



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: Behavioral Wellness
Department No.: 043
For Agenda Of: September 15, 2020
Placement: Administrative
Estimated Time: N/A
Continued Item: No
If Yes, date from:
Vote Required: Majority

TO: Board of Supervisors
FROM: Department Alice A. Gleghorn, PhD, Director
Director(s) Department of Behavioral Wellness, (805) 681-5220
Contact Info: Pamela Fisher, PsyD., Deputy Director of Clinical Operations
Department of Behavioral Wellness, (805) 681-5220
SUBJECT: Behavioral Wellness - Good Samaritan Shelter Fifth Amendment FY 18-21

County Counsel Concurrence

As to form: Yes

Auditor-Controller Concurrence

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

Recommended Actions:

That the Board of Supervisors:

- A. Approve, ratify, and authorize the Chair to execute a Fifth Amendment to the Fiscal Year (FY) 18-21 Agreement for Services of Independent Contractor with Good Samaritan Shelter (a local vendor) (BC 19-152) to add an additional level of service, update Alcohol and Drug Program (ADP) and Mental Health Services (MHS) language to comply with changes to State and Federal regulations and corresponding Behavioral Wellness policies, reallocate unused funds, and decrease the maximum contract amount, inclusive of ADP funds of \$2,582,003 for FY 18-19, \$5,410,976 for FY 19-20, \$6,135,652 for FY 20-21, and \$494,000 in MHS funds for FY 19-21 to not exceed \$14,622,631 from December 1, 2018 through June 30, 2020;
- B. Delegate to the Director of Behavioral Wellness (BeWell) or designee the authority to amend the staffing requirements of a particular program; amend the program goals, outcomes, and measures in Exhibit E; reallocate funds and staff amongst programs; and increase or remove the CMA rate from the MHS schedule of rates for FY 20-21 with no changes to the maximum contract amount without needing to return to the Board for a formal amendment to the Agreement, subject to the Board's authority to rescind this delegated authority at any time; and
- C. Determine that the above actions are government fiscal activities or funding mechanisms, which do not involve any commitment to any specific project which may result in a potentially significant physical impact on the environment and are therefore not a project under the California Environmental Quality Act (CEQA) pursuant to section 15378(b)(4) of the CEQA Guidelines.

Summary Text:

This item is on the agenda to request the Board of Supervisors (Board) to approve, ratify, and authorize the Chair to execute a Fifth Amendment to the Agreement with Good Samaritan Shelter (Good Sam) (BC#19-152) to update language for ADP and MHS; add Medi-Cal 2.1 Level services at Recovery Point for non-perinatal clients to increase network adequacy to ADP; decrease the ADP maximum contract amounts for 19-20 due to unused funds for Proposition 47 Step-Down Housing and the Sobering Center, and reallocate funds to FY 20-21 for Step-Down Housing and the Sobering Center, for an overall decrease of \$103,467 and a new ADP contract maximum of \$14,128,631 for FYs 18-21. Also for MHS B-1, remove the County Maximum Allowable rate for FY 19-20 only and for FY 20-21, reallocate funds for shelter beds to Non-Medical category, along with a change to HMIOT funding for FY 20-21 to Homeless Emergency Aid Program (HEAP) with no change to the MHS maximum contract amount of \$494,000 but with a new overall ADP and MHS contract maximum of \$14,622,631, along with an update to the B-1 and B-2 accordingly and to add Exhibit B-3 ADP Sliding Fee Scale for FY 20-21.

In addition, to delegate to the Director of BeWell or designee the authority to amend the staffing requirements of a particular program and amend the program goals, outcomes, and measures in Exhibit E; to reallocate funding and staffing amongst programs; and to increase or remove the CMA rate from the MHS schedule of rates for FY 20-21, with no changes to the maximum contract amount. Approval of the recommended actions will allow BeWell to enhance the continuum of care to provide enhanced substance use disorder and mental health services for clients in need of care.

