

BOARD OF SUPERVISORS AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors

105 E. Anapamu Street, Suite 407 Santa Barbara, CA 93101 (805) 568-2240

Department Name: Behavioral Wellness

Department No.: 043

For Agenda Of: June 15, 2021
Placement: Administrative

Estimated Time: N/AContinued Item: No

If Yes, date from:

Vote Required: Majority

TO: Board of Supervisors

FROM: Department Pam Fisher, Psy.D., Acting Director

Director: Department of Behavioral Wellness (805) 681-5220

Contact Info: Chris Ribeiro, Chief Financial Officer

Department of Behavioral Wellness (805) 681-5220

SUBJECT: Crestwood Behavioral Health, Inc. Champion Healing Center Mental Health

Rehabilitation Center (MHRC) First Amendment FY 20-24 Service Agreement

County Counsel Concurrence

Auditor-Controller Concurrence

As to form: Yes As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

Recommended Actions:

That the Board of Supervisors:

- A. Approve and authorize the Chair to execute the First Amendment to the Agreement for Services of Independent Contractor with **Crestwood Behavioral Health, Inc.** ("Crestwood"), a Delaware corporation (not a local vendor), BC 20-147, for the provision of additional in-County Mental Health Rehabilitation Center (MHRC) services and to increase the contract amount by \$91,000 for FY 20-21 and by \$365,000 for FY 21-22 for a new, total Maximum Contract Amount not to exceed \$17,356,000, inclusive of \$3,291,000 for FY 20-21; \$4,665,000 for FY 21-22; \$4,400,000 for FY 22-23; and \$5,000,000 for FY 23-24, for the period of October 5, 2020 to June 30, 2024; and
- B. Determine that the above actions are government fiscal activities or funding mechanisms, which do not involve any commitment to any specific project which may result in a potentially significant physical impact on the environment and are therefore not a project under the California Environmental Quality Act (CEQA) pursuant to section 15378(b)(4) of the CEQA Guidelines.

Summary Text:

On October 6, 2020, the Board of Supervisors approved the Agreement with Crestwood Behavioral Health, Inc. for the provision of in-County MHRC services at the Champion Healing Center. This First Amendment to the Agreement requests approval to add a new pilot program that will deliver services for up to two clients who are found incompetent to stand trial on misdemeanor charges and to increase the contract amount by \$91,000 for FY 20-21 and by \$365,000 for FY 21-22. In collaboration with County Justice Alliance staff, this program will help support and facilitate restoration for select clients. Approval of the recommended actions will allow for the provision of these services in-County.

Background:

The Department of Behavioral Wellness (BeWell) provides a continuum of services to County residents, including inpatient treatment services, to best meet the needs of individuals with severe mental illness. Institutions for Mental Disease (IMDs) are facilities, including hospitals, nursing facilities, MHRCs, or other institutions, of more than 16 beds that are primarily engaged in providing diagnosis, treatment, or care, of persons with mental illness, including medical attention, nursing care, and related services.

The Champion Healing Center is the first and only IMD in the County. The Champion Healing Center offers broad opportunities to expand needed mental health services within the County. MHRCs are primarily engaged in providing long-term rehabilitative care for those with mental health issues to develop residents' skills to increase independence. At the Champion Healing Center, Crestwood generally provides three levels of care of increasingly enhanced services for clients at varying acuity levels and requiring a locked service setting. Additionally, Crestwood offers a specialized level of care for clients requiring additional monitoring or medical complexity.

The County currently receives access to a minimum of 32 MHRC beds for County mental health clients in need of long-term rehabilitative care services. The new forensic-focused MHRC pilot program will provide an additional two beds for clients in need of misdemeanor, competency restoration treatment. These individuals will be court-ordered to treatment at the facility. Competency restoration services will include plans as needed to facilitate step-down from the facility or a return to custody. Crestwood will remain in contact regarding all patient care issues with the County Justice Alliance team to ensure plans for care are being met.

Performance Measures:

The Program Goals for Crestwood pertaining to the Champion Healing Center MHRC Service Agreement are: 1) To reduce mental health and substance abuse symptoms for clients, resulting in reduced utilization of involuntary care and emergency rooms for mental health and physical health problems and 2) Assist clients in their mental health recovery process and with developing the skills necessary to lead independent, healthy, and productive lives in the community.

Crestwood has the following Outcomes and Measures:

- Reduce the number of Incarcerations/Juvenile Hall per quarter to 5% or less.
- Maintain the average quarterly percentage of acute psychiatric inpatient admissions at 10% or less.
- Maintain the percent of clients hospitalized for physical health reasons per quarter at 10% or less.
- Maintain the percentage of discharged clients who transitioned to a higher level of care (i.e., State Hospital, locked IMD or long-term stabilization on inpatient unit) due to psychiatric conditions at 15% or lower.

 Maintain the percentage of discharged clients who transitioned to a lower level of care at 85% or more.

In addition to these measures, the new forensically-focused MHRC pilot program will require the goal to be met for select clients to regain competency to stand trial through restoration strategies.

Performance Outcomes:

• During the second and third quarters of FY 20-21, Crestwood served an average of 23 clients with two discharges. All program goals were met and exceeded, with the exception of two: clients with incidents requiring a higher level of supervision averaged 6% with a goal of 5%; and both clients discharged were discharged to a higher level of care (100%) with a goal of 15% or less. There were no clients incarcerated; 6% of clients had inpatient admissions, 6% went to the emergency room for physical healthcare, 3% were hospitalized for physical health concerns. All clients had stable/permanent housing and were engaged in purposeful activities.

Fiscal and Facilities Impacts:

Budgeted: Yes

Fiscal Analysis:

Funding Sources	FY 20-21 Cost	FY 21-22 Cost	FY 22-23 Cost	FY 23-24 Cost	Overall FY 20-24 Cost
General Fund					
State	\$ 3,291,000.00	\$ 4,665,000.00	\$ 4,400,000.00	\$5,000,000	
Federal					
Fees					
Other:					
Total	\$ 3,291,000.00	\$ 4,665,000.00	\$ 4,400,000.00	\$5,000,000	\$ 17,356,000.00

Narrative: The above-referenced contract is funded by State funds. The new forensic-focused MHRC pilot program will be funded by the Community Corrections Partnership (CCP). The CCP operated budget for two beds for FY 20-21 is \$91,000 and for FY 21-22 is \$365,000.

Key Contract Risks:

As with any contract funded by State sources, there is a risk of future audit disallowances and repayments. BeWell contracts include language requiring contractors to repay any amounts disallowed in audit findings, minimizing financial risks to the County.

Special Instructions:

Please email one (1) complete executed Contract and one (1) minute order to abello@sbcbwell.org and bwellcontractsstaff@co.santa-barbara.ca.us.

Attachments:

Attachment A: Crestwood Behavioral Health, Inc. Champion Healing Center FY 20-24 BC First Amendment

Attachment B: Crestwood Behavioral Health, Inc. Champion Healing Center FY 20-24 BC

Authored by: Ana Bello