

## BOARD OF SUPERVISORS AGENDA LETTER

## **Agenda Number:**

## Clerk of the Board of Supervisors

105 E. Anapamu Street, Suite 407 Santa Barbara, CA 93101 (805) 568-2240

**Department Name:** Behavioral Wellness

Department No.: 043

August 31, 2021 Administrative

**Estimated Time:** 

For Agenda Of:

**Placement:** 

If Yes, date from:

Vote Required: Majority

**TO:** Board of Supervisors

**FROM:** Department Pam Fisher, Psy.D., Acting Director

Director(s) Department of Behavioral Wellness 681-5220

Contact Info: John Winckler, LMFT, Division Chief of Clinical Operations

Department of Behavioral Wellness 681-5236

**SUBJECT:** Behavioral Wellness - Mental Health Services Overnight and Accountability

Commission Children's Triage Grant Funds FY 2018-2022 and Mental Health

Student Services Act Grant Award FY 2020-2025 Amendments

## **County Counsel Concurrence**

**Auditor-Controller Concurrence** 

As to form: Yes

Other Concurrence: N/A

#### **Recommended Actions:**

As to form: Yes

That the Board of Supervisors:

- A. Approve and ratify and authorize the Director of Behavioral Wellness or designee to execute the second amendment to extend the term for the multi-year revenue agreement (17MHSOAC066) with the **Mental Health Services Oversight and Accountability Commission (MHSOAC)** for Mental Health Triage personnel and services (Agreement No. 17MHSOAC066) to extend the grant period through November 30, 2022, and to reallocate funds amongst grant years as necessary, with no increase to the awarded funds of \$882,415.63;
- B. Approve, ratify and authorize the Department of Behavioral Wellness to execute the first amendment to the multi-year grant agreement with the **Mental Health Services Oversight and Accountability Commission** for mental health services for children and youth through school-based programs (No. 19MHSOAC082) to extend the grant period through September 30, 2025, and to reallocate funds amongst grant years as necessary, with no increase to the awarded funds of \$4,000,000; and

C. Determine that the above actions are government fiscal activities or funding mechanisms which do not involve any commitment to any specific project which may result in a potentially significant physical impact on the environment, and are therefore not a project under the California Environmental Quality Act (CEQA) pursuant to section 15378(b)(4) of the CEQA guidelines.

## **Summary Text:**

The Department of Behavioral Wellness requests approval of the recommended actions to amend the Mental Health Services Oversight and Accountability Commission (MHSOAC) grant agreements. The amendments will extend the grant periods for the Mental Health Triage personnel and services grant (Children's Triage Grant) through November 30, 2022 and the Mental Health Student Services Act (MHSSA) grant through September 30, 2025, and allow reallocation of funds amongst grant years as necessary and with approval of MHSOAC, with no changes to the grant funds awarded.

Approval of the recommended actions will allow the Behavioral Wellness to continue providing grant funded crisis intervention and mental health services to ensure grant goals are met.

## **Background:**

On January 8, 2019 the Board of Supervisors authorized the Director of Behavioral Wellness to execute the multi-year Children's Triage Grant agreement (17MHSOAC066) with the MHSOAC in the amount of \$882,415.63 for the period of January 8, 2019 through November 30, 2021. Due to changes needed in program staffing and scope of work, MHSOAC incorporated the updated Request for Application (RFA) submitted by Behavioral Wellness as the first Amendment into the executed Agreement. MHSOAC issued the second amendment to extend the term of the Children's Triage Grant through November 30, 2022. Triage services allow crisis personnel to reach out to individuals during crisis before their situations become more severe and links them to appropriate services. The availability of crisis intervention services can divert people from incarceration and lessen the use of hospital emergency rooms and psychiatric beds. Grant funding has allowed for mental health triage personnel to be hired to provide a range of services to individuals experiencing mental health crisis. The grant funding for year four will be based on the amount of total unspent funds for the entire grant cycle determined at the end of the Children's Triage Grant's third year.

On September 15, 2020 the Board of Supervisors authorized the Department of Behavioral Wellness to execute the MHSSA multi-year grant agreement (No. 19MHSOAC082) with MHSOAC for mental health services for children and youth through school-based programs, in the amount of \$4,000,000 for the period of October 1, 2020 through September 30, 2024. MHSOAC issued an amendment to extend the term of the grant through September 30, 2025. Grant funds have helped support partnership with the Santa Barbara County Education Office (SBCEO) to expand access to mental health services for children and youth and will continue to fund Service Navigators to provide direct linkages to students along with Behavioral Health Clinicians. This amendment allows for all unspent funds from grant year one and up of 20% of funds from grant years two and three to move forward to one or more subsequent grant years, with approval from MHSOAC. Grant funding for year five will be the amount of unspent grant funds based on the fourth year's annual Fiscal Report. Extending the grant period will allow Behavioral Wellness to continue subcontracting with SBCEO to fulfill MHSSA requirements.