Background:

BeWell provides a continuum of mental health and substance use disorder services to Santa Barbara County residents, in part through contracted providers, including Community-Based Organizations (CBOs). BeWell has contracted with Good Sam (BC 19-152) to deliver Alcohol and Drug Program and mental health services from December 1, 2018 through June 30, 2021. Good Sam provides shelter, affordable housing, clean and sober living, withdrawal management, substance use disorder (SUD) treatment, outreach, and education within the community, as well as perinatal treatment services, including individual and group counseling for pregnant and parenting women. They also provide mental health shelter beds for homeless clients with mental illness along with Homeless Clinician services.

On October 16, 2018, the Board approved the Intergovernmental Agreement No. 18-95148 (FY18-21) between DHCS and BeWell to deliver substance use disorder services under the DMC-ODS, effective December 1, 2018. Periodically, there are changes in state and federal program requirements. These changes must be incorporated into the service agreements in order to comply with program requirements.

This Fifth Amended Agreement will update ADP language for compliance with changes to State and Federal regulations and corresponding Behavioral Wellness policies; add to Exhibit A-2 ADP the Medi-Cal 2.1 Level Outpatient services to the Recovery Point location effective July 1, 2020; decrease the ADP maximum contract amounts for 19-20 by \$179,836 due to unused funds for Proposition 47 Step-Down Housing and Sobering Center services and reallocates those funds by \$33,403 to Step-Down Housing and \$42,966 to the Sobering Center for FY 20-21, resulting in a new ADP contract maximum of \$14,128,631 for FYs 18-21, inclusive of \$2,582,003 for FY18-19, \$5,410,976 for FY 19-20 and \$6,135,652 for FY 20-21. For MHS, the amendment will also update language for compliance with changes to State and Federal regulations, as well as remove the County Maximum Allowable rate from the MHS Schedule of Rates and Contract Maximum for FY 19-20 due to the pandemic which affected many Community Based Organizations (CBOs). They are experiencing increased costs to provide services to County's clients through no fault of their own. For FY 20-21 reallocate \$500 in MHS funds for shelter beds to the Non-Medical fund and adds Homeless Emergency Aid Program (HEAP) rather than HMIOT funding as a

source of funds with no change to the MHS maximum contract amount of \$494,000 for FY 19-21 for an overall total maximum contract amount in for ADP and MHS to \$14,622,631, for an overall decrease of the maximum contract amount of \$103,467. It will update the ADP and MHS B-1 and B-2 accordingly, and add Exhibit B-3 ADP Sliding Fee Scale for FY 20-21.

In addition, this amendment will delegate authority to amend the staffing requirements of a particular program and amend the program goals, outcomes, and measures in Exhibit E, reallocate funds and staff amongst programs, and increase or remove the CMA rate without having to return to the Board.

Contract Renewal and Performance Outcomes:

Good Sam performed very well during the FY 19-20 and served the following:

