

# BOARD OF SUPERVISORS AGENDA LETTER

**Agenda Number:** 

Clerk of the Board of Supervisors 105 E. Anapamu Street, Suite 407 Santa Barbara, CA 93101

(805) 568-2240

**Department Name:** Behavioral Wellness

**Auditor-Controller Concurrence** 

Department No.: 043

For Agenda Of: June 22, 2021
Placement: Administrative

If Yes, date from:

Vote Required: 4/5

**TO:** Board of Supervisors

**FROM:** Department Pam Fisher, PSY.D., Director

Director(s) Department of Behavioral Wellness, (805) 681-5220

Contact Info: John Doyel, MA, LAADC, Division Chief, Alcohol and Drug

Programs, Department of Behavioral Wellness, (805) 681-5220

**SUBJECT:** Behavioral Wellness - California Institute for Behavioral Health Solutions

Agreement Youth Opioid Response (YOR) Grant Agreement for Fiscal Year (FY)

2020-2021, 2021-2022 and 2022-2023

#### **County Counsel Concurrence**

As to form: Yes As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

## **Recommended Actions:**

That the Board of Supervisors:

- A. Approve, ratify, and authorize the Director of the Department of Behavioral Wellness or designee to execute the California Youth Opioid Response (YOR) Grant Agreement with California Institute for Behavioral Health Solutions (CIBHS), a California not for profit entity (not a local entity), for the provision of prevention, early intervention, treatment, and recovery services for youth and young adults with substance use disorder related to opioids and/or stimulants, in the amount of \$552,000 for the period of March 1, 2021 through August 31, 2022 (Attachment A);
- B. Approve a Budget Revision Request (BRR #0007453) to increase appropriations for FY 2020-2021 by \$143,000 in the Behavioral Wellness Department, Alcohol and Drug Program Fund for Salaries and Benefits (\$82,000) and Services and Supplies (\$45,000) and Capital Assets (\$16,000), funded by unanticipated grant revenue from the YOR grant (Attachment B); and
- C. Determine that the above actions are government funding mechanisms or other government fiscal activities, which do not involve any commitment to any specific project which may result in a potentially significant physical impact on the environment and is therefore not a project under the California Environmental Quality Act (CEQA) pursuant to section 15378(b)(4) of the CEQA Guidelines.

**Summary Text:** California Institute for Behavioral Health Solutions (CIBHS) on behalf of the California Department of Health Care Services (DHCS) awarded Santa Barbara County Behavioral Wellness a Youth Opioid Response (YOR) Implementation Grant in the amount of \$552,000 for the period of March 1, 2021 through August 31, 2022. This item is on the agenda to request the Board of Supervisors (Board) to authorize the Director of the Department of Behavioral Wellness (BWell) or designee to enter into an Agreement with California Institute for Behavioral Health Solutions (CIBHS) to accept the Youth Opioid Response (YOR) grant to provide prevention, early intervention, treatment, and recovery services for youth and young adults with substance use disorder related to opioids and/or stimulants and approve a Budget Revision Request (BRR #0007453) to increase appropriations for FY 2020-2021 by \$143,000 in the BWell, Alcohol and Drug Program (ADP) Fund for Salaries and Benefits, Services and Supplies, and Capital Assets, funded by unanticipated grant revenue from the YOR grant.

#### **Background:**

Due to the rising and national opioid crisis, in 2015 BWell became one of the first in the State to provide a robust overdose prevention and reversal program, distributing over 2,500 Narcan kits and reversing over 1,000 overdoses to date along with the full range of Medication Assisted Treatment (MAT) programs to address the issue. Most adults with opioid use disorders (OUDS) and simulant use disorder (StUDs) start using opioids before the age of 25. With recent changes in the law, youth are no longer being mandated to treatment, and medical necessity criteria for enrollment in treatment programs has become strict. Latinx youth are underrepresented in our substance use disorder (SUD) system of care. Further exacerbating the need for treatment is the persistence of the opioid epidemic. There is a significant increase in methamphetamine use and addiction, and the legalization of cannabis for Latinx youth, which only added to the need for substance use prevention and treatment services.

To address the ongoing opioid crisis and to expand access to improve services for youth ages 12-24, the DHCS allocated \$22 million in grant funds from 2019 – 2021. These grants are funded by the Substance Abuse and Mental Health Services Administration (SAMHSA). The State Opioid Response (SOR) service grant was part of funding from SAMSA. SOR service grant funding was dispersed to DHCS for disbursement, who is turn contracted with CIBHS to oversee the grant process and implementation of the California Youth Opioid Response (YOR) grants. YOR project grants promote programs in which youth with opioid and stimulant disorders can access a continuum of effective youth-specific prevention, early intervention, treatment, and recovery services.