## **Performance Measure:**

Mental Health Children's Triage Personnel Program grant funds support services that address the following goals:

- 1. Expand crisis treatment services by adding Crisis Residential Treatment beds, Crisis Stabilization services, Mobile Crisis Support Teams, Triage Personnel;
- 2. Improving the client experience, achieving recovery and wellness, and reducing costs;
- 3. Reducing unnecessary hospitalizations and inpatient days;
- 4. Reducing recidivism and mitigating unnecessary expenditures of law enforcement;
- 5. Expand the continuum of services with early intervention and treatment options that are wellness, resiliency, recovery oriented in the least restrictive environment.

The following outcomes are continuing to be worked towards:

- Providing assessment to 70 youth clients presenting at the Emergency Departments (ED)s annually in program years 1, 2, and 3.
- Providing on-going reassessments of youth in the ED on 5150/5585 holds of 80% of youth presenting at the ED in program years 1, 2, and 3.
- Reducing the number of unnecessary hospitalizations of youth presenting at EDs in a psychiatric emergency by 20% in the first program year and an additional 10% in year 2 and 10% in year 3.
- Improving care coordination so that clients receive service within 24 hours of discharge 85% of the time and coordinate and schedule the first appointment at the clinic for a client within 7 days of discharge 95% of the time.
- Obtain a client satisfaction rating of 8 or higher on a 10-point scale with 1 representing the worst possible care and 10 representing the best possible care on at least 80% of the surveys conducted at the end of each program year.
- Filled all staffing positions needed as of May 2020.

MHSSA grant funds are being used to provide mental health services that address the following goals:

- 1. Preventing mental illness from becoming severe and disabling,
- 2. Improving timely access to services for underserved populations,
- 3. Providing outreach to families, employers, primary health care providers, and other to recognize the early signs of potentially severe and disabling mental illness,
- 4. Reducing the stigma associated with the diagnosis of a mental illness or seeking mental health services,
- 5. Reducing discrimination against people with mental illness, and
- 6. Preventing negative outcomes in the targeted population, including, but not limited to:
  - a. Suicide and attempted suicide
  - b. Incarceration
  - c. School failure and dropout

- d. Unemployment
- e. Prolonged suffering
- f. Homelessness
- g. Removal of children from their homes, and
- h. Involuntary mental health detentions.

There is currently no data reflecting outcomes of the MHSSA goals. SBCEO received Board approval to begin implementation of goals through school-based programs.

#### **Fiscal and Facilities Impacts:**

Budgeted: Yes.

## Fiscal Analysis: Children's Triage Grant agreement

Funding Sources	FY 18-19			FY 19-20	FY 20-21			<u>Totals</u>	
General Fund State Federal Fees (Medi-Cal revenues) Other:	\$	287,727.18 175,209.00		295,000.27 181,824.00	\$	299,688.18 191,440.81	\$	882,415.63 548,473.81	
Total Grant Funding Total Other Funding Sources Total Program Costs	\$	462,936.18	\$	476,824.27	\$	491,128.99	\$ \$ \$	882,415.63 548,473.81 1,430,889.44	

#### **MHSSA Grant agreement**

Funding Sources	FY 20-21 Cost:		FY 21-22 Cost:		FY 22-23 Cost:		FY 23-24 Cost:		Total One- Time Project Cost for FY 20- 24:	
General Fund										
State	\$	1,003,594	\$	1,000,719	\$	997,844	\$	997,843	\$	4,000,000
Federal										
Fees										
Other:										
Total	\$	1,003,594	\$	1,000,719	\$	997,844	\$	997,843	\$	4,000,000

Narrative: These amendments do not impact the grant funds initially awarded.

#### **Key Contract Risks:**

The grant agreements are cost reimbursed; therefore, MHSOAC will reimburse Behavioral Wellness based upon the expenditures submitted quarterly. The grant agreements include procedural and reporting requirements implemented by Behavioral Wellness that could be subject to audit by MHSOAC in the future. The contract also includes a budget contingency clause which absolves the State from liability to pay funds or other consideration under the Agreement if funds are not budgeted for the program in which case the County may cease providing services under the Agreement and the State may cancel the grant agreements. The MHSSA grant agreement requires arbitration at the election of either party in the event of a dispute between the County and MHSOAC in accordance with California Public Contract Code Section 10240 et. seq. The costs of arbitration shall be shared equally between the parties; however, the

arbitrator may require the prevailing party to be awarded costs and attorneys' fees. Absent enumerated grounds for correction or vacation of the award, the arbitrator's decision shall be binding on the parties.

# **Special Instructions:**

Please return one (1) Minute Order for each of the above to <u>abello@sbcbwell.org</u> and to bwellcontractsstaff@co.santa-barbara.ca.us.

#### **Attachments:**

Attachment A: 17MHSOAC66 A2 Grant Agreement FY 2019 - 2022 Attachment B: 17MHSOAC66 Grant Agreement FY 2019 - 2022 Attachment C: 19MHSOAC082 A1 Grant Agreement FY 2020 - 2025 Attachment D:19MHSOAC082 Grant Agreement FY 2020 - 2024

## **Authored by:**

Ana Bello