



**BOARD OF SUPERVISORS
AGENDA LETTER**

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: ADMHS
Department No.: 043
For Agenda Of: 7-6-10
Placement: Administrative
Estimated Tme: N/A
Continued Item: No
If Yes, date from:
Vote Required: Majority

TO: Board of Supervisors

FROM: Department Ann Detrick, Ph.D., Director
Director(s) Alcohol, Drug and Mental Health Services, 681-5220
Contact Info: Marianne Garrity, R.N., ADMHS Deputy Director, 681-5220

SUBJECT: FY 10-11 Adult Mental Health contracts

County Counsel Concurrence

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

Auditor-Controller Concurrence

As to form: Yes

Recommended Actions:

Approve and execute the following contracts and contract amendments for Adult Mental Health Services for the period of July 1, 2010 through June 30, 2011, as follows:

1. Approve and execute a contract with Aurora Vista Del Mar Hospital (not a local vendor) in the amount of \$1,186,250.
2. Approve and execute an amendment to the contract with Crestwood Behavioral Health Centers (not a local vendor) in the amount of \$505,000.
3. Approve and execute an amendment to the contract with Sylmar Health and Rehabilitation Centers (not a local vendor) in the amount of \$240,000.
4. Approve and execute a contract with PharMerica (not a local vendor) in the amount of \$420,000.
5. Approve and execute a contract with JDX Pharmacy (a local vendor) in the amount of \$123,000.
6. Approve and execute a contract with Santa Barbara Neighborhood Clinics (a local vendor) in the amount of \$175,000.

Summary Text:

The above listed contracts and amendments will allow for the continued provision of services to adults with mental illness during FY 10-11.

Background:

Approval of the recommended actions will provide for FY 10-11 for Adult Mental Health Services including acute inpatient psychiatric hospitals services, Institute for Mental Disease (IMD), pharmaceutical providers and mental health services in primary care settings, as follows:

1. **Aurora Vista del Mar** (Aurora Vista), located in Ventura, provides acute psychiatric inpatient hospital services to adults with severe mental illness who cannot be safely treated at a less intensive level of care. Aurora Vista is the primary acute psychiatric inpatient hospital providing services to county clients in need of hospitalization when Santa Barbara County Psychiatric Health Facility (PHF) is at capacity. Individuals are admitted involuntarily if they are determined to be of danger to themselves or others or gravely disabled pursuant to Welfare and Institutions Code §5150, and meet medical necessity criteria, as defined in the California Code of Regulations Title 9 §1820.205. Aurora Vista provides psychiatric inpatient hospital services such as psychiatric assessment, medication management, individual and group psychotherapy, and intensive one to one supervision, as appropriate.

The cost of a bed at Aurora Vista is approximately \$237,250 per year, which represents high cost care that is standard for psychiatric inpatient services. Due to an increased community demand for involuntary psychiatric bed use over the past year, in FY 09-10, ADMHS implemented a contracted capacity of five beds per day at Aurora Vista, which is being continued into FY 10-11, and is reflected in the recommended contract amount. In FY 10-11, ADMHS anticipates providing 1,825 bed days, which is in line with long term trends.

2. **Crestwood**, headquartered in Bakersfield, operates several locked psychiatric facilities that are considered Institutes for Mental Disease (IMD). Crestwood provides intensive psychiatric mental health treatment, medical assessment, diagnosis and monitoring, and treatment groups for clients, including those diagnosed with co-occurring disorders. The services are designed to return the client to community-living through an active daily living and symptom management program. The proposed contract amount will accommodate approximately 2,920 bed days throughout the year.
3. **Sylmar Health and Rehabilitation Center**, located in Los Angeles County, is a locked IMD psychiatric facility for adults with severe mental illness. Crestwood provides intensive psychiatric mental health treatment, medical assessment, diagnosis and monitoring, and treatment groups for clients, including those diagnosed with co-occurring disorders. This facility has a higher staffing ratio in order to accommodate medically complex or fragile individuals. The proposed contract amount will accommodate approximately 1,460 bed days throughout the year.
4. **PharMerica** provides medication for PHF clients and receives reimbursement from the County for Medi-Cal eligible and uninsured clients. Medication administration is necessary to help clients achieve and maintain stability and to alleviate the symptoms of mental illness.
5. **JDX Pharmacy** (JDX) is a pharmacy that ADMHS contracts with to provide psychotropic medications to ADMHS clients within the community. JDX also provides medications to clients with co-occurring mental health and substance abuse issues.

6. **Santa Barbara Neighborhood Clinics (SBNC)** provides accessible, affordable, and comprehensive healthcare services in strategically located health centers located in South Santa Barbara County. SBNC will provide a new program, Integrating Primary and Mental Health Care in Community Clinics, funded through the Mental Health Services Act (MHSA) Prevention and Early Intervention (PEI) plan, recently approved by the State Department of Mental Health. Through the program, SBNC will screen all patients who receive primary care services for trauma and existing and/or emerging mental health conditions. SBNC will provide a Licensed Marriage and Family Therapist and a Nurse Practitioner to provide assessment, treatment, and referral to individuals at risk for the development of a serious mental health condition. Further, the program provides the evidence-based IMPACT model which treats older adults experiencing depression and has been shown to more than double the effectiveness of depression treatment for older adults in primary care settings. At 12 months, about half of the patients receiving IMPACT care reported at least a 50% reduction in depressive symptoms, compared with only 19% of those receiving primary care services. This program will provide screening for all patients of SBNC, estimated at 1,150, and mental health services to an anticipated 240 individuals experiencing emerging mental health conditions.

Performance Measure:

Approval of the recommended actions will help ADMHS meet the following Recurring Performance Measure:

To improve the quality of life for members of the community with serious mental illness (including MHSA clients), the department will provide mental health services to accommodate 5,300 unduplicated adult clients annually.

Fiscal and Facilities Impacts:

Budgeted: Yes

Fiscal Analysis:

<u>Funding Sources</u>	<u>Current FY Cost:</u>	<u>Annualized On-going Cost:</u>	<u>Total One-Time Project Cost</u>
General Fund			
State	\$ 2,518,000.00		
Federal	\$ 131,250.00		
Fees			
Other:			
Total	\$ 2,649,250.00	\$ -	\$ -

Narrative:

These contracts are funded by State revenue. The funding source is identified in the FY 2010-11 Proposed Budget, Federal and State Revenues (page D-168 in the FY 2010-11 County Budget in the Adult Mental Health Division, page D-176 in the FY 2010-11 County Budget in the Inpatient Services Division, and page D-180 in the FY 2010-11 County Budget in the Mental Health Services Act Division). Execution of these contracts and amendments will not increase the use of general fund dollars by the ADMHS Department.

Special Instructions:

Please send one (1) complete copy of each executed contract amendment/agreement and one (1) minute order to:

Alcohol, Drug and Mental Health Services
Attn: Contracts
300 North San Antonio Road, Bldg 3
Santa Barbara, CA 93110

Attachments:

Complete copies of the following FY 10-11 contract amendments and agreements are on file with the office of the Clerk of the Board:

- Aurora Vista Del Mar Hospital
- Crestwood Behavioral Health Center
- Sylmar Health & Rehabilitation Center
- PharMerica
- JDX
- Santa Barbara Neighborhood Clinics