BWell applied for the YOR grant on January 15, 2021 and was awarded a YOR grant in March 2021 as a subgrantee. The Bwell YOR project, named YOR Place will serve 180 unduplicated Transition Age Youth (TAY) ages 12 to 24 youths, with OUD and StUDs with a focus on Latinx youth in the Lompoc Valley. BWell will establish partnerships, protocols, workforce and engagement in YOR California activities to implement the project with a culturally diverse youth advisory subcommittee to ensure the program is youth guided and culturally and developmentally responsive. It will provide outreach and education activities, creating a youth, peer facilitated drop-in center with a full range of integrated services to increase engagement and access to OUD/StUDs treatment. Services will include Screening, Brief Intervention and Referral to Treatment (SBIRT), focused MAT opportunities, and a full range of outreach and care coordination. YOR Place will increase access by offering a safe environment where clients and their families/identified supports, can receive educational information and MAT services in a youthguided, family-oriented environment.

BWell will implement YOR grant with staff cost and rental space funding provide in the contract. We are in the process of establishing a lease to rent facility space for Family Services Agency (FSA) in Lompoc to include meeting rooms for services and treatment. The grant funds 1.0 FTE EXH Alcohol and Drug Service Specialist (ADSS) position and 2.0 FTE EXH Peer Support Specialists. BWell will utilize current staff or hire extra help to fill the positions to implement the grant. BWell will return to the BOS for a personnel resolution if needed, to request approval for 1.0 FTE ADSS and 1.0 - 2.0 FTE Peer Specialist, if it is determined that County ADP and BWell needs these to be permanent civil service positions.

Board approval of the recommended actions will allow the BWell Alcohol and Drug Programs to further enhance our system of care and access, to locally address the national opioid crisis affecting youth 18-24 years of age.

## **Performance Outcomes and Measures**

#### Goals:

- 1. Establish an accessible and welcoming drop-in center in Lompoc for Latinx and other clients and their families to assess and address high risk opioid and other substance use/abuse issues.
  - Measure: Client and family satisfaction through survey distribution and collection.
- 2. Develop a peer program to engage clients and their families and assist drop-in center staff.
  - Measure: Hiring of peers, development of formal peer program, including essential job functions and bi-weekly trainings on all topics included in program goals, with assessment of peer knowledge and skills by YOR project leader.
- 3. Provide screening and brief intervention and referral to treatment (SBIRT) services to youth and their families to address high risk opioid and other substance abuse issues.
  - Measure: Number of documented client or family interventions per month, number of SBIRTs, number of client and/or referrals per month, and number of clients and/or families who engage in services outside of the drop-in center.

## **Fiscal and Facilities Impacts:**

Budgeted: Budget Revision #0007453 is requested for approval to establish FY 20-21 funding. The funds are not guaranteed and will be reimbursed based upon the actual costs of providing services and based on completion of the deliverables or products associated with services and on the budget.

#### **Fiscal Analysis:**

Funding Sources	Begins: 3-1-2021 FY 21-22 Cost:	FY 22-23 Cost:	Terms: 8/31/2022 FY 23-24 Cost:
General Fund			
State			
Federal			
Fees			
Other: YOR Grant	\$ 143,000	\$ 350,000	\$ 59,000
Total	\$ 143,000	\$350,000	\$ 59,000
Grand Total			\$552,000

Narrative: The above referenced contract is funded by grant funding. Budget Request Revision was been requested to add funds for FY 20-21. The funding source is included in the FY 2021-2022 Proposed Budget and will be in the FY 2022-2023 Proposed Budget. BWell intends to sustain the drop-in center beyond the grant funding by maximizing Medi-Cal reimbursement, by using discretionary Substance Abuse Block Grant and Realignment funding. The expenditures to sustain the program are anticipated to be minimal, the cost of ongoing rental space and approximately 50% of salaries for the, the Alcohol Drug Services Specialist and Peer Specialists will be covered by current State and Federal Drug Medi-Cal and Quality Care Management funding to perform similar duties that are currently required by ongoing state and federal funding streams.

# **Key Contract Risks:**

The YOR Grant Agreement imposes procedural and reporting requirements that BWell will need to implement which may be subject to future audit. Failure to fully comply with the reporting requirements detailed in the YOR Grant Agreement could result in the State withholding funding. The YOR Grant Agreement also requires the County to submit all written or otherwise recorded material produced for public distribution in connection with the services to CIBHS for review and approval prior to distribution of such materials.

**Staffing Impacts:** Currently, there is no staffing impact. Staff costs are covered by grant funds and BWelll will hire extra help to staff the positions.

<u>Legal Positions:</u> <u>FTEs:</u> N/A

## **Special Instructions:**

Please return one (1) Minute Order and one (1) complete copy of the Agreement to Denise Morales at dmorales@sbcbwell.org and bwellcontractsstaff@sbcbwell.org.

# **Attachments:**

Attachment A: CIBHS FY 20-23 YOR Grant Agreement Attachment B: Budget Revision Request #0007453

## **Authored by:**

D. Morales