

COUNTY OF SANTA BARBARA CALIFORNIA

RESOLUTION PROCLAIMING SEPTEMBER 2020 NATIONAL RECOVERY MONTH IN SANTA BARBARA COUNTY

WHEREAS, the Santa Barbara County Behavioral Wellness Department provides, in partnership with community-based organizations, a Continuum of Care which includes the prevention, intervention, treatment, and recovery from mental health and substance use challenges promoting the message that behavioral health is essential to wellness; and

WHEREAS, this year's Recovery Month theme "Join the Voices for Recovery: Celebrating Connections" reminds people in recovery and those who support them, that we all have victories to celebrate and things we may wish we had done differently; and, as in most cases, we cannot do it alone; and

WHEREAS, Recovery Month will continue to educate others about substance abuse disorders and cooccurring disorders, the effectiveness of treatment and recovery services, and that recovery is possible; and, all of us throughout our lives have experienced peaks and valleys, both big and small; but, with strength, support and hope from the people we love, we are resilient; and

WHEREAS, Recovery Month promotes the societal benefits of prevention, treatment, and recovery for mental health and substance use disorders; celebrates people in recovery; lauds the contributions of treatment and service providers; and promotes the message that recovery in all its forms is possible; and,

WHEREAS, Recovery Month spreads the positive message that behavioral health is essential to overall health, that prevention works, treatment is effective and people do and can recover; and

WHEREAS, The County of Santa Barbara Behavioral Wellness Department collaborates with partner agencies and community-based organizations in all areas of the county, to assure everyone has an opportunity to achieve and sustain long-term recovery by improving their health and wellness, living a self-directed life, and striving to reach their full potential; and

WHEREAS, we encourage continued collaboration and integration of services to ensure success for individuals and groups who are in long term recovery; and

NOW, THEREFORE, BE IT AND IT IS HEREBY ORDERED AND RESOLVED that this Board of Supervisors proclaims September 2020 as National Recovery Month in Santa Barbara County and encourages all residents to support men, women, youth and their families who are in drug and alcohol addiction treatment and mental health recovery programs throughout our community.

Passed and adopted by the Board of Supervisors of Santa Barbara County, this 15 day of September 2020 by unanimous vote of all members present.

ATTEST: Monnheysato
Clerk of the Board

Supervisor 1st District

Supervisor - 2nd District

Supervisor - 3rd District

Supervisor - 4th District

Supervisor - 5th District