructions:**

Please email one (1) complete executed contract and one (1) minute order for each vendor to Denise Morales [dmorales@co.santa-barbara.ca.us](mailto:dmorales@co.santa-barbara.ca.us) and [bwellcontractsstaff@co.santa-barbara.ca.us](mailto:bwellcontractsstaff@co.santa-barbara.ca.us).

**Attachments:**

Attachment A: CADA FY 18-21 DMC-ODS BC AM1  
Attachment B: Good Sam FY 18-21 DMC-ODS BC AM1  
Attachment C: CADA FY 18-21 DMC-ODS BC  
Attachment D: Good Sam FY 18-21 DMC-ODS BC

**Authored by:**

D. Morales