1. Treatment facilities (L1 & L2.1): 708 unique clients. During Q1, the number of adults retained in treatment was slightly lower in L1 and L2.1 per goals set. Same for Q2 at Casa de Familia O/P. Adults retained in treatment were 15.4% with a goal of 45%. However, all other goals for this program were met or exceeded. During Q3, all goals were met or far exceeded in Project Premie L1 & L2.1. Adults retained in treatment at Casa de Familia L1 seems inaccurate at 0%. Also adults initiating treatment was 28.8% with a goal of 80%. During Q4 in Casa de Familia, 14% of adults were retained in treatment with a goal of 45%.
2. Detox/WM facilities (L3.2): 212 unique clients. During Q1, their withdrawal management program met and exceeded 4 of the 5 outcome goals and 100% of clients had a negative drug test at discharge. During Q2, again they met 4 of the 5 outcome goals with 100% of clients abstinent at time of discharge. The goal not met was 'adults not re-admitted within 14 days.' During Q3 in Acute Care Residential (WM), only 65% were abstinent at time of discharge. At Another Road Detox, 78% were abstinent at time of discharge.
3. Perinatal: 28 unique clients. During Q1, they successfully graduated 9 (100%) of female clients from the perinatal treatment program and all (100%) clients were abstinent at discharge and delivered babies born free of alcohol and illicit drugs. During Q2, 3 of the 6 clients were abstinent at time of discharge (50%). During Q3, all goals were met and exceeded with 8 clients successfully graduated from the program and 100% drug free. During Q4, they again met their goals, successfully serving 5 clients who were abstinent at time of discharge.
4. Transitional Living Programs (L3.1): 319 unique clients. During Q1, they met most of their goals—all clients (100%) were enrolled in withdrawal management and all clients (100%) were engaged in one or more activities such as vocational training, 12-step programs, or volunteering. They fell 10% short in just one goal, which was having all clients complete the program in at least 30 days. During Q2, they met and exceeded all goals with 100% of clients abstinent at time of discharge. During Q3 in Recovery Point Acute Care, half were abstinent at the time of discharge. Almost all clients were engaged in treatment (93%). During Q4, in Acute Care Residential (WM), 86% were abstinent at time of discharge in L3.2 WM/Detox. Out of the 28 discharged, 12 were not re-admitted within 14 days (43%) with a goal of 95%. At the Transitional Center, 30 unique clients were served and 26 discharged. Almost all clients were engaged in treatment (97%). There were 88% abstinent at time of discharge, which exceeds their goal of 80%.

New performance outcomes have been added to the contract for the Sobering Center and Step-Down Supported Housing, including:

1. Increased referrals to:

- a. SUD and MH treatment;
- b. Health care services;
- c. Stable housing; and
- d. Other needed community services to assist with self-sufficiency and recovery.

2. Reduce:

- a. Incarcerations;
- b. Psychiatric inpatient admissions; and
- c. Psychological health hospitalization.

All Good Samaritan treatment programs have continued to provide services, however, enrollments have decreased throughout many programs. They have resumed drug testing clients in their outpatient programs, although minimally. In-person individual assessments are minimal as well.

Proposition: Fantastic Quarter 4. Serving 155 persons, the center is a HUB for the most vulnerable during the current pandemic. Proposition 47 did have to reduce capacity to serve 7 persons at a time to ensure appropriate social distancing. The program provided 100% of persons with transportation and/or personal grooming needs and 52% were connected to treatment services. Please note that the goal relating to referrals being made from CREDO 47 Center to Step-Down Housing is 0% because the referrals to that program must come from the Public Defender's Office.

Fiscal and Facilities Impacts:

Budgeted: Yes.

Fiscal Analysis:

<u>Funding Sources</u>	<u>FY 18-19</u>	<u>FY 19-20</u>	<u>Total FY 20-21</u>
General Fund			
State	\$ 1,291,001.50	\$ 2,828,988.00	\$ 3,191,326.00
Federal	\$ 1,291,001.50	\$ 2,828,988.00	\$ 3,191,326.00
Fees			
Other:			
Total	\$ 2,582,003.00	\$ 5,657,976.00	\$ 6,382,652.00
Total FY 18-21			\$ 14,622,631.00

Narrative:

There are no budget impacts. The funding was budgeted and adopted for FY 18-19, 19-20 and 20-21.

Key Contract Risks:

As with any contract funded by State and Federal sources, there is a risk of future audit disallowances and repayments. Behavioral Wellness contracts include language requiring contractors to repay any amount disallowed in audit findings, minimizing financial risks to the County.

Special Instructions:

Please email one (1) complete executed contract and one (1) minute order to dmorales@co.santa-barbara.ca.us and bwellcontractsstaff@co.santa-barbara.ca.us.

Attachments:

Attachment A: Good Sam FY 18-21 BC 19-152 AM 5

Attachment B: Good Sam FY 18-21 BC 19-152 AM 4

Attachment C: Good Sam FY 18-21 BC 19-152 AM 3

Attachment D: Good Sam FY 18-21 BC 19-152 AM 2

Attachment E: Good Sam FY 18-21 BC 19-152 AM 1

Attachment F: Good Sam FY 18-21 BC 19-152

Authored by:

D. Morales